

Circular Head Aboriginal Corporation



Annual Report 2018/19



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CHAC Mission Statement

Creating a sustainable organisation by developing our future from the wisdom of the past, healing, nourishing, reconstructing our spirit, our land, our culture and to transfer the knowledge gained, to the young Aboriginal community to pass onto future generations.

The Circular Head Aboriginal Corporation provides facilities and services to:

Create a future for young people



Reconnect, care for and nurture the land

Rebuild and celebrate the spirit of individuals



Facilitate and promote reconciliation and empowerment

Health Services and Family Support Services



Reconstruct and celebrate our culture and language

Uphold and utilise the wisdom of the Elders

Organisation Overview

Circular Head Aboriginal Corporation (CHAC) was originally formed by a small group of people for the purpose of gaining cultural knowledge and recognition. CHAC became incorporated on the 13th of March 1994. The organisation delivered two programs, (Drug and Alcohol) and (Family Support) from the rear of the dentist building in Smith Street, Smithton, with two staff and several volunteers. It wasn't long before CHAC outgrew the building because the support of the community became very strong. ATSIC funded a new building, the premises that CHAC resides in today, 10 King Street Smithton.

CHAC has grown over the years due to the needs of the community. CHAC now operates a Health Centre located in Nelson Street, CHAC purchased the premises in 2011. The grounds at Mella Road, Trawmanna, which means (Our Place) was purchased in 2012. In 2018 CHAC also purchased the building adjacent to the main building in King Street Smithton. Administration offices and Cultural Information Centre accommodate these premises.

CHAC is registered with **ORIC (Office of the Registrar of Indigenous Corporations)** and is governed according to the **CATSI Act**.

Circular Head Aboriginal Corporation operates services from the Circular Head premises at 10 King Street, Smithton, Tasmania. Operating hours are Monday – Thursday 8.30am – 5.00pm and Friday 8.30am – 3.00pm 10 King Street, Smithton became CHAC's home premises in 2002 with 5 staff members and 5 program operating under its banner. The programs were Youth, Culture, Recreation, IDDI and HACC. By 2009 CHAC was successfully running 9 programs with 11 staff members.

The key priorities which CHAC aims to address are: education opportunities; education and awareness of health related issues; accessibility to services as a priority to Aboriginal community members; awareness of services that are delivered on an outreach basis and to assist the community to address their health and well-being needs. Education and Awareness of culture is also a main focus for CHAC as lost history is evident, therefore the importance of recovering history and language is a priority for the next generation.

CHAC strives to obtain a healthy and positive connection with the community to provide empowerment and quality services to aid in a healthier community.



Organisation Overview

CHSP (Commonwealth Home Support Program)

The aim of the CHSP is to help provide low level support services to frail older people aged 65 years and over (50 years and older for Aboriginal and Torres Strait Islander people) who need support to live as independently as possible – with a focus on working with you, rather than doing for you. It is about working on your strengths, capacity and goals to help you remain living independently and safely at home.

CHSP services are delivered on a short term or ongoing basis with a strong focus to consumer direct care (CDC), Health and wellbeing. The services that CHAC provides

Social Support

Home Maintenance

Garden Maintenance

Transport (Medical /non-Medical)

Specialised Support Services

Vision

Hearing

Continence

Dementia

Client Advocacy

Others

HCP (Home Care Packages)

A home care package is a coordinated package of care and services to help you to live independently in your own home for as long as you can. Some people receive services through the Commonwealth Home Support Programme and are then assessed for a home care package. Others will start with a home care package.

The benefit of a home care package is that your home care provider will work with you to:

Choose care and services that best meet your needs and goals

Manage your care and services.

There are four levels of home care packages to help meet the different levels of care needs. During your aged care assessment, your assessor will discuss your current care needs and determine the best level to meet them.

