

# CIRCULAR HEAD ABORIGINAL CORPORATION ANNUAL

## REPORT



20  
22

EMBRACING CULTURE TO  
INSPIRE AND EMPOWER  
ABORIGINAL PEOPLE.



Circular Head Aboriginal Corp.



# CIRCULAR HEAD ABORIGINAL CORPORATION

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# ACKNOWLEDGMENT OF COUNTRY

The Circular Head Aboriginal Corporation acknowledges and pays its respects to the traditional and continuing custodians of the lands on which we live. Our organisation pays our respects to the Elders – past, present and emerging and their continued cultural and spiritual relationship to the land, sky and seas.

The Tomme-ginner people of Table Cape

The Parper-loi-hener people of Robbins Island

The Pennemuker people of Cape Grim

The Pendow-te people of Studland Bay

The Pee-rapper people of West Point

The Ma-ne-gin people of Arthur River

The Tar-kiner people of Sandy Cape

And the Pe-ter-ni-dic people of the Mouth of the Pieman River.

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# CHAIRPERSON'S OVERVIEW

## SELINA MAGUIRE-COLGRAVE

Welcome to our Annual Report,

Firstly, I would like to pay respects to those who have left us for the dreaming over the last year both locally and nationally, you will each be dearly missed.

2021/2022 has certainly been a momentous one for CHAC, together the political changes for the Aboriginal community as well as significant internal company growth has helped it to be so.

I would like to take the time to acknowledge and thank all CHAC staff and its volunteers for their dedication through this busy year and in many cases, going above and beyond, both for CHAC and for the Indigenous community in Circular Head.

This year CHAC has completed our Strategic Plan, Operational Plan and Business Plan, all of which will work together to launch the organisation into its next phase of growth as we continue to work to meet the needs of the Circular Head community. The 2022-2027 Strategic Plan, saw the board come together to review CHAC's mission and vision, which you will see reverberated throughout this report as each value intertwines itself through each program. Ultimately though, its revision is aimed to support the Indigenous people of Circular Head as we aim to embrace culture in order to inspire and empower Aboriginal people. The Operation Plan and Business Plan will ensure that this mission and its values are accountable through all that CHAC do and will do into the future.

This year we welcomed a new General Manager on board – Paul Roberts. Paul comes with a wealth of organisational, governance and management experience that we are already starting to see the benefits of as he works to build the team at CHAC. Under his leadership, we have seen many new management roles form, in order to better service CHAC and the community. Thank you, Paul, for all your hard work thus far, and all the great work we are sure that you'll be doing in the future.

This year we had on of our best NAIDOC week's yet, with many highs including a record attendance at our NAIDOC celebration Day, and of course the launch of our inaugural Indigenous guernsey for the local football club. These achievements would not have been possible without the hard work from our team, with a particular mention to Camilla Woolley for the design of the guernsey. We are proud to see the guernsey now on display in the St Kilda Football Club's Yawa Room.

Politically, there has never been a year like it. The release of the Land Returns Consultation paper was a major step for CHAC and the Circular Head community as it demonstrated the Government is finally starting to hear us, and there is the chance for possible land returns and/or management changes for land in the North West. Since then, the Aboriginal community in Tasmania has been asked by the Government to form an Advisory Committee, to advise on Treaty and Voice to Parliament negotiations. Ultimately, we are optimistic that these steps taken by Government are working toward true Reconciliation for all Tasmanians. Aside from the positive changes politically, CHAC continues to meet challenges from the Tasmanian Aboriginal Centre and the Tasmanian Aboriginal Land Council in relation to identity, self-determination and membership. These challenges meet us at every point when we aim to assist our community and provide services, and as you would have heard in my speech at the NAIDOC Celebration day, "enough is enough". CHAC are committed to standing up for this community to feel secure to explore their culture and understand their identity. Ultimately, CHAC will continue to fight for our community and not accept untruths. CHAC have simply asked to end the continued interference in Circular Head and denial of access and land management in our area. We will continue fighting for access to Preminghana and not stand for the lateral violence that has been inflicted on our Aboriginal community for years.

CHAC will continue to work toward its mission to inspire and empower Aboriginal people in all that we do, we hope that over this year and the years to come you will see that mission come to fruition.

A big thankyou to our volunteer board for your support and governance this year.

Lastly, I want to thank CHAC's members for entrusting me in this role as Chair – a role I am very proud to have, which could not be done as effectively without the support of this wonderful community

- Selina Maguire-Colgrave

# GENERAL MANAGER'S OVERVIEW PAUL ROBERTS

Welcome to our Annual Report,

The 2021/2022 year has seen massive changes occur at CHAC. With the departure of Tony Smart from the helm I have been fortunate to have the opportunity to develop a change management program to review our structure and implement a number of exciting changes.

In particular, I am very pleased to advise our Members that we have now implemented an expanded support and management group that now includes an Operational Manager and two dedicated Program Managers, one in General Non-clinical Programs and the other heading up Health & Clinical Governance. This support now enables us to respond to and support our Program Delivery Teams in a timely manner and also permits resourcing and assistance to our teams through the highly skilled and experienced Program Managers.

Further personnel changes have seen the creation of two new positions, one a Media and Public Relations Coordinator and most recently we have engaged our own IT & Network Coordinator. These two pivotal positions now enable us to achieve greater levels of media penetration through coordinated campaigns and our IT Network will strongly benefit from the on Site availability of highly skilled technical help.

A highlight of this year has been the work by our Board in the development of our 2022-2027 Strategic Plan. Our Board has revised its Mission and Vision and also expanded our Organisational Values. As a result, our Operational Teams have now completed the Operational Plan for 2022/23 in order for us to chart our performance in the delivery of the Board's Strategic Plans.

The Political arena continues to be more challenging as the State Government has initiated a number of reviews into Aboriginal Legislation around Land and Heritage as well as working toward representation at the local level to prepare for Truth Telling and Treaty Outcomes. This continues to be a difficult process as we advocate for our local Community against the backdrop of negativity created by a Hobart based Aboriginal Group that refuses to come to the table in order to allow the entire Aboriginal Community of Tasmania the opportunity to heal through reconciliation and truth telling.

We continue to build on our portfolio of services and offerings to the Community and we have been fortunate to expand our resources in On Line Safety and a recently launched collaboration with the Youth of Smithton in developing a dedicated web site offering access to resources for young people around substance abuse and addiction.

As we look forward to 2023 and beyond, I am of the strong belief that CHAC is making its way into a new era where we may well finally see Reconciliation and the long awaited Treaty and Voice to Parliament paving the way for Aboriginal People of Tasmania to finally achieve equity with all other Australians.

-Paul Roberts

# BOARD MEMBERS 2021-22

## **CHAIRPERSON - SELINA MAGUIRE - COLGRAVE**

Selina has spent the past 15 years working in Aboriginal communities. She is a previous board member of the Aboriginal Advancement Council, Coolabaroo, Kaarda Moorda and now Circular Head Aboriginal Corporation. Selina believes in the advancement of Aboriginal people through culture, self-determination and mutual respect.

## **VICE-CHAIRPERSON - GYSPY DRAVEN**

Gypsy is a National Disability Insurance Scheme (NDIS) and Social worker. She is also a Bundjalong artist, fashion designer and mediator. She is a mother of six children. Gypsy is passionate about representing, teaching and learning about all cultural aspects and laws from this region and others.

## **TREASURER - AARON ROBERTSON**

Aaron is originally from a small rural town in the South Island of New Zealand and has been a part of the Circular Head community for over 20 years now. He is a partner in a North West Coast accounting and advisory business, Findex. His aim is to give back to the community by volunteering and sharing his experience in his role as treasurer.

## **SECRETARY- STEPH JOHNSTON**

Steph grew up in Circular Head, spending most of her life on dairy farms. She attended Smithton High School, and prior to working for CHAC, she worked for the Circular Head Council for approximately 20 years. She is the treasurer of the Circular Head Boxing Club. Steph enjoys being involved in various community events. Prior to her role as director, Steph was a minute taker for the board.

## **DIRECTOR - ANDREA OLLINGTON**

Andrea was born and raised in Circular Head. She is married with 4 children and 3 grandchildren. She is employed with Oral Health Services as a dental nurse, so together with her lived experience navigating the NDIS system, health care is her passion. She hopes to help to drive capacity and advocacy at the highest levels and provide real pathways of support for the disadvantaged Aboriginal people in rural communities.

## **DIRECTOR - DARRYN (LUKE) GREY**

Luke has lived in Circular Head for the majority of his life. He is married with one daughter. I operate two businesses, one as a qualified painter and decorator and the other as a qualified masseur. His is interested in Aboriginal culture and wants to contribute to the development of opportunities for our community to engage in and understand the culture of our indigenous people.

## **DIRECTOR - MALCOLM WELLS**

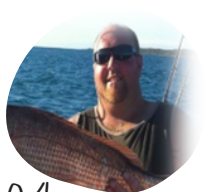
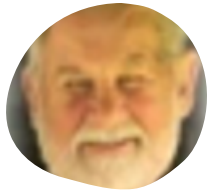
Malcolm was born in Smithton before moving away to Devonport and then Melbourne for a career in the Airforce. Malcolm eventually moved back to Devonport and is currently settled in Latrobe but has come back to his roots by being an active member of CHAC and the board.

## **DIRECTOR - SAM CLELAND**

Sam's career has been of science and public service. After 18 years as a Darwin meteorologist, climatologist and lover of outdoors, Sam moved to Circular Head in 2009 to manage the Bureau of Meteorology's Cape Grim Baseline Air Pollution Station. He soon realised much of his early education of Tasmanian Aboriginal history had been misleading so he wanted to learn and contribute more.

## **DIRECTOR - ROBIN SEARLE**

Robin was born and raised in Circular Head and has worked at Woolnorth for most of his life. He is passionate about the Circular Head Community and the local environment. He is now a commercial fisherman/diver who lives in Stanley.



## CULTURE

Acknowledge and respecting the Voices of our past to ensure Aboriginal People can take lessons learned that enable them to live and prosper as a proud Aboriginal.

## EMPOWERMENT

CHAC empowers all Aboriginal People to be their own Voice of the future and enable them to grow in confidence and ambition and identity.

# OUR VISION

## INSPIRATION

CHAC enables all Aboriginal people to live a fulfilling life through Identity and the delivery of creative and innovative programs and services that inspires self-determination and confidence.

## PEOPLE

CHAC listens to the Voices of all of our People and provide appropriate and culturally sensitive services expected by all Australian People.

# OUR VALUES

CHAC has identified our five Core Values (**The 5C's**), that will guide and inform the delivery of our programs, services and enterprise operations. Above all, we will always deliver these with absolute respect, care and integrity.

## CULTURE

All programs & services have a cultural thread and are at the heart of our delivery.

## CARE

Each program or service we deliver meets the objectives of the client/consumer plans/outcomes and is delivered in a professional manner that exceeds our clients/consumers expectations.

## COMMUNITY

Our services and programs meet the needs of the individuals in the community.

## CAPABILITY

All CHAC employees have the skills, knowledge and competency to meet the outcomes and objectives of our program outputs and clients goals.

## CAPACITY

CHAC operations are funded to enable delivery of all programs and services to meet the governance, compliance, financial and performance objectives that ensure the organisation can grow to meet the changing demands of consumers and community and achieve financial independence for CHAC.

**EMBRACING  
CULTURE TO  
INSPIRE AND  
EMPOWER  
ABORIGINAL  
PEOPLE.**

# ABOUT THE CIRCULAR HEAD REGION

"Circular Head covers an area of 4,917 km<sup>2</sup>. The municipality gained its name from the unusual land formation commonly known as "The Nut", at Stanley, the solidified lava lake of a long extinct volcano. Circular Head's beautiful coastline is one of the longest of any Council in the state and its fertile soils, coupled with a gently undulating landscape, support more than thirty per cent of Tasmania's dairy farms. The municipality has regular rainfall, especially during the winter months, along with some of the world's cleanest air" [1]

With a population just over 8,000 the proportion of people to area is relatively small. Following the 2021 census by the Australian Bureau of Statistics, the Circular Head Local Government Area has the greatest proportion of Aboriginal and Torres Strait Islander peoples, with 17.3% of the population registering as such in the census [2]

## ABOUT US

Circular Head Aboriginal Corporation (CHAC) became incorporated in 1994.

CHAC is governed by the Corporations Aboriginal and Torres Strait Islander (CATSI) Act. As a registered Aboriginal organisation, CHAC is regulated by the Office of the Registrar of Indigenous Corporations (ORIC) as per the CATSI Act.

Since 1994, CHAC has grown from a small group to an organisation that employs 58 staff across 21 programs as well as administration staff and 8 volunteers. This growth has developed alongside community need and opportunity. The organisation now operates out of five destinations: The CHAC main office at 10 King St, the Cultural Information Centre next door, the Health Centre across the road at 165 Nelson St, the most recent acquisition 20 King Street, as well as Trawmanna, which are our grounds at 73 Mella Road.

Ultimately, CHAC has grown into an organisation whose mission is to embrace our culture to inspire and empower Aboriginal people.

### THERE WERE 8 ABORIGINAL TRIBES FROM THE NW COAST

- |                     |                |
|---------------------|----------------|
| 33. TOMME-GINNER    | 37. PEE-RAPPER |
| 34. PARPER LOIHENER | 38. MANEGIN    |
| 35. PENNEMUKER      | 39. TARKINER   |
| 36. PENDOWTE        | 40. PETERNIDIC |



[3]



# INTRODUCING NEW STAFF

Over the course of the 2021-2022 financial year, we have welcomed many new staff to the team. We would like to take the opportunity to formally welcome them all to the organisation and hope that they enjoy their time with CHAC as well as their time with their clients and the broader Circular Head Community.