Organisation Overview

HACC (Home and Community Care)

The Tasmanian HACC Program provides funding for basic community care services that support persons who are under 65 years or Aboriginal and Torres Strait Islander people aged less than 50 years of age living with disabling conditions and their carer. Services are targeted towards people who live in the community and whose capacity for independent living is at risk, or who are at risk of premature or inappropriate admission to long term residential care.

CHAC provides these services to eligible HACC Clients:

- Social Support
- Home Maintenance
- Garden Maintenance

Transport (Medical /non-Medical)

CHILDREN & SCHOOLING - EARLY CHILDHOOD PLAY, SCHOOL & SPORTS:

The Early Childhood Program endeavors to engage the Aboriginal and Torres Strait Islander (ATSI) community of Circular Head in activities that build the strengths, safety and well-being of families and their young children. The program promotes positive interaction between parents and children by: Parents engaging in a supported playgroup environment which compliments activities undertaken through post natal & ante natal programs. Improving parents or caregiver's knowledge, skills and capacity for parenting, positive lifestyle behaviours and sustaining family wellbeing. Educate and promote positive parenting. Educate and promote motor and cognitive skill activities within early childhood. Promote community connectedness through workshops. School engagement program aims at engaging participants in early childhood, school sports and school engagement programs designed to provide strategies for regular and consistent routines for the family unit. Provide assistance with basic life skills. Engage families in health and wellbeing related activities.

CHILDREN & SCHOOLING: - SMART, STRONG & PROUD:

The Smart, Strong and Proud Program will endeavour to engage the Aboriginal and Torres Strait Islander (ATSI) community of Circular Head in activities that build parenting skills; parent and student engagement with schools, empowering both parents and students. This program aims to promote positive interaction between parents and high school aged children within their family unit, schools and community by: convening parent groups to provide support for Aboriginal and Torres Strait Islander (ATSI) parents with high school aged children. Assist in the setting up support groups in specific areas of need. Engaging parents in activities that build on parenting skills; support day to day needs of children and assisting in supporting school work. Develop activities that engage parents and/or students after school and through school holidays. Engage parents with positive relationship development with schools and community. Assist parents develop and build on their personal literacy and numeracy. Provide one-on-one support for high school aged children to enable higher attendance rates.

Organisation Overview

SAFETY & WELLBEING – YOUTH MENTAL HEALTH:

This program endeavours to engage the Aboriginal and Torres Strait Islander (ATSI) community of Circular Head with a focus on case management for youth in need of support to assist them in following their mental health plans. This program also has a component of addressing family violence and the effects it has on youth and their families

SAFETY & WELLBEING: DRUG & ALCOHOL AWARENESS & SUPPORT:

The prime purpose of this project is to work in the Drug and Alcohol Awareness program providing, education, referral and advocacy to the Aboriginal clients of Circular Head. The program aims to provide (ATSI) clients with a safe, confidential environment to refer and support clients and their families that are affected by addiction. The program aims to increase the level of awareness of the impacts of drug and alcohol abuse. Build capacity to avoid drug and alcohol abuse within men, women and young people. Provide a provision of support services to clients and their families, referring clients to appropriate voluntary programs. Initiate proactive programs to address the needs of the community. Build contacts with appropriate community health organisations and key personnel to attract referrals and to assist in the dissemination of information to the client group. Develop/implement a work plan for service delivery in accordance with the organisation's funding agreement. Provide early intervention for school aged children.

ILLICIT DRUG DIVERSIONARY INITIATIVE:

The program endeavours to provide support, drug education and assessment via brief interventions to individuals. The program aims to: Provide drug education, assessment and treatment via brief interventions to individuals diverted by the Tasmania Police under this initiative. Instead of going to court for minor offences the police can at their discretion divert through this program to avoid criminal records being received. Accept referrals from the Alcohol & Drug Service Diversion Worker and provide the individuals with a brief intervention.

SAFETY & WELLBEING: INDIGENOUS JUSTICE:

The program is aimed to provide prisoner rehabilitation and post support to clients and their families and youth diversion support to young people within the Circular Head community. The program aims to provide support to clients and their families that are affected by the judicial system by: developing and undertaking projects that will help respond to the urgent challenge of the accelerating rate of Indigenous offending and incarceration as well as support the realisation of safer communities. Act as a prison support and rehabilitation officer to implement a pre and post prison release support and rehabilitation program for Aboriginal people in the Circular Head community. Provide intensive through-care support, reducing levels of engagement within justice system for offenders, youth and their families . Reduce the amount of Indigenous community members entering the justice system, reducing court appearances and levels of reoffending. Break down barriers between clients and uniformed statuses, encouraging better relationships. Provide early intervention support to youth within the Circular Head area.

Organisation Overview

INDIGENOUS AUSTRALIAN HEALTH PROGRAM: NEW DIRECTIONS/CHILD & MATERNAL HEALTH:

This program will endeavor to engage the Aboriginal and Torres Strait Islander (ATSI) community of Circular Head with a focus on parents and their children to be active in child and maternal health. The program aims to promote child and maternal health within families by: increasing access to antenatal care for (ATSI) women. Provide information about baby care for mothers of ATSI children. Increase monitoring of (ATSI) children's weight gain, immunisation status, infections and early developmental milestones for 0-10 years by a dedicated primary care service. To provide practical advice and assistance with breast feeding health and nutrition information and parenting skills for mothers of (ATSI) children. Provide testing, early detection and referral for timely treatment of ATSI children's hearing, sight, speech and other development issues before starting school. To make a continuous effort to improve the quality of services being delivered through this funding and across the whole community.

INDIGENOUS AUSTRALIAN HEALTH PROGRAM: OUTREACH WORKER:

The program will endeavor to engage the ATSI community of Circular Head to be active in utilising health services increasing the number of identifying community members. The program aims to promote health services and self-identification within the community by: Establishing links with ATSI individuals within the community to encourage and support the increased use of health services and continue to promote the services through various networks that are already in place. Continue to work collaboratively within all stakeholders. Identify and record barriers that may impact on people accessing health services and health checks by engaging with the community. Provide practical assistance to community members to undertake health checks and to access other health services as required. Overcome problems that may be restricting community members' access to health services.

INTEGRATED TEAM CARE:

The Integrated Team Care will provide care coordination with managing chronic illnesses and condition. This program provides integrated care services / treatment for those with chronic diseases. Care coordinators provide intensive one to one support for ATSI people who have been diagnosed with a chronic condition or disease. A GP Management plan is required to access this free service. The Integrated Team care program aims to improve health by ensuring the services recommended by the GP management plan are available and accessible to clients. The program offers culturally sensitive services and advocacy on behalf of Aboriginal and Torres Strait Islander clients.

MENTAL HEALTH (STRATEGIES OF SERENITY)

The Mental Health program will provide a program for up to 8 weeks (1day a week) for up to 6 participants which will be made up of community members and CHAC staff. The program delivers a suite of activities based on mindfulness and strategies to understand preventative measures for addressing mental health. Participants take home many tools to work with and the staff are gaining new skills to work within a group environment.

Organisation Overview

LOCAL DRUG ACTION TEAM

Takamuna supports people who have already found themselves, or a close family member or friend, caught up in an addiction with steps forward to being free of the cycle or supporting them as they support family or friends through their Journey. Takamuna is a program that brings people aged 6 -12, 13-17 and 18 to 30 together to work towards a community with reduced numbers of Drug and Alcohol abuse. We believe with little steps forward and time goals are achievable. This program is funded by ADF Australian Drug Foundation.

STRIVE TO DRIVE – LEARNER DRIVER MENTORING PROGRAM:

The program will endeavour to engage with disadvantaged community members of Circular Head in gaining the necessary hours to obtain their drivers licence. The program aims to promote services to aid the community in gaining their learner licence and progress to provisional or full licence through a mentoring program.