Cynthia Anderson

Sav Au

Hannah Boatwright

Patricia Bradley

Victoria Cotton

Jacqueline Emmett

Ebony Fraser

Rochelle Godwin

Danieka Hanson

Kim Hanson

Shae House

Tess House

Danai Hunter

Vishesh Kumar

Lokesh Kumar

Jeanette Mills

Simon Mills

Sonny Quarrell

Paul Roberts

Sandra Schuurung

Emma Scolyer

Zohaib Siddiqui

Jack Smith

## INTRODUCING NEW GENERAL MANAGER: PAUL ROBERTS



Paul Roberts, originally from Aotearoa, has had a wide ranging career having worked in TAFE sector before transitioning into his role as an Executive Policy Officer with A.T.S.I.C in the Malarabah (Derby) Region of WA in 2002. During this time, Paul developed a strong and enduring relationship with the Aboriginal People of the Derby, Kimberly Area. A highlight of Paul's time with ATSIC was the development of the first Strategic Plan produced with the Regional Council in response to Minister Ruddock's separation of powers to effectively end the ATSIC era. More recently, Paul spent 11 years with a National Facilities Management Company as their National Health & Safety Manager, a key highlight in this time was the development and certification of the Companies AS/NZS4801 Health & Safety Management Program which was undertaken entirely by Paul without consultancy. In 2021 Paul took the Company forward to ISO45001:2018 Health & Safety Management, once again without external consultancy to ensure the Company was in the best position it could be to keep their workers safe.

Paul brings a wealth of knowledge and experience to his new position and is excited to work with such a great team here at CHAC

## THANK YOU TO LONG SERVING STAFF

Nicole Hunter - 12 years

Kelly Burke - 12 years

Keryn Brockman - 10 years

Jarrod Farrelly - 10 years

Cindy Schuurung - 9 years

Shannon Blake - 9 years

Christine Arnold - 9 years

Caitlin Foss - 9 years

Rachel Gofton - 9 years

Maxine Horton - 8 years

Yvette Buckby - 8 years

Camilla Woolley - 7 years

## THANK YOU FOR YOUR SERVICE & FAREWELL

Kristy Wilson

Narelle Perry

Beverly Blakemore

Tony Smart

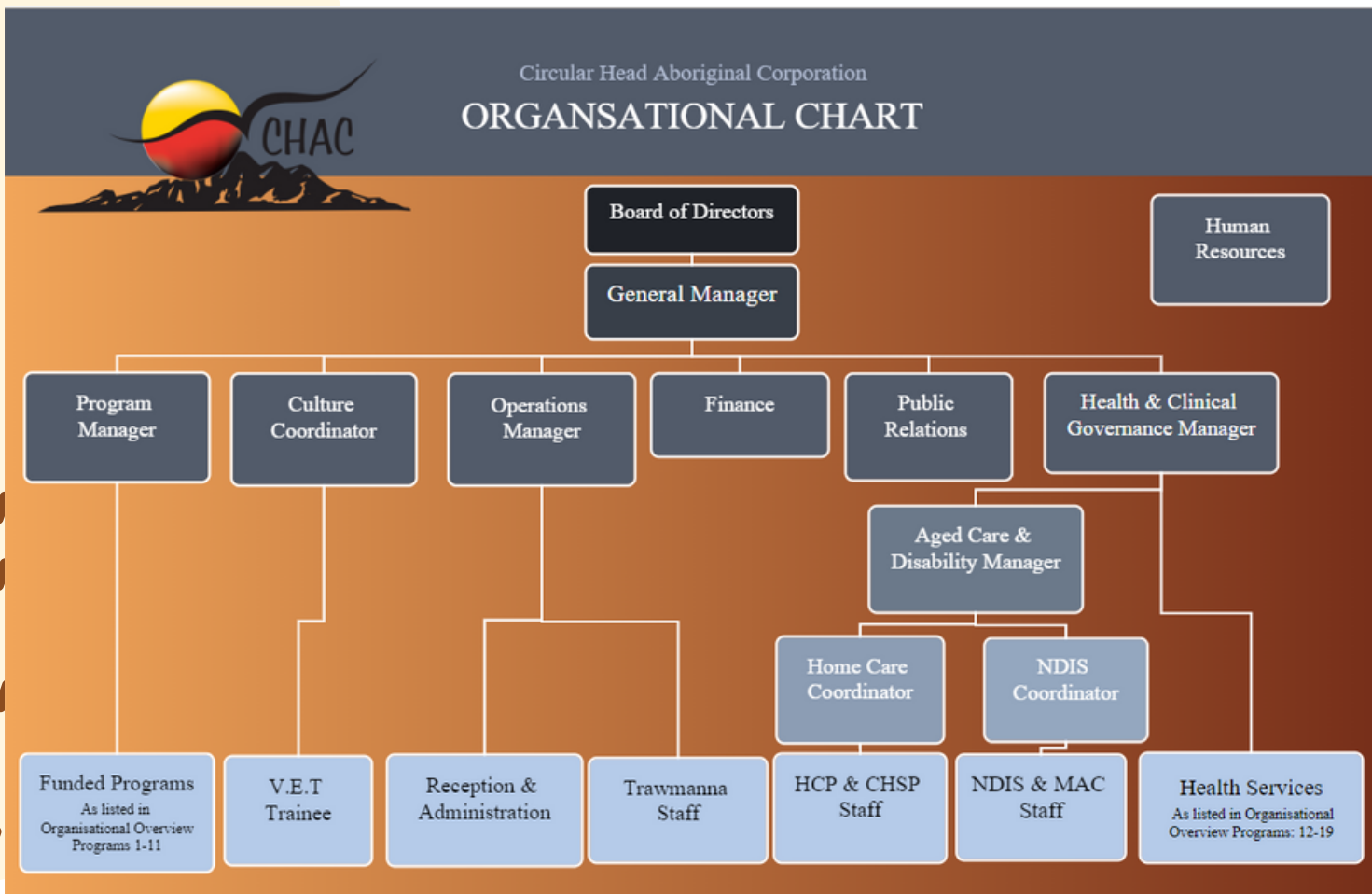
Helen Busscher

Jarod Evenhuis

Julie Scott

Norm Richardson

# ORGANISATION STRUCTURE



## ORGANISATION OVERVIEW

It is CHAC's mission to embrace our culture to inspire and empower Aboriginal people; a mission that is echoed throughout each program offered by CHAC and throughout the organisation.

Each program model embodies CHAC's 5C's: Culture, Care, Community, Capacity and Capability into its delivery as part of the updated 2022 Strategic Plan.

### Under the direction of the Program Manager are the following programs:

1. Culture & Capability
2. Youth Mental Health & Violence
3. Alcohol & Other Drugs
4. Prisoner Rehabilitation & Post Release Support Program
5. Youth Prevention Diversion Program
6. Children and Schooling
  - a. Early Childhood
  - b. Smart, Strong & Proud
7. Youth Online Drug Education Library
8. Learner Driver Mentor Program
9. Integrated Family Support Services
10. Aboriginal Liaison Officer
11. e-Safety Program (concluded)

### Under the direction of the Health & Clinical Governance Manager are the following programs:

12. Social & Emotional Wellbeing Program
13. Cancer Council Support Worker
14. Integrated Team Care Program
15. New Directions Program
16. Lifestyle and Mind Balance Program
18. Aged and Disability Programs
  - a. Home and Community Care Program
  - b. Commonwealth Home Support Program
  - c. Home Care Packages
  - d. National Disability Insurance Scheme Supports
19. Indigenous Australian Health Outreach Program

# 1. CULTURE & CAPABILITY

## Program Coordinators (2021-22):

Camilla Woolley & Conservation and Land Management Trainee: Jack Smith

The Culture and Capability Program aims to support the Indigenous community of the Circular Head region to rediscover, learn and maintain their culture with a focus on intergenerational transmission of knowledge. The central theme is similar to that of CHAC's mission to inspire and empower Aboriginal people by embracing culture. This is achieved by maintaining a strong involvement, presence and public awareness of Indigenous culture in the Circular Head community by way of preservation, presentation and exchange of culture. Cultural presentation is mostly transparent through community activities and events.

Alongside the growth of the Circular Head community, it has become ever-increasingly important for the coordinator to educate the community of the cultural history and importance of the municipality and thus empower them to care for and transfer knowledge onto new generations.

The last 12 months has seen a growth in requests for cultural awareness training, facilitation of On Country trips, cultural mentoring, Culture and Indigenous history in class rooms, assistance with Acknowledgement of Country as well as requests from Government in regards to discussion papers around Heritage Act, Treaty and Truth Telling and the Lands Act review.



29

### ON-COUNTRY TRIPS

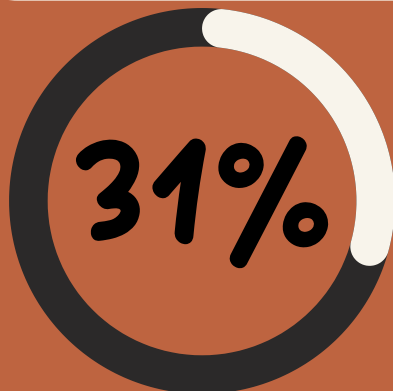
To a range of people/groups. Spending the time to visit, explore and learn the cultural significance of a number of places along the North West coast.

33

### SCHOOL-BASED CULTURE

Across all local schools covering a variety of topics - The importance of Country, Indigenous history of our area and more broadly, the importance of stories, art, food, Gumnuts to Buttons and the sharing of the resource box. The resource box contains a variety of items that the children can touch, see, taste and includes things like animal skins, stone tools, kelp, string, pictures, stories, firestick and other items.

The Culture Coordinator has continued attending bi-monthly TRACA Meetings as well as being a representative on the Tasmanian Heritage Council which hold monthly meetings.



31% OF THE 1831 PARTICIPANTS, 559 IDENTIFIED AS INDIGENOUS

168

INDIGENOUS FEMALES

23

INDIGENOUS MALES

99

INDIGENOUS YOUTH (12-24)

269

INDIGENOUS CHILDREN (12 & UNDER)

# 2. YOUTH MENTAL HEALTH & FAMILY VIOLENCE

**Program Coordinator (2021-22):** Kelsie Kearnes

The Youth Mental Health & Family Violence Program coordinator provides one on one support to young people, aged 12-25 who identify as Aboriginal and Torres Strait Islander within the Circular Head community. This support includes assistance with the referral process for mental health professionals, including transports and visits to appointments. The coordinator works closely with Smithton High School to provide support where needed as well as facilitate groups that work on life/social skills. This includes on-country experiences that aid in the recovery process from past and current trauma.



The Youth Mental Health & Family Violence program endeavours to embed **Culture** and **Community** in all programs and sessions. The Coordinator respects all clients engaged in the program (aged 12-25 years) all coming from various backgrounds in a culturally safe and caring environment. The main goal of this program is to work with the individual clients, get to know them, set achievable goals for them to work towards and guidance to feel in control of their life and support them every step of the way.

**78 TOTAL PARTICIPANTS**  
who identify as Aboriginal or Torres Strait Islander who received one-on-one support.

**374 ONE-ON-ONE CLIENT INTERACTIONS**  
(face to face, phone or email)

**309 TOTAL PEOPLE WHERE NAMES AND IDENTITY WERE NOT RECORDED**  
(Youth Fest, BBQs, Youth Week)

**80 CLIENT TRANSPORTS**

**29 REFERRALS MADE**

**17 COMMUNITY GROUPS/WORKSHOPS/ EDUCATION**



Throughout the year the program has facilitated a number of events for the exposure of the program as well as for mental health in general.

The program hosted the Speak Up, Stay ChatTY organisation, to hold two information sessions regarding the importance of normalising conversations around suicide. One session was held at the Smithton High School as well as with the local football club. The coordinator also organised a 'Shorts Day', an event initiated by the Speak Up, Stay ChatTY organisation, at the Smithton High School and at CHAC among staff.

During Mental Health Week 2021, the coordinator hosted a local public BBQ in the CBD of Smithton, to bring exposure to the program and offer resources for other mental health programs and referral pathways.

In addition to the tailored one-on-one support, the program facilitates a number of programs within local schools. A majority of these programs are run at or through Smithton High School, these groups include: a life & social skills focus group, positive relationships program and a collaborative role in the Tiddas for Tiddas program (read more about this on page 18). The life & social skills program works on supporting participants with everyday life skills such as cooking, budgeting, physical health, healthy relationships, personal hygiene and the basic skills of good communication. Some groups are also run in local primary schools like: The anxiety and positive friendships program at Forest Primary and the healthy friendships program at Smithton Primary. The coordinator also regularly participates in the facilitation of the 7Up Youth Centre space.

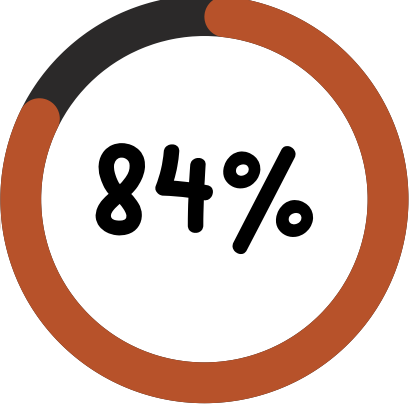
# 3. SAFETY & WELLBEING PROGRAM - REDUCED SUBSTANCE MISUSE AND HARM PROJECTS

## ALCOHOL & OTHER DRUGS

**Program Coordinator (2021-22):** Cindy Schuurin

The Alcohol and Other Drug Awareness (AOD) program is designed to deliver education, referral pathways and advocacy to the Aboriginal and Torres Strait community of Circular Head.