INTEGRATED FAMILY SUPPORT SERVICES:

The program will endeavor to provide support services to families where risk factors to the welfare and development of children is present. Services will address identified issues of concern and work to build on families' capacity to self-manage risk factors associated with their intake to the service.

On behalf of Mission Australia CHAC delivers "Gateway" which is a access point to family services for vulnerable children, young people and families. Provide support services to families where risk factors to the welfare and development of children is present. Provide access to a network of community sector supports and services for vulnerable children, young people and their families. Increase the capacity of the community sector to provide secondary level support services. Provide an improved service capacity for families who may not come into contact with child protection services. Reduce the number of families notified to child protection services by improving access to and responsiveness of community-based services.

CULTURE & CAPABILITY:

This program will endeavor to engage the whole Aboriginal and Torres Strait Islander (ATSI) community of Circular Head in cultural activities and youth leadership programs. The project aims to identify, preserve and develop a wide spectrum of ATSI culture essentially around the transmission of knowledge and skills across generations, with the object of: maintaining ATSI culture through community involvement. Increasing public awareness of Aboriginal and Torres Strait Islander culture - including through the preservation, presentation and exchange of culture. Supporting new forms of ATSI cultural expression - working with men, women and young people. Supporting the sustainable development of community activities and events involved in transmission of culture across the community as a whole. Enable the Circular Head Aboriginal community to become more aware of the history that is attached to the Circular Head municipality and to empower them to embrace the knowledge and to transfer their newly gained skills to future generations. Enable leadership skills within local youth, engaging the youth in the development of whole community activities.

Organisation Overview

HEALTH CENTRE COORDINATOR/RECEPTIONIST:

This position was created to ensure the community is made aware of the health services provided to us and to create new health services in a remote area and also support the visiting outreach specialists. The position will endeavor to provide clients efficient and professional access to the services associated with CHAC's health building through coordination and reception duties