The program provides a culturally safe, confidential environment that aims to increase the level of awareness of the impacts of Alcohol and Drug addictions. The main aim is to close the gap of drug and alcohol abuse within men, women and young people in the community while working collaboratively with other key stakeholders to ensure the client is receiving maximum provisions for their individual complex needs.



84%

76 TOTAL PARTICIPANTS

64 OF WHOM WHO IDENTIFY AS ABORIGINAL OR TORRES STRAIT ISLANDER

35 COMMUNITY EVENTS

The program delivered cultural and educational sessions to High School students, who were either experiencing someone in their family having an addiction of some sort or they themselves were struggling with some sort of dependency. These students were given educational materials and coping strategies to give them a better understanding and also what supports are accessible when they are in need. The AOD program linked in with the youth centre 7UP regularly to reach out to those students that needed that extra support, advice or referral pathway to help them make better choices to sustain a healthier lifestyle.

The Program delivers a range of services such as harm minimisation advice, drug and alcohol case management, care coordination, referral services, educational materials, outreach counselling, transports and advocacy. Aboriginal people experience an inconsistent amount of harm from alcohol and drug use, these harms are dependably high and recognises the importance of connection to land, culture, spirituality, ancestry, family and community. Culture and cultural identity are critical to social and emotional wellbeing. Social and emotional wellbeing can be affected by various social elements of health, that could include homelessness, lack of or poor education, unemployment, harmful AOD use, a range of problems resulting from grief and loss, trauma and abuse, violence, removal from family and cultural displacement, racism and discrimination. It is through these approaches that the program imbeds CHAC's values of **C**ulture, **C**are and **C**ommunity.

**“YOU CAN'T WAIT UNTIL LIKE ISN'T HARD ANYMORE BEFORE YOU DECIDE TO BE HAPPY”**

Key stakeholders that the program works collaboratively with to maintain successful relationships and referral pathways are: Alcohol Tobacco and other Drugs Council (ATDC), Youth Family and Community Connections (YFCC), Serenity House (Rehab Centre), The Salvation Army Bridge Program (Rehab Program), Inpatient Withdrawal Unit (IPWU), Rural Health, Anglicare, Rural Alive and Well (RAW), Employment Plus, Community Corrections, Parkside Community Mental Health, Alcohol and Drug Service Grove Centre and Smithton Police Station. As well as amalgamating with other internal programs within Circular Head Aboriginal Corporation to achieve the best possible outcomes for the clients.

The AOD program had inspirational guest speakers to come and talk, such as, lived experience advocate Ella from the Alcohol, Tobacco & Drug Council. Also, Scout Winter from TasCHARD presented an educational session on AIDS, Hepatitis and Related Diseases, this was to enhance knowledge of supports and referral opportunities for service providers and those living with, or at risk of hepatitis C.

# 4. PRISONER REHABILITATION & POST RELEASE SUPPORT PROGRAM

**Program Coordinators (2021-22):** Mathew Walker & Cindy Schuurig, Jarrod Farrelly (moved internally), Kristy Wilson (previous).

The Prisoner Rehabilitation Post & Release Program provides Aboriginal and Torres Strait Islander peoples exiting the prison system with person centred pathways. These pathways include: strengthening social and emotional wellbeing, support with employment and housing, referrals to Tasmanian Aboriginal Legal Service, legal aid, connection to community, mentoring and more.

The program endeavours to imbed **C**ulture, **C**are and **C**ommunity into all aspects of activity. Participants are supported in a culturally safe environment and their social and emotional wellbeing is nurtured through culturally relevant activities like, regular on-country trips. The person-centred pathways that the program is focused on ensures a care based approach. Ultimately though, the cornerstone of the program is integrating ex-offenders back into their community by fostering educational growth and employment opportunities within the community.



**25** **TOTAL CLIENTS**  
(MALE & FEMALE EX-OFFENDERS ALL OF WHOM IDENTIFY AS ABORIGINAL OR TORRES STRAIT ISLANDER)

A notable highlight for the team throughout the year was certainly their trip to the Risdon Prison in Hobart during NAIDOC week. Jarrod and Mathew had the opportunity to cook a BBQ for both the male and female inmates. On the menu were wallaby sausages with our own grown native pepperberries as well as hamburgers with native pepperberries which were prepared for us by our local butcher, Josh Perry. We also had the opportunity to participate in doing some artwork with the inmates which the majority of them engaged in really well.

Our time there was greatly appreciated by both the inmates as well as the staff of Risdon Prison. With the support of the prison staff we are hoping that we can make this a regular event through NAIDOC week.



Divided among the two case managers, the majority of the clientele have been or are affected by drugs and alcohol, family violence and mental health problems etc. This is where case managers can assist by providing tailored pathways to prevent recidivism and reintegrate clients back into the community with employments pathways or further education opportunities

Our program has undergone some changes in recent times with both case managers, Kristy Wilson and Jarrod Farrelly moving on from their roles both externally and internally. Filling these spaces both from internal roles within CHAC we welcome Mathew Walker and Cindy Schuurig into the program. Their backgrounds with both Youth and the Drug and Alcohol programs will make them great assets to the program.



# 5. YOUTH PREVENTION DIVERSION PROGRAM

**Program Coordinators (2021-22):** Danieka Hanson, Mathew Walker (moved internally)

The Youth Justice Program provides case management, mentoring and referrals to other service providers for Indigenous Youth (aged 12 to 24) at risk of offending or entering the criminal justice system. The program's objective is to strengthen the social and emotional wellbeing of Indigenous Youth wherever possible, by providing counselling, healing activities and/or other relevant support services.

This Program supports strong, healthy and resilient individuals, families and communities, which in turn may enhance pathways to education and employment and reduce substance abuse, violence and contact with the criminal justice system. This strategy imbeds itself into CHAC's values of **C**ommunity.

The Youth Justice program is in recognition of the impact of current, past and intergenerational trauma, dispossession, separation of families, ongoing social disadvantage, racism and other historical, social and cultural issues that impact on the social and emotional wellbeing of Aboriginal and Torres Strait Islander individuals, families and communities. It is intended to assist in the process of healing for people through a strength based, culturally safe, trauma aware and healing informed approach. Thus, imbedding the importance of **C**ulture into all operations and activities within the program



# 37

**TOTAL  
CLIENTS**

**(AT RISK YOUTH ALL OF WHO  
IDENTIFY AS ABORIGINAL OR  
TORRES STRAIT ISLANDER)**

This is provided through 1:1 mentoring sessions at the primary schools as well as the high school, and support for people who are going through the youth justice system.

The Program also offers reintegration services for young people returning to the community from Ashley's Youth Detention Centre and support services to bridge the gap to education and employment services.

# 1:1

**MENTORING WITH ONE YOUNG  
STUDENT WHO WAS PART OF THE  
YOUTH JUSTICE SYSTEM WHO HAD  
NOT ENGAGED IN SCHOOLING FOR  
TWO YEARS.**

Through supported mentoring and re-engagement the student became part of the team who helped renovate an old building for the Smithton High School and create what is now called "The Life Lab".

The Life Lab is a space where students can obtain work ready qualifications and learn practical life skills, thus becoming an alternative learning pathway for disengaged students.

# 6A. CHILDREN & SCHOOLING: EARLY CHILDHOOD PROGRAM

## Program Coordinators (2021-22):

Jackie Emmett, Ebony Fraser, Camilla Woolley, Rochelle Godwin (moved internally), Shae House (moved internally) & Krystle House (moved internally).

The Early Childhood Program imbeds the components of CHAC's strategic plan wherever possible. Imbedding **C**ulture across all programs is integral for establishing an inclusive and safe environment. The program achieves this through the many culture based activities throughout the programs.

**C**are for the support the programs provide ensures that programs are continuously being monitored, reviewed and updated according to the needs of its users by way of surveys and 1-on-1 communication.

**C**ommunity informs all that the programs delivers. Servicing the needs of the community and its young people is central to all that the program does.

The program has seen a number of staff changes alongside CHAC's growth which has resulted in staff moving internally. Currently, Jackie Emmett and Ebony Fraser have joined Camilla Woolley as coordinators.

Both coming from schooling backgrounds, they have been able to build on existing programs bringing preschool-based learning and continuing to build knowledge of Aboriginal culture across all programs.

in the children, while forming a culturally safe and inclusive environment for parents/carers to engage in purposeful play and activities with their children. Coordinators currently operate 3 core programs: Play Group, Play Life and Play Gym. As the name suggests, play is at the heart of all learning and interaction. Play allows children to reach key physical, cognitive, literacy, numeracy and social and emotional developmental phases; at which all 3 core programs base their sessions upon. Beyond the primary learning cornerstones, each program promotes positive interactions between parents/carers and children by engaging in cultural activities, teamwork and meaningful learning that can transfer into the home environment. These programs are the only of its kind in Circular Head, offering 3 opportunities a week for families to engage in the programs at no cost, thus increasing its inclusivity goals.



## Play Group

Play Group encourages children to participate in play that aims to enhance their cognitive and social skills with a particular emphasis on fine motor skills. With these aims in mind the activities of Play Group see the children taking part in role play using their imaginative skills, as well as many varying craft activities that draw their attention to fine motor skill enhancement as well helping to ready them for school-based learning. These activities will always build on culture where possible, with many of the young ones participating in making kelp baskets, crafting aboriginal symbols, as well as cultural music, dance and story time.

Of the **140** participants (children & parents) who attended Play Group from July 2021- Jun 2022. **67** of whom identified as Aboriginal or Torres Strait Islander. \*73 non-identifying participants.

**48%**

**67 of 140**

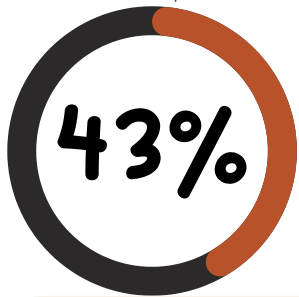




# 6A. CHILDREN & SCHOOLING: EARLY CHILDHOOD PROGRAM

## Play Gym

Play Gym encourages children to participate in play that aims to enhance their physical and social skills with a particular emphasis on gross motor skills. The space is set up as a safe indoor active play space that encourages children to have independent play while they interact with their peers, giving the parents/carers the opportunity to enjoy a cup of coffee with other parents/carers and thus engage in meaningful conversations to build a network of support and friendships with those in similar social and life situations. This is also an opportunity for coordinators to interact and provide service references or resources to those who may need it.



Of the **255** participants (children & parents) who attended Play Gym from July 2021- Jun 2022. **110** of whom identified as Aboriginal or Torres Strait Islander. \*145 non-identifying participants.

110 of 255

### Additionally;

In addition to the 3 core programs, the coordinators routinely visit the local child care centers once a month to engage the children in cultural activities and learning. This is done in collaboration with the Culture and Capability coordinator. The children are always very engaged and interactive in activities. They particularly enjoyed painting these framed leaves with Indigenous patterns, which was later returned to them as A Welcome to Country that they proudly display at the center. These community relationships are pivotal for the success of the program

### The future;

Coordinators are optimistic about the prospect of acquiring a new facility that will encompass an outdoor play space. This will encourage children to engage in outdoor physical activity and messy play. All of which improve brain cognitive function and promote quality sleep and appetite.



## Play Life

Play Life is a newly introduced program as of January 2022. The program encourages children to participate in play that aims to enhance their social and emotional skills with a particular emphasis on life skills. Modelling a Montessori-based approach, the children engage in various play-centered activities that focus on building practical and basic life skills such as cutting and peeling fruit, sorting laundry, wiping up spills, personal hygiene and emergency response. The key takeaway is that children and parents can go home with the skills and resources to continue learning and practicing life skills as part of their daily home life. This style of learning empowers children to make good choices from a young age.

Of the **70** participants (children & parents) who attended Play Life from Jan 2022- Jun 2022. **15** of whom identified as Aboriginal or Torres Strait Islander. \*55 non-identifying participants.



15 of 70



Across all 3 core programs, the Early Childhood Program serviced 192 of 465 Aboriginal and Torres Strait Islander children and parents/carers.

192 of 465

# 6B. CHILDREN & SCHOOLING: SMART, STRONG & PROUD

**Program Coordinators (2021-22):**

Tess House, Krystle House & Lisa Charles

The Smart, Strong and Proud Program services young people aged 12-18 in the Circular Head Community. The coordinators continue to use a holistic approach to increase school attendance, retention and higher education and employment opportunities through-out the program. The program focuses on students that are at particular risk of disengagement by developing individual case management plans tailored to each student. This tailored support occurs in conjunction with continued support toward positive student interactions and engagement with their schooling and also with other peers.

In line with the core values that Circular Head Aboriginal Corporation uphold, the Smart, Strong and Proud coordinators deliver programs that entwine those values throughout their daily operation. **C**ulture and **C**ommunity are at the forefront in all program activities planned and actioned across the program. The team are able to offer On-Country trips to celebrate and promote connection to land. Across all the programs and in the tailored supports, creating a culturally safe environment is at the heart of all planning. Regular surveys and coordinator upskilling opportunities, work to ensure our programs are safe, effective and successful.