Visiting Specialist to the Health Centre

Psychologists

Pediatrician

Dietician

Dermatologist

Podiatrist

Exercise Physiologist

Relationships Australia Counsellors

Cancer Council Tasmania

Eyelines

Australian Hearing

National Hearing Care

Island Chiropractic

Royal Flying Doctor Services Mobile Dental Care

St Giles Speech Therapist

OTHER OUTREACH SERVICES

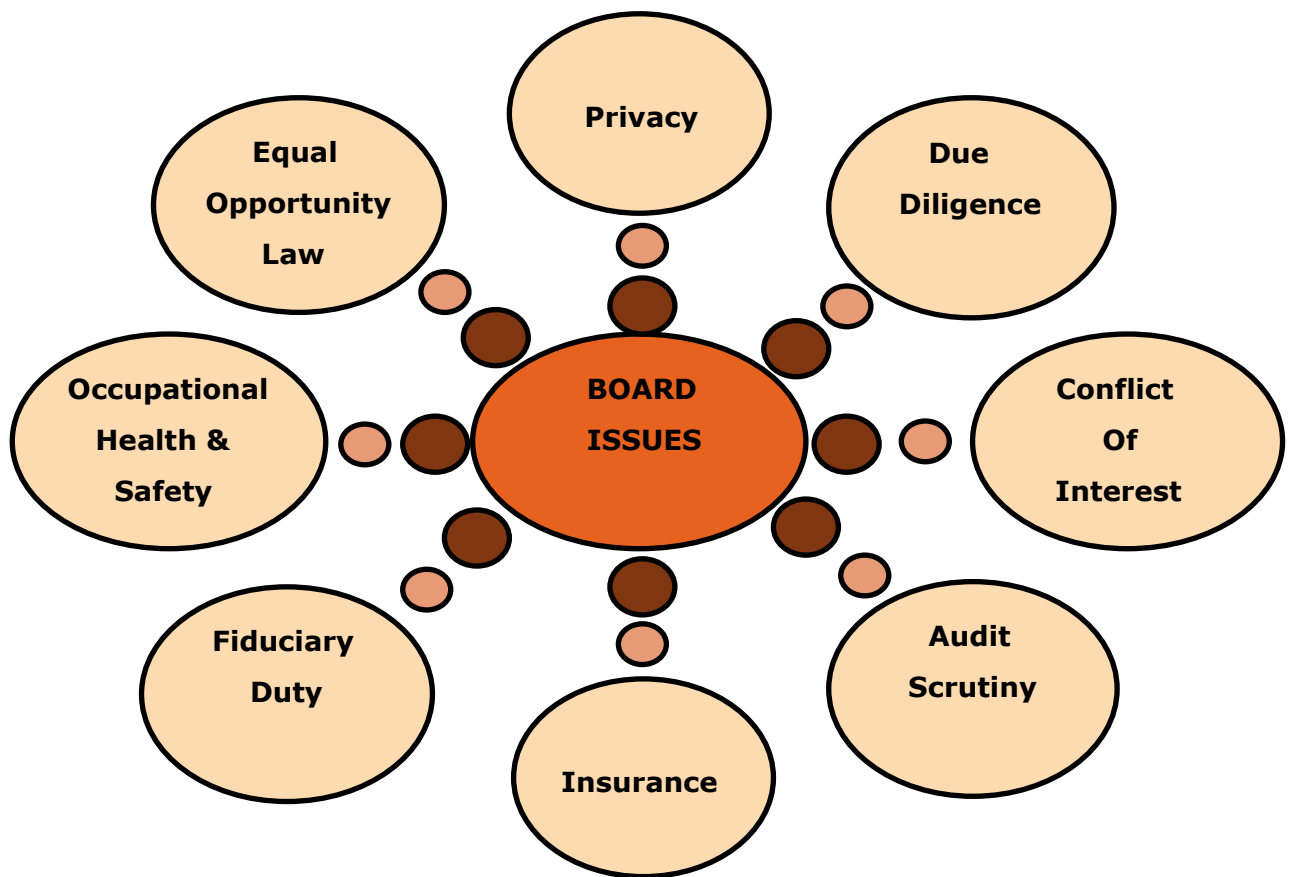
Youth and Family Community Connections Drug and Alcohol counselling 3 days per week

Centrelink 1 day per fortnight

Probation Officer 1 day per fortnight

Mission Australia 1 day per month disability employment services

Boards Compliance



ATTACHMENT COMPLIANCE ISSUES

Fiduciary Duty

This imperative applies to every decision a director makes in the exercise of power in their position. A fiduciary is ensconced in the Corporation Law and Common Law. It binds the director to exercise power in good faith for the benefit of the organisation. It does not allow a director to profit from a decision made and it is this legal obligation that underpins the conduct of all office holders.

Due Diligence

Due diligence is the proper exercise of fiduciary duty. It has as its standard, the diligence one would expect to be applied to one's own affairs. It insists that decisions are made after careful and thorough investigation. If a director has not applied due diligence to a decision then they are liable at law.

Conflict of Interest

A conflict of interest occurs where a director has a personal interest in an issue at hand that could create an apprehension of bias from an independent observer. The standing procedures in the Board meetings of CHAC insist that any conflict be declared and that the person declaring the conflict abstain from discussion and voting on a decision, and will not be present during any discussion or voting.

Boards Compliance

Occupational Health and Safety

Occupational Health and Safety legislation has evolved to ensure both safe work practices and a safe work environment. It requires that staff representation must be to management on such issues and that regular meetings take place to deal with anticipated problems and issues as they arise. This compliance issue is governed by State legislation.