Together with the Youth Aboriginal Coordinator at the Smithton High School and the Youth Mental Health and Family Violence coordinator, the coordinators introduced a new program called Tiddas 4 Tiddas (Sisters 4 Sisters). This program brings together a group of young Aboriginal and Torres Strait Islander women from various year levels to focus on building connections with their culture, their country and one-another, and thus creating a 'sisterhood'. The group discusses modern issues of identity while in a culturally safe environment, empowering them to embrace their culture and thus build their confidence and self-esteem alongside one another. The impact of the program was evident during this years NAIDOC event, when the girls were able to confidently manage their own stall of art pieces they'd made throughout the program as well as traditional face-paintings.



The What's Up Program has continued strongly this year at the Smithton High School. The program is a school subject that is designed to engage the students in the community and focus on 'giving back' to that community. In terms 1 & 2, students held different events and pop up stalls: some students were holding netball and football clinics within our local primary schools, while others had approached CHAC's General Manager with the idea of painting some tables at Trawmanna to say thank you for the great work CHAC does within the community.

Students have also started a Be-Kind Movement, so far the students have delivered posters to local primary schools to put up displaying simple acts of kindness, this will continue into Term 3 with other proposed ideas to keep the movement progressing. The subject provides an excellent opportunity for the students to not only gain skills in communication, organisation and planning but to feel that rewarding sensation after doing something good for others.

# 6B. CHILDREN & SCHOOLING: SMART, STRONG & PROUD

The Work Placement Program has also flourished this year. Whilst there were many small milestones reached, there were also some key highlights. The UTAS Mile truck provided an interactive experience for students to engage in educational learning, expand their curiosity around educational opportunities and to gain confidence in pursuing their career aspirations. The students were tasked with diffusing a bomb through virtual reality goggles, they were required to work as a team to read the instructions, relay the message and allow the participant with the goggles on to try and diffuse the bomb before the timer went off, it was a great eye opener for students to see that there are these exciting opportunities with further education. Equally as exciting for the program, was the full day tour of the Savage River Mine, followed by a tour of the local Port Latta processing plant. In addition to these events, the coordinators continue to work with the students on cover letter and resume writing, job applications, mock interviews and work experience searches.

The coordinators are particularly proud of one certain student from this program who suffers from anxiety and being in social situations. By working with the coordinators on their confidence and anxiety management techniques, the student was able to advance to a school based traineeship.



The coordinators have also worked alongside the local Primary Schools and the Year 7 coordinator at the Smithton High School to deliver the Year 6 Transition Program. The program began early in the year, with the first group focused on young men from across two different primary schools. The group came together to create a front garden for the local care farm, they had to work together to plan, build, dig and plant. Working together created an opportunity for the group to get to know one another, build connections and create friendships in a relaxed environment that they can take through to their Year 7 transition into High School. These groups continue to operate across all the primary schools with different groups at a time, with the aim to minimise transition anxieties and a welcoming school environment.

Coordinators continue to focus on building connections and engagement with student's parents. They achieve this through 1 on 1 meetings and being involved in parent/teacher meetings to build the confidence in the parent/guardian to confide in the coordinators about their child's education and wellbeing and thus work together toward better outcomes for the student.

# 20

**COORDINATORS  
ENGAGED WITH 20  
PARENTS/GUARDIANS  
THROUGHOUT THE  
YEAR**

# 217

**COORDINATORS ENGAGED WITH 217  
ABORIGINAL & TORRES STRAIT ISLANDER  
YOUTH THROUGHOUT THE YEAR**

\*This number does not include the numerous students who do not identify that the programs were able to assist

# 7. YOUTH ONLINE DRUG EDUCATION LIBRARY

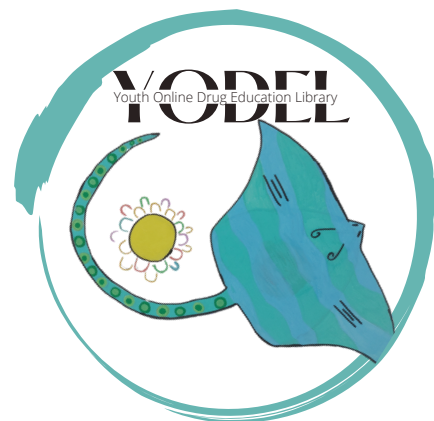
Program Coordinators (2021-22): Kori Keny & Danieka Hanson (moved internally)

CHAC, together with Circular Head Youth, has developed, established and launched an educational online drug and alcohol resource library that can be accessed using a mobile phone, tablet, and desktop computer. YODEL gives you access to a collection of current drug and alcohol information sources, support services, self-help tools, and a fun interactive space. The interactive space is particularly popular as it contains interactive games, checklists, self-assessment tools, and challenges to improve mental fitness.



discover us on:

[WWW.YODEL.CHAC.COM.AU](http://WWW.YODEL.CHAC.COM.AU)



September 29  
LAUNCH DATE

The harm-minimisation approach seeks to empower young people by giving them the tools to help educate and support their peers and the wider community, and to shed light on the link between drug and alcohol use, and poor mental health outcomes. YODEL is being promoted to the wider community via pamphlets, posters, fridge magnets and social media channels.

**A LOCAL HIGH SCHOOL STUDENT HAS ATTESTED TO THEIR INCREASED RE-ENGAGEMENT WITH HER SCHOOLING DUE TO HER ACTIVE INVOLVEMENT IN THE YODEL PROJECT**

Yodel Coordinators have held conversations with the youth of Circular Head to understand the impact of drugs and alcohol in their lives. It has been identified that a vast number of youth are looking for drug education as a form of harm minimisation and to understand the correlation between drug use and poor mental health especially over long term use. Connections with young people have been strengthened through informal conversations in a safe space reaching a more diverse group of young people. This has also allowed them to engage with local aboriginal artist, Gypsy Draven as she has provided an art class for students to not only teach them about aboriginal art and the meanings behind different symbols and the energy that can be created, but also the creation of the YODEL logo. The YODEL project has worked closely with the Tiddas 4 Tiddas group which has allowed for it to stay connected and continue to learn about Indigenous culture on the North West of Tasmania. To educate and understand traditional healing practices that can be shared with the wider community and create yarn circles with the young Tiddas to get an understanding of their wants and needs with drug and alcohol education. The Tiddas have gone on country to significant cultural sites such as Cape Grim (Kennanook) to learn about the important history that is there and to connect to culture while having yarn sessions and emotional check ins.



# 8. STRIVE TO DRIVE - LEARNER DRIVER MENTOR PROGRAM



**Program Coordinator (2021-22):** Krystle House

Learner Driver Mentoring Program (LDMP) is funded by State Growth and overseen by Driver Mentoring Tasmania.

LDMP endeavours to engage the disadvantaged community members of Circular Head in helping them to achieve the hours needed to attain their provisional driver's licenses. The focus is to assist learner drivers achieve the necessary skills to create pathways to gain employment and the independence a provisional license affords them which will create other opportunities. The program aims to increase preparation for participants Provisional test, while also working to make our roads safer by building responsible and able drivers.

The Coordinator delegates and organises the rosters for the Mentors and Learner Drivers ensuring that each mentor and learner are confident with each other to gain the best outcomes possible. Hours each learner has driven and with what mentor are recorded and reported to Driver Mentoring Tasmania monthly as well as to State Growth twice yearly. Each mentor is a volunteer to the program, without whom, the work we do wouldn't be possible. In May, during Volunteers Week we took the opportunity to recognise the amazing individuals who help make this program happen.

The LDMP received the new Hyundai 30 from the Department of State Growth in August 2021. The car was officially handed over to the program in Devonport by Minister Michael Ferguson. Also in attendance was Craig Hoey (Road Safety Branch Manager DoSG), Scott Tilyard APM (Chair, Road Safety Advisory Council) Garry O'Bryne and Alysse Gavlik of Driver Mentor Tasmania.

LDMP continues to improve and increase road hours. With a minimum requirement of 60 road hours, proudly, LDMP's minimum road hours did not drop below 70, recorded in the month of February, with the maximum month recorded at 152 hours in November.

**31** TOTAL PARTICIPANTS  
**23** CURRENTLY ACTIVE

**11** PROVISIONAL LICENSE'S ACHIEVED

**1264.68**

**TOTAL ON-ROAD HOURS**

\*Of the 60 hour monthly target, LDMP achieved an average of 105.39



**105.39**

**AVERAGE MONTHLY ON-ROAD HOURS**



The Coordinator goes into the schools and other community groups to educate them of what LDMP is and how they can access it as a learner or mentor and to keep learner and provisional drivers license holders and their mentors informed of all changes to Tasmanian road rules.

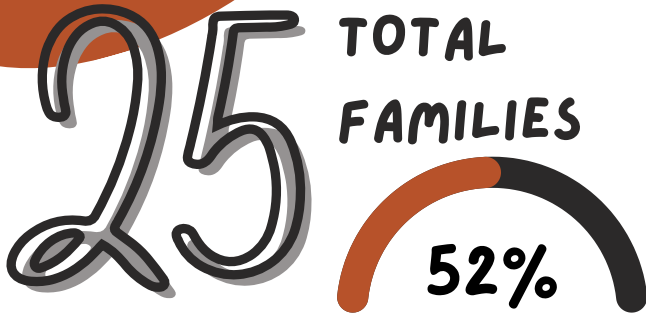
# 9. INTEGRATED FAMILY SUPPORT SERVICES

**Program Coordinator (2021-22):** Sonia Nicholson

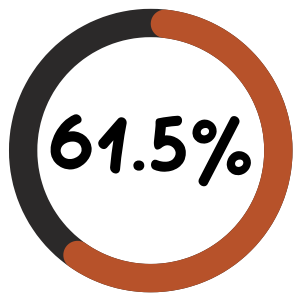
Integrated Family Support Services (IFSS) is a program that assists any parent or guardian of a child that feels there are things in their life that have a negative effect on their children, that they cannot handle alone. Support is given to the parent/guardian to strengthen their abilities to manage these situations themselves into the future. The program works on drawing out the strengths they already have and building further resilience, confidence and self-esteem. Areas for support include, but are not limited to, health, school, behaviour, financial, employment, legal, social and cultural connection, in both the parents/guardian's life and/or the child's.



**IN 18 MONTHS,  
FROM 0, TO**



**OF THE 25 FAMILIES, 13 ARE CURRENTLY ACTIVE & 12 HAVE EXITED THE PROGRAM NOW FEELING MORE CONFIDENT TO MANAGE THEIR FAMILY LIFE**



**OF THESE 13 FAMILIES, 8 IDENTIFY AS ABORIGINAL OR TORRES STRAIT ISLANDER**

Culture ultimately informs the program's objectives. The program aims to ensure that all clients and family networks remain culturally connected. The coordinator will frequently refer them internally to the New Directions Program or the Social Emotional Wellbeing Program, this connects them to social inclusion pathways and cultural enrichment pathways in groups they feel comfortable in and suited to. These aims further imbed **C**ommunity into the program ensuring each family is connected with community groups and networks. Our referral pathways will always aim to stay within the Circular Head community wherever possible.

The Coordinator also attends weekly meetings online and also face to face every two months with the Devonport office and discuss outcomes, referral pathways and opportunities, and successful strategies.

Client support consists of, but is not limited to: home visits, research of issues requiring assistance and appropriate referral pathways and transports to appointments. On the day to day, the client will receive support on the basis of their current needs, this can include anything from budgeting, cleaning, dietary health, management of behavioural challenges, legal situations, physical and mental health needs, schooling engagement and social and cultural connection. Referral into the program can be made from the local schools, counsellors, doctors, self-referral, etc. The ultimate goal is to keep families together by assisting them with whatever needs may be hindering the family network's strength.



# 10. ABORIGINAL LIAISON OFFICER

**Program Coordinator (2021-22):** Maxine Horton

The Aboriginal Liaison Officer provides consultation to the Advice and Referral Line (ARL) this is a universal service for everyone with a concern about the wellbeing or safety of a child: prescribed persons, concerned relatives, friends or neighbours. Families and children can also call the ARL and seek assistance.

The Aboriginal Liaison Officer provides:

**Local Knowledge:**

Support advice and referral from staff with local knowledge regarding families and available service provider options or capacity.

**Local consultation point:**

Available for consultation with local service providers, government department and schools regarding the ARL or local Child Safety Services.

**Local child safety connection:**

Ongoing collaboration with local Child Safety Officers and conduit for information into and from the department

**Family visits and conferencing**

**Collaboration & inter-agency approach:**

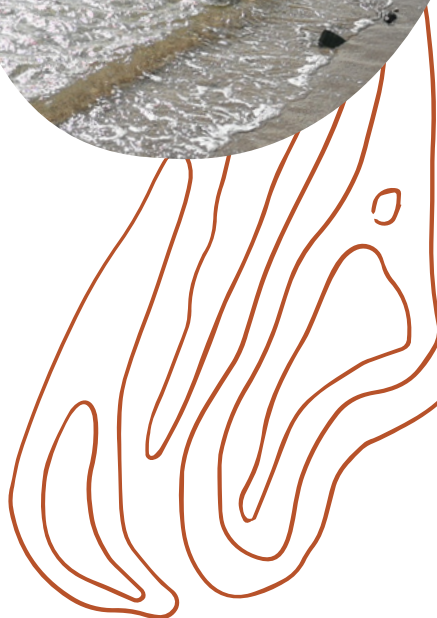
We contribute to a number of joint agency initiatives that look to support families via information sharing and collaborative interventions.

**Community education:**

Ongoing conversations regarding the role of ARL and the broader Child Safety Service system.