Equal Opportunity Law

Equal opportunity law is both State and Federally based and covers issues of discrimination and racial vilification. This discrimination applies to both employees and clients, and includes such issues as racism and discrimination against people because of their gender, religion, mental capacity, marital status, age, race or disability, and harassment.

Privacy

From 21 Dec 2001 amendments were made to the *Privacy Act (1998)*, concerning the manner in which private sector organisations use, collect, store and disclose personal information.

CHAC must always respect privacy and treat any information that is collected and stored, confidentially. CHAC is committed to complying with the requirements of the Act by informing clients of the privacy policy.

Insurance

While not a legislative requirement, adequate insurance for directors and the assets of the fund is essential to protect the interests of the members.

Director's insurance insulates the fund against litigation only to the extent that there is no negligence on the part of the individual director involved.

Audit Scrutiny

Independent advice is a key element in the prudent management of the organisation. It is incumbent on all directors and staff of CHAC to ensure that accurate and timely information is supplied to auditors and that the audit reports are closely scrutinised. This will ensure that the audits are as accurate as possible and give some confidence to the Board that the financial position of the organisation is accurately reflected in the figures presented.

Boards Members 2018-19

Sam Celand

Role: Chairperson

Robin Searle

Role: Vice Chairperson



Robin was born and bred in Circular Head and worked on Woolnorth for most of his life. He is passionate about our community and the local environment. He is a commercial fisherman/diver who lives in Stanley.

Aaron Robertson

Role: Treasurer



Aaron is originally from a small rural town in the South Island of New Zealand and has been a part of the Circular Head community for over 20 years now. He came to Smithton to be part of the VDL dairy conversions and is now a partner at a local accounting and advisory firm, Crowe Horwath.

Luke Grey

Role: Director



Luke has worked in Tasmania mostly as a painter, but also part time as a person who enjoys working with horses. He has also worked as a masseur and in cattle stations in Queensland, Northern Territory, Kimberley's and NSW on cattle stations with horses and cattle.

Andrea Ollington

Role: Director



Andrea was born and raised in Smithton. She is married and a mother of four children. She has worked in the oral health sector for 25 years in the community and has pursued further education in dental work, oral health education and promotion and management.

Judy Brooks

Role: Director



Judy has lived in Circular Head all her life. She has 2 children, 4 grand children, and 2 great grandchildren. Family is her life and she enjoys spending her retirement watching them grow. She has been an active volunteer in the community throughout her life.

Krista Mills

Role: Director



Krista is a Registered Nurse with a background in Aged Care and community care. She has lived in Smithton her whole life and has strong networks within the community. She describes herself as down to earth, non-judgmental person who enjoys a challenge, especially academic.

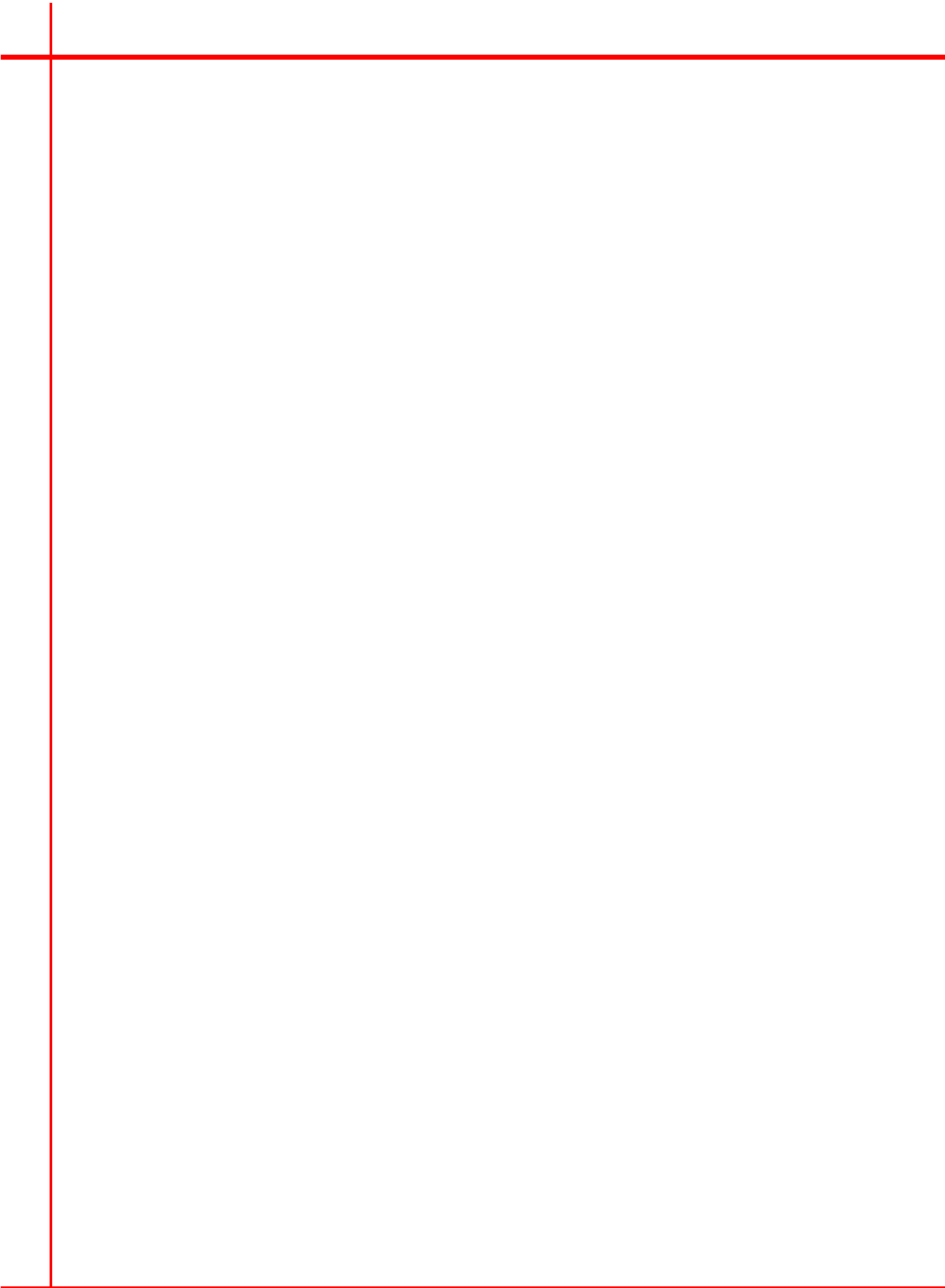
Gypsy Draven

Role: Director



Gypsy is an National Disability Insurance Scheme (NDIS) and Social worker. She is also a Bundjalong artist, fashion designer, writer, mediator and a mother of 6 children.

Chairman's Message



General Manager's Message



Program Achievements

Alcohol and Other Drugs Program

Coordinator-Maree McMullen

The Alcohol and Other Drug program provides a safe and culturally appropriate opportunity for clients to engage with services whilst receiving support and education in relation to dependencies on alcohol and other drugs. Clients are supported with a holistic approach by the coordinator who works 24 hours per week. The program provides varying degrees of outreach for clients to attend outside appointments along with referrals to Doctors, Centrelink, specialised counselling, legal appointments and Job Network Agencies etc, these services would otherwise be inaccessible to many clients. The Alcohol and Other Drugs (AOD) Program has a consistent number of approximately 15 active clients at any one time. Positive interactions and professional relationships have been developed with clients, Community members and Service Providers.

Examples of the opportunities offered to the community by the program are- hosting a drug prevention education evening facilitated by Teen Challenge, a Health Promotions Day held at the community house, information session on Foetal Alcohol Spectrum Disorder at CHAC and facilitated by DEN the Drug Education Network.