**Integrated family support services:**

Facilitate allocation of families to specific service providers while providing ongoing support to workers regarding the efficacy of their intervention



*Across the state, our Aboriginal Liaison Officer contributes the following Family Services Achievements*

**1200**  
CONTACTS

each month to the Advice and Referral Line

**13%**

**INCREASE**

of Aboriginal and Torres Strait Islander children in out-of-home care now living with relatives, kin or other Indigenous caregivers

**76**

**CHILDREN**

in out-of-home care returned to their families (since 2021)

**250**

**CHILDREN**

estimated to have stayed with their families instead of entering care (since 2018)



**95%**

**OF CHILDREN**

stayed in care with their family by working with IFSS

**172**

**YOUNG PEOPLE**

currently supported in their transition to independence

**586**

**FOSTER & KINSHIP HOUSEHOLDS**

supported, with 87% of children stable in their out-of-home care placement

# 11. E-SAFETY PROGRAM (CONCLUDED)

Program Coordinator (2021-22): Kori Keny

The eSafety Commissioner is the world's first government online safety regulator that aims to protect Australians from all forms of online harms through investigation, education and provision of online safety advice, programs and resources.

The project's main objective was to increase awareness of technology-facilitated abuse, especially in the context of domestic and family violence. Upon commencement of the project, a questionnaire was developed to gauge community awareness of technology facilitated abuse. The information gathered was used to co-design, publish and deliver place-based online safety education and resources to the community. Feedback was also sought from the eSafety Commissioner's office to structure program delivery.

Training was delivered by representatives of eSafety Commission to CHAC staff, who then shared the information and resources with their program participants. This helped build capacity within CHAC to support families experiencing tech-abuse. The program was delivered to women's groups, men's groups and high school kids. This was achieved through a combination of information sessions and handing out eSafety resources to community members during community engagements. This enhanced the capability of families to identify, record, and report tech-abuse (including reporting to eSafety and the police). The program was promoted via various channels, including The Circular Head Chronicle, The Post Newsletter, and social media.

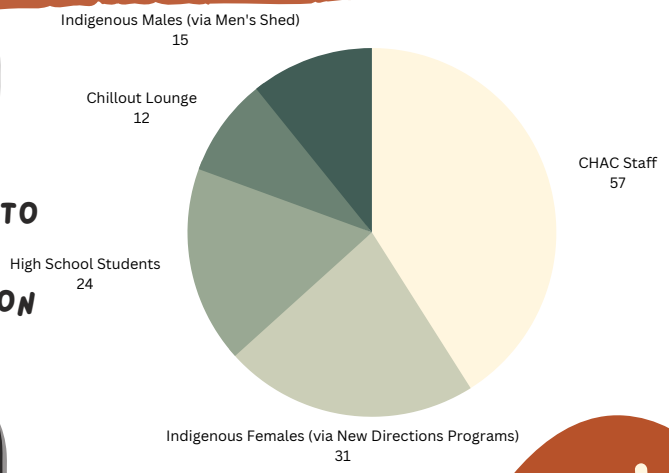
**“ WE BELIEVE THAT THIS PROJECT HAS IMMENSELY CONTRIBUTED TO OUR COMMUNITY'S ONLINE SAFETY KNOWLEDGE, DIGITAL LITERACY, AND SOCIAL AND EMOTIONAL RESILIENCE BY EQUIPPING THEM WITH COPING STRATEGIES WHEN THINGS GO WRONG ONLINE. ”**



**RESOURCES DEVELOPED INCLUDE: SOCIAL MEDIA VIDEO SERIES, POWERPOINT PRESENTATION, SESSION NOTES, PAMPHLETS, WALLET CARDS, INFORMATION SHEET AND POSTERS**  
 \*training and resources developed can be accessed, downloaded and shared on the CHAC website

140

RECEIVED FACE TO FACE TRAINING AND INFORMATION SESSIONS



120

RECEIVED RESOURCE & INFORMATION PACKS AT VARIOUS EVENTS



= 260



# TRAWMANNA

**Trawmanna Caretakers (2021-22):**

Sonny Quarrell, Shannon Blake & Jarod Evenhuis (previous)

Located at 73 Mella Road, Smithton, Trawmanna (which mean "Our Place"), was handed back in 2012. The location hosts many different events throughout the year, the biggest being our annual NAIDOC events. It will routinely hosts our internal programs like the Men's Group, New Directions and Social Emotional Wellbeing Groups. The daily running of Trawmanna consists of ground maintenance and the upkeep of our fabulous veggie garden. This garden works to host a seasonal local veggie market, free to anyone in the community, as well as contributing to many internal programs such as Katie's Corner and the Men's Group by providing fresh vegetables.



Sadly, it was not a good year for our native Pepperberry Trees due to an extremely dry summer. This led to the loss of a number of trees warranting the purchase of an appropriate watering system including a new water tank to be installed before the summer, plus more trees to be planted on season.



“  
**TRAWMANNA  
CONTINUES TO BE THE  
CENTRE OF ALL OUR  
CULTURAL PROGRAMS,  
EMBRACING ALL CHAC  
STANDS FOR IN ITS  
PURPOSE FOR  
COMMUNITY, CARE,  
CAPABILITY, CAPACITY  
AND OF COURSE,  
CULTURE**  
”

This financial year Trawmanna has undergone some exciting changes, including the recent upgrade of the car park. This upgrade will create more parking area that can cope with our wet winters and our increasing program numbers and event participation.



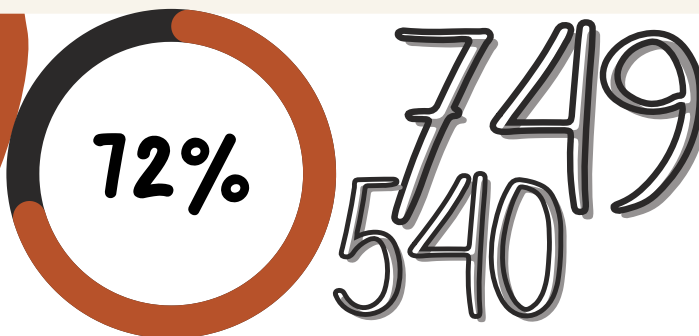
# HEALTH CENTRE

## Health Centre Staff (2021-22):

Yvette Buckby, Keryn Brockman & Victoria Cotton

The Health Team continue to work hard to connect with all ages of Aboriginal and Torres Strait Islander peoples across the Circular Head Community.

The Health Centre is coming to the end of another successful 12 months of its TAZREACH funded allied health services, all services ran at full capacity with many successful health outcomes achieved. We are looking forward to services being re-contracted for the 2022-2023 financial year. There are 8 ongoing outreach allied health services visiting the Health Centre, benefitting the whole Circular Head community, helping them access high quality health services that they otherwise would have to travel at length to access, these services include, but are not limited to: Podiatry, Physiotherapy, Chiropractic, Audiology, RFDS Dentist & AOD Counselling



**OF THE 749 CURRENT CLIENTS ACCESSING HEALTH SERVICES, 540 IDENTIFIED AS ABORIGINAL OR TORRES STRAIT ISLANDER**



## COVID-VACCINATION CLINICS

3 clinics

165 appointments

959 of 2688

**286 CLIENTS HAVE MADE CONTACT WITH THE HEALTH CENTRE SERVICES FOR A COMBINED 959 TIMES.**

## TAZREACH CLINICS

These clinics operated through the Health Centre offer allied health services locally that would otherwise need to be sought through long waiting lists via public hospitals or paid private clinics.

127 CLINICS  
across

8 ONGOING OUTREACH ALLIED HEALTH SERVICES

with  
750 APPOINTMENTS ATTENDED

Health Promotions facilitated via the Health Centre throughout the year include:

- Cancer Council- Men's Health @ ITC Men's Group Trawmanna
- Women's Health week event
- SunSmart
- Healthy Habits & Behaviour Change health challenge
- World "NO" Tobacco day/ Quit Smoking
- E-Safety- Technology Facilitated Abuse

715 Health Checks, CTG PBS co-payment and Deadly Choices via Karadi



# 12. SOCIAL EMOTIONAL WELLBEING PROGRAM

**Program Coordinators (2021-22):** Kelly Burke & Camilla Woolley

The Social and Emotional Wellbeing Program (SEWB, ) is an Indigenous specific program, aiming to support, improve and maintain the wellbeing of Aboriginal and Torres Strait Islander community members as well as their families, in a culturally safe environment. SEWB holds group and community workshops, joins community events, promotes mental wellness and offers one on one support. The program takes a flexible holistic approach, incorporating on country outings, cultural activities, knowledge and skills while informally educating participants on the benefits of wellness strategies and diversion techniques. Referrals and service information are provided to participants when needed, in a relaxed and non-intrusive manner.

Although the program is Indigenous specific coordinators acknowledge the importance of connecting with community and community inclusion and understand a close family circle can be made up of extended family and close friends whether they are Aboriginal or non-Aboriginal. Taking this into account SEWB regularly offer non-Aboriginal community members the chance to join us in community and family workshops and adventures.



140

**THE SEWB PROGRAM REACHED OUT AND PROVIDED A VARIETY OF SERVICES TO OVER 140 PARTICIPANTS ACROSS ALL AGES**

**THIS PROGRAM IS SUPPORTED BY FUNDING FROM PRIMARY HEALTH TASMANIA**



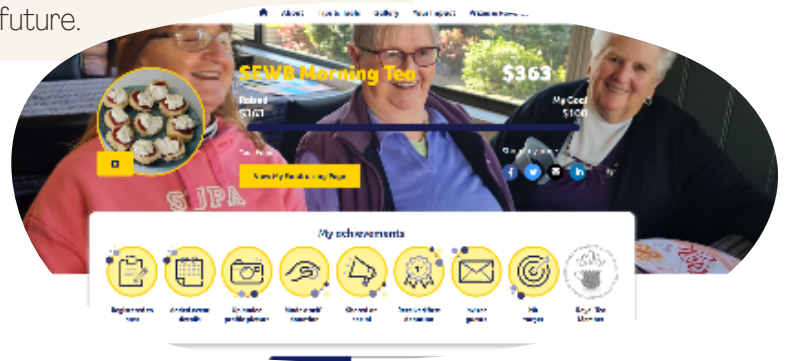
The SEWB program has maintained and established new networks within CHAC and the wider community, while developing new partnerships, including one with the Smithton Sustainable Living Hub (SSLH). SEWB was able to provide cultural workshops to the participants of the SSLH incorporating cultural activities, information and education, promoting connections to country and culture, the positive effects connecting to country can have on our spiritual and mental wellness. SEWB participated and assisted in events such as NAIDOC week, Harmony Day, International Women's Day, The Biggest Morning Tea and the Circular Head Arts festival. SEWB's Coordinators along with a SEWB participant, and other CHAC staff jumped into the Naked Farmer photo shoot to promote positive body images and mental health and wellbeing.

# 13. CANCER AUSTRALIA - HEALING JOURNEY

**Program Coordinator (2021-22):** Kelly Burke

Healing Journey is an Indigenous support program promoting a holistic community approach to cancer support within the municipality of Circular Head. The focus of the program is identifying and building relationships with people impacted by cancer, while supporting their cultural and spiritual kinship needs. The coordinator offers guidance with clinical pathways, support with medical appointments and the breaking down of medical terminology, providing transport, social support, mental health and wellbeing support and referrals, recovery support, palliative and bereavement support. The collection of data, and the recording of individual journeys will be collected to support the establishment of more services like this in the future.

The program is a person-centred program that has **Culture** at its heart, to enable Indigenous people to maintain or to establish connection to country in a manner that is meaningful to them, while being provided culturally safe and appropriate care. For many Indigenous people the definition of family includes not only direct family, but others within their close circle. Healing Journey aims to support the Aboriginal person with cancer, their family members, extended family members, Elders, friends, and carers (this includes non-Aboriginal people important to them).



The coordinator is developing and maintaining strong connections to participants and their supports, taking the time to build trusting, culturally appropriate relationships. Referrals are starting to come in from outside services, current clients, self-referrals and CHAC's health programs. The coordinator is working towards strengthening networks with cancer service providers and continually looking at ways to identify new services and pathways. The program allows the coordinator the flexibility to be able to support people from pre-diagnosis to recovery and beyond, sadly this can sometimes include palliative and bereavement support.

An Advisory Group has been established to support the coordinator throughout the duration of the program. The members of the Advisory Group consist of key stakeholders made up of clinical and non-clinical advisers from across the community of Circular Head, aside from the advisor from the University of Tasmania (UTAS), Centre for Rural Health. The other group members are made up of Elder/s, person/s with lived experience, Aboriginal Health Workers a Registered Nurse, members of the CHAC Finance and Management team. The group has provided valuable support and responses to the coordinator with ideas such as using volunteers to transport were the coordinator cannot, supporting the coordinator with establishing networks between services, clinical and non-clinical advice and information, incoming and outgoing referrals leading to shared care and added supports for participants.



# 14. INTEGRATED TEAM CARE PROGRAM

Program Coordinators (2021-22):

Cheryl Marshall, Kelly Buke & Krista Mills

The Integrated Team Care Program (ITC) is designed to support individuals who identify as Aboriginal or Torres Strait Islander's that have a chronic illness, to manage and understand their condition. Through ITC you have access to a team consisting of a Registered Nurse and an Aboriginal Health Worker, that can provide guidance and support in a team arrangement with your chosen general practitioner. The program works toward a holistic person centered approach to health and wellbeing. The service provides transport, support and assistance in navigation of the health system. It can provide referral, advocacy, education in line with chronic health conditions and assist in following health plans set by health professionals

**CURRENT CLIENTS**

The program has expanded to form a men's health and wellbeing group which is held every Tuesday at Trawanna and has an average of **15** participants. Within this group activities are held around health, mental health, nutrition and culture. The program prides itself in being an inclusive group that is very supportive of each other, within a comfortable setting.

**65**

**EPISODES OF COORDINATION**

**248**

**OUTREACH SERVICES**

**537**

The Integrated Team Care Program continues to imbed **Culture**, **Community** and **Capability** into its programs. All activities are undertaken in a culturally safe environment, incorporating cultural activities and on country visits as a method of healing. The program seeks to connect members of alike circumstances together to form a support network. Lastly, having both a registered nurse and a Certificate IV of Aboriginal Primary Health Care qualified staff, ensures that staff are capable and knowledgeable to assist participants.

ITC program also has established a hydrotherapy /gentle aqua group on Wednesdays, with the aim to reduce stress and pain on muscles, relaxation and rehabilitation and to allow those who struggle on land to remain active as well as be socially engaged. The group has an average of **6-8** participants and is facilitated by a qualified instructor.



# 15. INDIGENOUS AUSTRALIANS HEALTH PROGRAM – NEW DIRECTIONS

**Program Coordinators (2021-22):**  
Kristy Hyland & Shae House

The New Directions program endeavours to engage the Aboriginal and Torres Strait Islander families in the Circular Head community. The primary focus of the program is to assist families with children aged 0-10 with their child and maternal health needs. This focus is imbedded in all the programs that New Directions operate by incorporating and promoting relevant health information to families. The program aims to increase antenatal care for Indigenous women and support baby care for the parents of Indigenous children.

The New Directions program is committed to embracing the 5C's of CHAC's strategic plan.

**C**ulture is continuously imbedded into all programs with an Acknowledgment of Country at each program, having visible cultural items/imagery on display and creating culturally safe environments and support service opportunities.

**C**are encompasses the very nature of all programs, with continuing surveys and feedback forms being issued to ensure those objectives are achieved.

**C**ommunity is what models the framework for all of the programs, coordinators remain engaged with community by way of personal correspondence and social media channels.

As part of the New Directions program, coordinators engage in a number of support services for new parents and their children. For the children, this can include, but is not limited to: weight gain checks and management, immunisation status, early signs of developmental milestones and referrals to any allied health services for children. For the parents and mothers: breast feeding consultation, health and nutrition, parenting skills, antenatal and post natal support and family planning/contraception. This service can happen in the private space on the office premises, but for the most part, this service has coordinators engaging in, in-home-visits and in transports to health services/providers.

## Thank you

Julie Scott for your 18 months of work within the program, your caring and compassionate nature will be missed by both staff and clients.

## Welcome

Shae House. Moving internally into the program in January. Shae brings her community-led passion and commitment to the maternal and child health sector. Shae's relatability and care for her clients are already making noticeable differences to the program.

58 SERVICE TRANSPORTS 76 HOME VISITS



196 ACTIVE CLIENTS



# 15. INDIGENOUS AUSTRALIANS HEALTH PROGRAM - NEW DIRECTIONS

## Aligning Family Circles

During the 2021-22 year, together with a change in staffing, the coordinators identified the need to restructure and rebrand an existing program - Ladies Lounge; from which emerged "Aligning Family Circles" (AFC). This restructure occurred with the aim to create a program that is more inclusive of both female and male participants. AFC is designed to support the entirety of the family network, as the previous program had many grandparents or family friends bringing along a child on behalf of the parents/carers. The new structure invites all members of the family network to bond and create connections over mutual interests, life situations and family growth. This is all done with the central aim of building stronger communities that support one another, just as Aboriginal culture would expect. The fortnightly sessions engage family circles in culture activities, health information and self-care awareness. Recent sessions have included mini health checks, self-care DIY exfoliate scrubs, candle making & Bunnings-led crafts.



## Water Awareness

The new 2022 year saw the introduction of a new program in collaboration with local swim centre SWIRL - Water Awareness. For a 6 week block, New Directions facilitates free swimming lessons to any active client.

The 3 x 30 minute sessions booked out quickly, with each session divided by age (0-1, 1-3 & 3+ years). This allowed parents to separate siblings and be able to spend one-on-one time with each child in the pool, benefiting from having coordinators to care for the sibling (where applicable) on the sidelines. The program received tremendous feedback with most praising its inclusivity as swim lessons can often be quite costly, and difficult to manage with multiple young children. After the success of the first 6-week block, coordinators will be launching another block in mid-September.

# 438

**PARTICIPANTS  
ACROSS BOTH  
ALIGNING FAMILY  
CIRCLES & WATER  
AWARENESS**



## New Parents Group

Every 6 months, New Directions host a New Parents Group for a 7-week block to capture all new-babies born in that period. The program is a chance for all new mums to come together to meet other



women in the same depths of motherhood. Developing a culturally safe and inclusive environment encourages connections and friendships to form. Each week the program is based around an informative session to support new parent education. Examples of topics we covered are: breastfeeding, first aid, baby milestones, introducing solids, postpartum physio, massage techniques, mental health and contraception.

# 171

**PARTICIPANTS  
ACROSS 2X  
7-WEEK  
BLOCKS**

# 1555

**CONTACT SERVICES**

# 16. LIFESTYLE AND MIND BALANCE PROGRAM

## Program Coordinators (2021-22):

Sally Cochrane & Sav Au

The Lifestyle and Mind Balance Program (LAMB) aims to increase the mental capacity and health and well-being for participants throughout the community. The program is operated under 4 priorities that each work toward the aims of wellbeing: improved healthy eating, improved mental health and wellbeing, being more physically active and reduced smoking. Participation from all abilities is encouraged.

**260**  
**PARTICIPANTS**

**133** **PHYSICALLY ACTIVE PARTICIPANTS**

**21** **REDUCED SMOKING PARTICIPANTS**

**65** **NUTRITION PARTICIPANTS**

**41** **WELLBEING PARTICIPANTS**

**90%**  
**PARTICIPATE ACROSS ALL 4 PRIORITIES**

The Reduced Smoking Program focuses on enhancing quality of life to reduce the risk of health issues by providing programs to encourage smoking cessation for all members of the community.

The Physically Active Program aims to increase the mental capacity and health and wellbeing for participants throughout the community. It enables confidence building through active participation in sport and physical recreation activities.

Whilst, many of the activities, as part of this project, enjoy success, of particular note is the beachcombing project.

Beachcombing gives a sense of purpose to your physical exercise and is equally as beneficial for mental health and connecting to country. Participants varied from 9 to 65 years of age. 5 out of 9 of the participants continued their own "walking group" outside of the life of the program, initiated by one participant who actually had little interest in the beginning.

This program has collaborated with many other businesses, schools & other organisations who fall under the health umbrella, working with the disengaged students who don't usually participate in physical activity lessons. This program allows the coordinators of the project to help with engagement in school and aid kids to reconnect.

Throughout the life of the project so far, we have worked in partnership with **11** other organisations. This helps broaden the overall knowledge by combining the effort and expertise, thus, all partners in the network are better able to innovate, grow and increase their knowledge to ensure the education of health and wellbeing for the wider community.



**"BEACHCOMBING IS AN EASY WAY TO EXERCISE, ESPECIALLY IF YOU LOVE THE BEACH"**



# 16. LIFESTYLE AND MIND BALANCE PROGRAM

The Lifestyle and Mind Balance Program (LAMB) imbeds **C**ulture, **C**ommunity and **C**apability throughout its programs. Culture will continue to inform all activities and programs, not only ensuring all spaces are culturally inclusive, but by using culture as part of the mental and physical health journey. Creating community connections and social inclusion is paramount to mental health success, which is why all the programs are group based. Furthermore, the two coordinators strengths, experience and qualifications play into each discipline/sector of the program: physical health and the other mental health and nutrition.



**90%**  
**CONTINUED TO  
PLAY BASKETBALL  
AFTER THE EVENT**

In late April, the program collaborated with the Smithton Saints Basketball Club, to put on a fun day filled with sports, smiles and loads of prizes. Facilitated during the school holidays, the day promoted students to stay active during the term break. Due to the structure of the players program, each participant had exercised for an average of 50mins throughout the day. The surveys conducted from this sports day indicated that **90%** of the participants have continued on playing a basketball roster, while the other **10%** have considered becoming more active to improve their lifestyle and overall health. Participants also expressed how much fun they had throughout the day and had wished there were more events like this that were open to the community.

Among the diverse and successful programs and activities, was the "Tight Knit" Group. The knit, crochet and macrame group was held during the winter as an indoor activity that works to improve mental health with a positive distraction from house-bound life. The group delivered 8 activities over 8 weeks. Many participants attested to the social benefits they had as being part of the group, it was an excuse to get out of the house and share skills. The group also worked to provide some pieces for the Stanley Show at the request of the Circular Head Agricultural Show Committee, which was an encouraging unexpected outcome. At the beginning and conclusion of the program, each participant completed a survey, all of whom concluded they are **100%** better off for joining up, as it exceeded their expectations for their mental health.

L.A.M.B have also had great success running Yoga sessions, the participant numbers have exploded so rapidly that we've had to open up another timeslot for a second group. The classes cater for everyone led by instructor, Sarah Cook, whose classes are more well-being focused, rather than an exercise structured class; as a participant quoted "pure bliss".



# 18. AGED & DISABILITY PROGRAMS

**Programs Manager (2021-22):**

Joanna Carson

2021/22 has brought changes to our aged and disability services as we moved out of COVID restrictions and back to some normality, with Meals and Bingo coming back in to the Centre we could see that the consumers enjoy being back out in their community.



**OUR BIGGEST CHANGE WAS OUR MOVE TO OAKLEIGH HOUSE (20 KING ST)**

All of our consumers from Aged and Disability take the opportunity to participate in other programs that are ran across CHAC such as.

- Bingo – Commonwealth Home Support Program
- Yoga – Lifestyle & Mind Balance
- Knit, Crochet and Macramé Group - Lifestyle & Mind Balance
- Men's Group - Integrated Team Care
- Social Emotional Wellbeing Activities
- Pool Therapy - Integrated Team Care
- Healthy Eating Group - Improved Healthy Eating and Mental Health
- Allied Health Services – Via CHAC Health Centre



## 18A. HOME AND COMMUNITY CARE (HACC)

**Program Coordinator (2021-22):** Sandra Schuurung

The Tasmanian Home and Community Care (Tas HACC) program funds community services for Tasmanians under 65 years of age or under 50 for First Nations peoples, and their carers to live independently at home if their capacity for independent living is at risk due to:

- a health events
- living with an ongoing health condition people that need ongoing support and do not meet the eligibility for the NDIS.

The service aims to help people stay well in their own homes.

CHAC is funded to provide:

- Home Maintenance
- Meals
- Social Support
- Transport

6

**CONSUMERS WITHIN OUR REGION**

200

**HOURS OF SUPPORT**

100

**UNITS OF MEALS & TRANSPORT**

# 18B. COMMONWEALTH HOME SUPPORT PROGRAM

**Program Coordinator (2021-22):**

Sandra Schuurin

Marion Blake - Catering, Leisure & Lifestyle Support Worker

The Commonwealth Home Support Program (CHSP) helps senior Australians access entry-level support services to live independently and safely at home.

CHSP works with you to maintain your independence rather than doing things for you.

Eligibility for this program is based on your support needs and age.

- 65 years or older (50 years or older for Aboriginal or Torres Strait Islander people), or
- 50 years or older (45 years or older for Aboriginal and Torres Strait Islander people), on a low income and homeless, or at risk of being homeless.

CHAC is funded to provide:

- Home Maintenance
- Meals
- Social Support/Specialised Support Service
- Transport
- Other food Services



**77** CONSUMERS  
WITHIN OUR  
REGION

**1900** HOURS OF  
SUPPORT

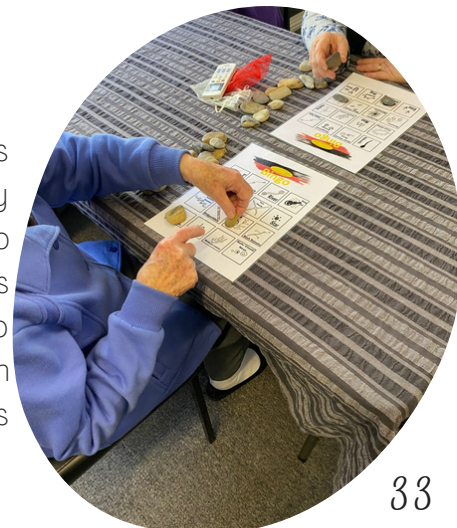
**900** UNITS OF  
MEALS &  
TRANSPORT

## *Katie's Corner*

The program has recently secured a sponsorship from Greenhams. This sponsorship will add Cape Grim Beef to the menu for participants to enjoy. With rising costs of food products, particularly in the meat industry, meeting the demand on the program budget has been increasingly challenging. This sponsorship will not only allow for participants to enjoy a higher quality meat product, but will also provide the room for fresh vegetables and other nutritionally valuable menu items. Greenhams is a central part of the Circular Head community, it is so incredibly humbling to see community helping community, so that we can continue to deliver these critical programs.

## *Bingo*

In order to meet the growing demand for the program's offerings. The program is now able to offer a weekly Bingo program that provides a light lunch to participants. This service alongside Katie's Corner allows a social outing for clients as well as an opportunity to receive a healthy and nutritious meal. Additionally, again like Katie's Corner, transportation is provided to clients where applicable to assist with their participation.



# 18C. HOME CARE PACKAGES

Program Coordinator (2021-22): Sandra Schuurung

8 Carers & 2 Maintenance Workers

Home Care Packages (HCP) are one of the ways that older Australians can access affordable care services to get some help at home. They are designed for those with more complex care needs that go beyond what the Commonwealth Home Support Program can provide.

The HCP support includes:

- Personal Care
- Domestic Support
- Social support
- Transport Home Maintenance
- Meal and Food Preparation
- Allied Health Services
- Aids to assist with independence

Each Home Care package is designed to be tailored for individual needs and are regularly reviewed against the needs and goals of the consumers and all our services are delivered in a consumer direct care manner.

**THE HCP'S ARE THE LEADING SERVICE IN AGED CARE, THE GROWTH IN PACKAGES HAS ALMOST DOUBLED IN THE LAST 12 MONTHS AT CHAC.**

**27 PACKAGES**  
3 LEVEL 1 8 LEVEL 3  
9 LEVEL 2 7 LEVEL 4

**3914 HOURS OF SUPPORT**

**3 CONTACT OF SERVICES FROM ALLIED HEALTH TO NURSING SERVICES**



# 18D. NATIONAL DISABILITY INSURANCE SCHEME SUPPORT

## Program Coordinator (2021-22):

Michael Fletcher & 8 support workers

The National Disability Insurance Scheme (NDIS) program provides support for Australians, their families and carers with disabilities, the NDIS supports people with a disability to build skills and capability so they can participate within their community and to assist in engaging with employment opportunities.

# 32 PARTICIPANTS

The NDIS provides funding to eligible people based on their individual needs. Every NDIS participant has an individual plan that lists their goals and the funding they have received. NDIS participants use their funding to purchase supports and services that will help them pursue their goals.

Everyone has different goals but they could include things like getting and keeping a job, making friends or participating in a local community activity. NDIS participants control the support they receive, when they receive it, and who provides it.

# 6700 HOURS OF SUPPORT

CHAC is funded to provide:

- Coordination of Supports
- Participation in Community, Social and Civic Activities
- Development of Daily living and life Skills
- Assistance with Travel/transport arrangements
- Assistance with daily personal activities
- Assistance in coordinating or manage life stages, transitions and supports



As part of our NDIS programs here at CHAC, we frequently find ourselves flooded with pride as to the progress many individuals make in the program. A perfect example of this, is through a client who is a young man with Asperger's. The client has gained recent success with his creative work alongside Frances Joyce. Frances has been developing his artistic skills through a mural at the Edith Creek school over the last few months. She is really impressed by his dedication towards his work giving up his free time to be with her out in the field. The client has been lucky enough to have in the past, an exhibition at the local Time Out coffee shop where he sold a number of drawings. The client has come on in leaps and bounds which has given him a purpose of structure. It has built self-esteem and confidence in tackling daily tasks and continues to allow him to work by himself if he wishes.

# 19. INDIGENOUS AUSTRALIANS HEALTH PROGRAM -OUTREACH

Program Coordinator (2021-22): Niki Hunter

The Indigenous Australian Health Outreach Program endeavours to engage the Aboriginal and Torres Strait Islander community in Circular Head to be active in utilising health services. The program works to help people engage with health services by assisting with transport, accessing referral pathways, and identify any barriers that may impact continued or future engagement in health.



The Program Coordinator, together with the Integrated Team Care Coordinator recently received their Certificate IV in Aboriginal and/or Torres Strait Islander Primary Health Care. Aboriginal Health Care workers are scarce across the state, making this achievement incredibly valuable to the Circular Head community. They play a vital role in both Closing the Gap and in improving the quality of communication and health outcomes for Aboriginal and Torres Strait Islander clients.

The program continues to ensure all clients are supported in their **Culture**, by providing a culturally safe environment in whatever ways possible; often in sterile environments like a hospital, this can be from something small like lap blankets with Aboriginal artwork to engaging with Aboriginal Liaison Officers within the hospital setting. **Capability** aims have been increased with the recent Aboriginal Health Care Worker achievement.

339 TRANSPORTS

708 CONTACT SERVICES

33 REFERRALS

The program is part of the Red 25, Australian Red Cross Blood Service Campaign that aims to get 25% of all blood donations needed in Australia to come from groups. Forming 'a group' the program helps to provide transport to blood donation facilities to help save the lives of other Aboriginal and Torres Strait Islanders. Thanks to donating blood, the program has had clients who have found underlying conditions that they otherwise would not have known about, or would have learned of when it has become more serious.

This program is imperative for its clients, without which, these clients would be facing significant financial and emotional stress due to rural location disadvantages when requiring treatment for illnesses. For example, one such client was relying heavily on public transport before using the program; this accrued some hefty costs considering that patient was required to go to Burnie for treatment 3 times a week, this is not including the additional appointments also needed for treatment. By joining this program, the client not only saved on transport costs but benefitted from the ongoing support provided by the coordinator. The coordinator not only transports to all appointments but also supports the client through that appointment and consults with client post-appointment about understanding treatment and emotional support. This support extends to the family as the client works to care for young family.



Daniel and Aimee are grateful to Australia's generous blood donors. Aimee received her 2nd hepatitis while reporting baby boom, and the blood she needed blood treatments when he was a baby.

# NAIDOC WEEK

## GET UP, STAND UP, SHOW UP

### FLAG RAISING CEREMONIES

We launched our NAIDOC Week 2022 with a Flag Raising Ceremony at both the Main Building on King St and at the Circular Head Council Chambers. Both ceremonies were also live streamed to our main Facebook page.

The Flag Raising at our Main Building was primarily attended by our staff and members, creating an intimate and moving scene in the crisp of the morning.

The following ceremony at the council chambers saw a significant attendance from local community members, particularly the local youth.

Prior to this ceremony, CHAC were overjoyed to at last gift the Circular Head Council with the Aboriginal and Torres Strait Islander Flags, which will now remain on permanent display on the new flag poles. Having the flags on permanent display at the Council Chambers has been a long time coming, we would like to make a special mention of Kelsey Williams - a local youth, who was a leader in advocating for its permanency alongside other youth in this community. It was an honour to have Kelsey as one of our flag raisers this year, as well as have many youth in attendance. Our community has a bright future ahead for itself with this youth paving the way.



Camilla Woolley, our Culture & Capability coordinator spoke proudly at both ceremonies delivering the welcome and acknowledgement of country. Alongside Kelsey raising the Aboriginal Flag was Conservation and Land Management Trainee, Jack Smith - who works alongside Camilla, raising the Torres Strait Islander Flag.

"We need to keep getting up, standing up and showing up together to effect change. Whether that be standing up for racism, treaties, protection of heritage, truth telling or constitutional change. Getting Up, Standing Up and Showing Up can take many forms but we must do it together in a genuine way that helps to close the gap, and builds a relationship between Indigenous and non -Indigenous people that is based on equity, truth, justice, equality and the recognition of Aboriginal and Torres Strait Islanders peoples' rights".

-Camilla Woolley



# NAIDOC WEEK (CONT.)

## COMMUNITY CELEBRATION DAY

The main celebration event was held on Wednesday the 6th, and was held in collaboration with Brumby Hill Aboriginal Corporation at Trawmanna.

This year was certainly one to remember with record attendances, spirits were high and festive. It was especially wonderful to be joined by 6 local schools and childcare centres, with the presence of youth, much like the flag raising ceremony on the Monday, we are optimistic about the bright, culturally fueled futures the youth will bring to this community.



The day began with a welcome and acknowledgment of country from Camilla Woolley, followed by a moving speech from our Chairperson, Selina Maguire-Colgrave, who spoke passionately about getting up, standing up and showing up in regards to identity togetherness and self-determination.

The festivities were then kicked off with a smoking ceremony hosted by Leslie Dick to bring the community together, to cleanse and heal all negative energy on a physical, mental, emotional and spiritual level.

The day that followed was one filled with activities and good food. Native and traditional foods were on offer throughout the day

**“ TO STAFF AND  
COMMUNITY  
MEMBERS HERE  
TODAY WHOSE  
ABORIGINALITY,  
CULTURE, IDENTITY  
AND INTEGRITY HAVE  
BEEN QUESTIONED  
AND DENIED... I WANT  
TO SAY ENOUGH IS  
ENOUGH.  
-SELINA MAGUIRE-COLGRAVE**



which included, muttonbird, whitebait, wallaby and kangaroo offerings. The stage was filled with kelp basket making and reed weaving, the shed with clap stick crafting and snake/reptile viewing. Three large marquees filled the front lawn with seating space and tables as well as children's tent hosted by our Early Childhood and New Directions programs. Given the influx of young children at the event, this was one that was certainly popular as the children enjoyed crushing ochre, painting rocks and making necklaces. We would like to thank all who attended and helped to make the day a special and memorable one.



**“CHAC WILL CONTINUE TO  
GET UP, TO STAND UP AND  
SHOW UP.” - SELINA  
MAGUIRE-COLGRAVE**





# NAIDOC WEEK (CONT.)



During NAIDOC Week this year, we were overjoyed to release our inaugural Indigenous guernsey for our local team, The Circular Head Saints. This was designed by CHAC's Culture & Capability Coordinator, Camilla Woolley.



**“THIS DESIGN PAYS MY RESPECTS AND ACKNOWLEDGES THE ANCESTORS OF THE NORTH WEST NATION – THE COUNTRY ON WHICH I LIVE, WORK AND PLAY. THE MOTIFS ON THE RED AND BLACK ARE MY INTERPRETATION OF THE PETROGLYPHS THAT CAN BE FOUND IN VARIOUS PLACES ALONG THE NORTH/WEST COAST. THESE PETROGLYPHS ARE ROCK CARVINGS THAT TELL AN UNKNOWN STORY AND ARE A REMINDER OF THOUSANDS OF YEARS OF OCCUPATION ON THIS COUNTRY BY THE ANCESTORS, WHO WALKED HERE BEFORE US. THE PRINTS ON THE WHITE THROUGH THE CENTRE PAY HOMAGE TO THE MAGNIFICENT WEDGE TAILED EAGLE AND ALL THE OTHER WILDLIFE OF THIS COUNTRY. ABOVE ALL, THE PRINTS RECOGNISE OUR CONTINUING JOURNEY” CAMILLA WOOLLEY.**

On the Friday, we had the absolute pleasure of launching our inaugural NAIDOC jumpers to the Circular Head Saints Football team. A huge credit must go out to Camilla Woolley for the design of the jumper, we could not be prouder of how they looked. Thank you to all who attended the presentation ceremony, and for the overwhelming level of support and gratitude.

On the Saturday, we were able to witness the Circular Head Saints don the inaugural NAIDOC jumpers, and we must admit how good they all looked in the design. Thank you to the Saints for your unyielding support, enthusiasm and commitment to the event. We look forward to continuing this tradition and enduring relationship in the future. Thank you to Roger Jaensch MP and Gavin Pearce MP for your support to help make this event possible. The event was not only momentous for us, but also for this community, bringing together all cultures to celebrate NAIDOC week and Aboriginal culture.

The St Kilda Football Club were supportive of the organisation's guernsey since its inception. In appreciation of their support, CHAC posted the Club a guernsey as a thank you gesture. Proud to honour this design, the St Kilda Football Club decided to put it on display in the YAWA Journey Room – A newly established room that houses photos of every Aboriginal player that has run out for the Saints. CHAC consider this an incredible honour to be associated with a club that is so forward-leading in its celebration of Indigenous culture. This honour is not only CHAC's to wear, but also for the community. Circular Head is only a small community, but is certainly a great one, and now with this jumper on display, any visitors to the Yawa Room will know it too. Like the St Kilda Football Club, the Circular Head community embraces Indigenous culture and recognises the identity journey's community members have had to embark on. This jumper now stands as a symbol of that journey and how far Circular Head has come as a community, taking those steps closer toward true reconciliation.



# NATIONAL ABORIGINAL AND TORRES STRAIT ISLANDER CHILDREN'S DAY



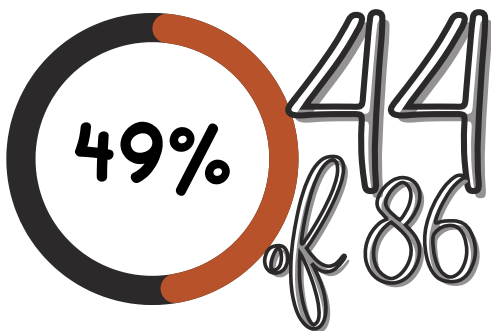
Together, the Culture & Capability Program, the Early Childhood Program, New Directions Program and Integrated Family Support Services hosted a celebration for National Aboriginal & Torres Strait Islander Children's Day.



The event consisted of many cultural activities including the design of your own Torres Strait Islander head-dress in-line with the 2022 theme. As well as the many activities, the children also participated in a smoking ceremony by Conservation & Land Management Trainee, Jack Smith. For many, this was their first smoking ceremony, with mixed feelings about experiencing the smoke, but in all, a fantastic opportunity for the children of Circular Head to be exposed to.

The coordinators were fortunate enough to be joined by the team from Hearing Australia, who were able to conduct hearing tests on some of the children and also read them the "Spirit of Sounds" Children's Story.

We must extend our gratitude to KMART who generously donated 80 Indigenous Children's Story books to include in the children's take home packs.



**PARTICIPANTS WHO IDENTIFIED AS ABORIGINAL OR TORRES STRAIT ISLANDER**

\*\*This number does not include the many participants who did not sign in, the actual number is above 100 participants



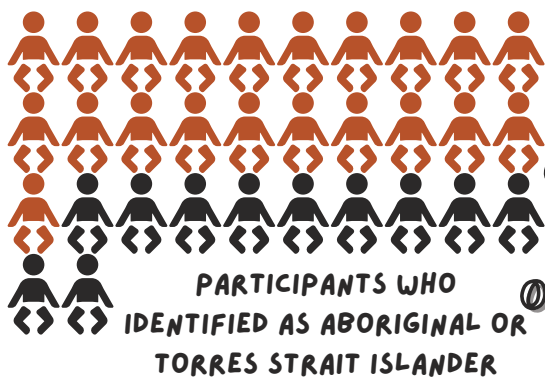
# CHILDREN'S WEEK

Children's Week was celebrated from the 25th of October to the 29th of October 2021.

Both the Early Childhood Program and New Directions Program hosted additional experiences for the young families participating in the program.

In addition to their regular programs, the Early Childhood Program hosted an elaborate 'Play Gym', featuring high beam swing, trampoline and jumping castle. For this event, the local childcare centre, Circular Head Children's Services were invited to come enjoy the fun. The childcare centre sent along their 'BusyBees' - children aged 3-5. As the Early Childhood Program has a strong relationship with the childcare centre with regular programs and cultural sessions, the opportunity to share a time of fun with the group was a lovely one for the team.

The major event for the week was hosted by both the Early Childhood Program and the New Directions Program, where all clients were invited to come along the local, 'Grumpy Goat Care Farm', to pet, hold and feed the baby farm animals. The young families were also able to see how the animals are each cared for and managed. Such events grant the young children the opportunity to engage with nature, develop their confidence while interacting with other children.



21 of 32



# YOUTH WEEK

Youth Week was celebrated from the 4th of April to the 8th of April 2022.

Both the Smart Strong & Proud Program and Youth Mental Health & Family Violence Program worked to create a week filled with amazing events and activities for the youth of Circular Head.



The Youth Week events were free and inclusive allowing all youth from varying backgrounds to come together and enjoy each other's company. The importance of the Youth Week project is that it gives young people from our rural and isolated community an opportunity to come together and share their views, demonstrate unique talents, access information and celebrate what it means to be a young person.

The week kicked off on a Monday with a BBQ and fishing competition at the local Duck River, participants were supplied with rods or could bring their own, and we had one lucky fisherman catching the only fish on the day. The major prizes for this event were kindly donated by AMPOL Service station with prizes including new rods/reels, we also had some IGA vouchers and a hair voucher from Kozani Cutz for participation.

Tuesday, the youth were able to access the local swimming pool, SWIRL, free of charge, the lifeguard on duty did an amazing job at organising some games and fun. Rounding out towards the week end our young people got to show their creative side and add some creative flare to their space at 7Up, they were lucky enough to have Fran Joyce bring some stencils and learn a little about graffiti.

The young people in our community are so lucky to have great supporters out there, Luke and Tammy Tuxworth kindly donated some money that we were able to use to pay for the 'Drop in Skate School' to visit. What an awesome afternoon they were provided with, the crew from the Skate School provided the young people with basic skills of skateboarding which in the end saw some of them dropping in off the ramps. Finishing the week off, was Youth Fest on the Friday, where coordinators collaborated with the Circular Head Council and the Circular Head Youth Leaders to create an epic event, the event was held out at Riverbend with activities such as the flying fox, gyrobix, indoor inflatable run, laser tag and more! The young people were also offered live entertainment and an open mic session.



100+

**PARTICIPANTS SIGNING IN  
THROUGHOUT THE WEEK**



# FINANCIAL REPORTS

*Max Peck and Associates*

ABN 40 322 767 816

Principal: Rendell W Ridge B.Ec Registered Company Auditor #161503

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General Manager,  
Circular Head Aboriginal Corporation  
10 King Street  
Smithton  
Tasmania 7330

## Management report on 2021-2022 audit

I have concluded my examination of the Corporation for the year ended 30 June 2022 and my audit report is attached, along with the financial report. In point format, some observations and recommendations made during the examination as listed here.

1. At the time of writing this report, receivables have been reduced significantly to around \$47,000.
2. Employment costs have risen around 16%. One of the contributing factors has been the formation of responsible divisions which leads to management accountability for individual managers. Observation of the workings of these restructures provides evidence that it is beneficial to a smoother operation of CHAC business. The engagement of Sandra Cousins to overhaul policy documentation is of major importance and discussion with Sandra encourages me, in particular identifying conflict between policy and Award.
3. Maintenance of records in an easily accessible and tidy manner is appreciated
4. I have spoken with Sally regarding the practice of writing receipt for items such as direct bank deposits, petty cash, etc. I have advised Sally that from my audit position, it is necessary to write a receipt for these transactions only if payer requests a receipt.
5. I have been requested to provide a quote for the 2022-2023 audit. My quotation includes preparing statutory accounts, closing journals, and completing funding acquittals. With online access to the accounting file, much time is spent even before making my site visit. The account for 2021-2022 audit will be \$8,300 plus GST. Unless something completely unforeseen occurs, my quote for 2022-2023 will not exceed \$8,300 (ex-GST) plus inflation. If my time before, during, and after my visit is less than I expect, that figure will be adjusted down to the actual time spent.
6. As an overall observation, CHAC is providing value for money, especially where grant funds have been applied. Grant conditions are often very specific, some even restrictive, in detail and while it is not possible to be entirely satisfied on the allocation of funds, there are no indications to me that funding conditions are not being adhered to. This shows up when funding acquittals are examined and from reports on ORIC and JPS examinations. From my viewpoint, CHAC should be sufficiently confident in its management structure and line responsibilities to be satisfied funding conditions are met.
7. On a personal note, Sally has not held her current position for long and I believe is doing a good work. She is not hesitant to get advice on matters about which she is uncertain.

MAX PECK & ASSOCIATES



Rendell W. RIDGE  
26 September 2022

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# FINANCIAL REPORTS

<b>CIRCULAR HEAD ABORIGINAL CORPORATION</b>		
<b>Balance Sheet as at 30 June 2022</b>	<b>2022</b>	<b>2021</b>
<b>Assets</b>		
<b>Current Assets</b>		
Cash at Bank, on Hand	153,003	70,369
Term Deposits	890,043	1,650,000
Prepaid Insurance	30,877	61,015
Stocks	110	818
Trade Debtors	153,286	303,990
<b>Deduct</b> Provision for Doubtful Debts	-25,440	-43,316
<b>Total Current Assets</b>	1,201,879	2,042,876
<b>Non-Current Assets</b>		
Buildings	1,595,112	1,595,112
<b>Deduct</b> Provision Depreciation	-756,482	-672,716
Land	320,000	320,000
Building: 20 King Street	1,130,295	-
Deduct Provision for Depreciation	-56,399	-
Plant, Equipment	186,077	166,157
<b>Add</b> Additions	19,659	19,920
<b>Deduct</b> Provision Depreciation	-200,238	-184,232

# FINANCIAL REPORTS

## (CONTINUED)

Motor Vehicles	280,898	280,898
<b>Add</b> Addition	21,236	
<b>Deduct</b> Provision Depreciation	-257,976	-231,418
<b>Total Non-Current Assets</b>	2,282,182	1,293,721
<b>Total Assets</b>	3,484,062	3,336,597
<b>Deduct Liabilities</b>		
Trade Creditors	60,594	78,364
Deferred Capital Grant	320,000	320,000
<b>Deduct</b> Provision Amortisation	-176,000	-160,000
GST Liabilities (net)	113	9,218
Grant Funds Carried Forward	575,684	475,585
Payroll Liabilities	27,036	23,962
Loan: 20 King Street (GLO)	10,000	0
Employee Entitlements:		
Annual Leave	89,267	90,531
Long Service Leave	65,907	86,606
<b>Total Liabilities</b>	972,601	924,266
<b>Net Assets</b>	<b>\$2,511,461</b>	<b>\$2,412,331</b>
<b>Equity</b>		
Retained Earnings	1,552,377	1,237,292
Current Year Earnings	99,130	315,085
Property Revaluation Reserve	859,954	859,954
<b>Total Equity</b>	<b>\$2,511,461</b>	<b>\$2,412,331</b>

# BOARD ATTENDANCES (FINANCIAL YEAR 2021-2022)

	<b>PRESENT</b>	<b>APOLOGIES</b>
<b>28-Jul-21</b>	Maguire, Draven, Robertson, Johnston, Grey, Searle, Wells	Ollington, Cleland
<b>25-Aug-21</b>	Draven, Baldock, Grey, Cleland, Maguire, Wells, Searle, Johnston, Robertson	Ollington
<b>29-Aug-21</b>	Draven, Baldock, Grey, Cleland, Wells, Searle, Johnston, Robertson, Ollington	Maguire
<b>22-Sep-21</b>	Draven, Baldock, Maguire, Grey, Cleland, Wells, Searle, Johnston, Robertson, Ollington	
<b>27-Oct-21</b>	Baldock, Maguire, Grey, Cleland, Wells, Searle, Johnston, Robertson, Ollington	Draven
<b>24-Nov-21</b>	Draven, Baldock, Maguire, Cleland, Searle, Johnston, Robertson,	Ollington, Grey, Wells
<b>Dec-21</b>		
<b>19-Jan-22</b>	Draven, Baldock, Maguire, Grey, Cleland, Wells, Searle, Johnston, Robertson, Ollington	
<b>Feb-22</b>		
<b>30-Mar-22</b>	Baldock, Maguire, Grey, Cleland, Wells, Searle, Robertson,	Ollington, Johnston, Draven
<b>27-Apr-22</b>	Baldock, Maguire, Grey, Cleland, Wells, Searle, Robertson, Ollington	Draven, Johnston, Maguire
<b>25-May-22</b>	Draven, Maguire, Grey, Wells, Johnston, Robertson, Ollington	Searle, Cleland, <b>Baldock (Resigned)</b>
<b>22-Jun-22</b>	Draven, Robertson, Johnston, Cleland, Grey, Ollington, Searle	Maguire, Wells



# REFERENCES

[1] The Circular Head Council 2021, 'Annual Report 2020-21', 15 December 2021

[2] Australian Bureau of Statistics 2022, 'Tasmania: Aboriginal and Torres Strait Islander population summary', viewed 11 August 2022,  
<<https://www.abs.gov.au/articles/tasmania-aboriginal-and-torres-strait-islander-population-summary>>

[3] Pattie, I. 2021, 'An Encounter with the First People of Northern Van Diemen's Land: 1642-1812, Tasman to the end of the First Epoch'

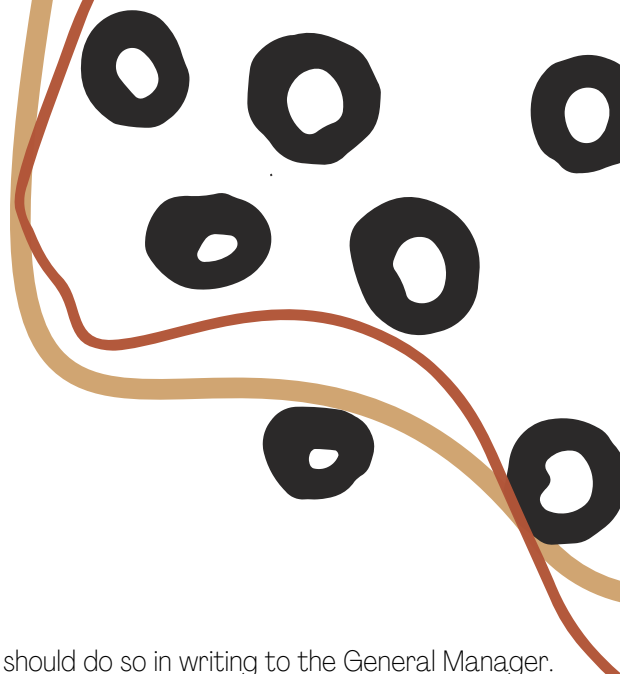


## ABORIGINAL CORPORATION

MAIN OFFICE: 10 KING ST. SMITHTON  
HEALTH CENTRE: 165 NELSON ST. SMITHTON

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MEMBERSHIP@CHAC.COM.AU



## FREEDOM OF INFORMATION

Organisations or individuals wishing to make Freedom of Information applications should do so in writing to the General Manager. The request must state that it is made under the FOI provisions. The General Manager will examine any such request.

## PRIVACY POLICY

CHAC is committed to upholding the right to privacy of all individuals who have contact with CHAC and will take the necessary steps to ensure that the personal information that individuals share with us remains confidential. This policy is based on the following:

- CHAC will only collect personal information if it is necessary for its activities or in order to comply with State or Federal laws or regulations;
- CHAC will only use personal information for the purposes for which it was collected and for any other use authorised or required by law, including law enforcement and compliance activities.
- Personal information will not be divulged to third parties for their independent use unless the person to which the information relates has authorised CHAC to do so or allowed by law.
- CHAC will take all steps necessary to protect the personal information it holds from misuse and loss and from unauthorised access, modification or disclosure.
- Personal information will be handled with care and only used for authorised purposes.
- CHAC have measures in place to prevent unauthorised entry to premises, in which it holds personal information, has systems to detect unauthorised access and secure containers for storing paper based personal information.
- CHAC has measures in place to protect computer systems and networks for storing, processing and transmitting personal information from unauthorised access, modification and disclosure.



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**TO ALL THOSE WHO  
SUPPORTED CHAC  
THROUGHOUT 2021/2022**