The AOD worker visits the rehabilitation centres of Serenity at Sulphur Creek and Bridge at Ulverstone. This has enhanced a better understanding of the rehab facilities available and to engage with the management and staff at these establishments. The worker maintains effective networks of support by attending regular meetings, information sessions and training to update skills and professional knowledge including currently completing a Diploma in Alcohol and Other Drugs.

Child Safety Access

Coordinator– Maxine Horton

CHAC continues to coordinate and facilitate supervised access with families that have been separated under the Children Young Persons and their Families Act 1997.

Currently 9 young children and their families are support during supervised access. This is down by 3 from last year as there has been one parent and child reunified and the other two families have disengaged from all services and no longer require supervised access.

Two out of those 9 children have been placed outside our community in foster care and with the assistance of our support staff they are able to come back into the community to see family members in a safe and positive environment.

The Coordinator role is 64 hours per month. Supervised access on average are 89.25 hours per month with another 1 on 1 Support that is flexible with supports between 20.25 -23.25 hours per week.

Youth Mental Health & Family Violence Program

Coordinator– Kelsie Kearnes

This program aims to support young people aged 12-25 in a variety of ways to manage and strengthen their social and emotional wellbeing wherever possible, supporting them to get the suitable care needed for their circumstances and to help strengthen their knowledge about what options are available to them in our Community. The Program Coordinator can provide referrals to counselling and psychologist appointments, transport, one on one case management and appointment support such as doctor and Police station encounters. The Coordinator makes themselves available to Smithton High School where she can build rapport with the students, join in class projects such as grade 7 What's Up (a program based on giving back to the community) and the 'I Am Project' in conjunction with the Circular Head Council.

The Coordinator organised Sergeant Lee-Ann Walters to present a discussion on family violence in Smithton High's whole school assembly addressing matters such as: What is Family Violence? Who does it effect? and what help is available? This received great feedback from school Principal Nikki Clark.

The Coordinator and two other staff members attended the Rotary Club's Mental Health Forum and a Rotary Club's meeting to present a speech on mental health in our community and how we help our young people.

Client numbers are on the rise. Seeing an increase between reporting periods. These numbers made up of group activities and one on one clients.

Total Clients this reporting period – 114

Aboriginal/Torres Strait Islander – 51

Non Aboriginal/Torres Strait Islander – 63

Male - 37

Female - 77

Last reporting period saw a total of 40 clients with 24 of those identifying as Aboriginal/Torres Strait Islander.



Takamuna Local Drug Action Team

Coordinator– Sonia Nicolson

Takamuna is funded by the Australian Drug Foundation (ADF) and has been running since May 2018.

The focus of Takamuna is in the area of prevention, good choices and reconnection to culture. Taking this focus I have been involved with two different after school programs assisting them when required.

One of these programs was 'Kids in the Park' run at the community house, afternoon tea is provided to the kids along with activities of games and craft. The other is a 'Lego Club ' running on Thursday afternoons from 4 till 5.30, providing again a safe supervised space for play with a healthy afternoon tea of fruit.

Riverbend Youth Centre is another place I have helped with when they have needed a First Aid person for the week to care for the 130 people on site. I have helped out as Supervisor of the program, without these positions filled 80 kids miss out on a camp that again provides a safe supervised place for kids to learn about good life choices around play, health, nutrition and working together as a team.

An upcoming event is accompanying a group of grade ten students from Circular Head Christian School on a mission's trip to Fiji for 12 days. Supervising the youth as they help out in a local school, hospital and orphanage along with tutoring students. Looking after their safety and wellbeing around food and general health and their mental health as they experience what it's like to live in an area where there is no hot water, beds are a thin mattress on the floor and play time is imagination as there are very few actual toys in these remote areas.

A traditional hut building exercise over two days was held in November 2018 with a grade 9 class from CHCS.

Two classes have been set up with a Didgeridoo player to teach adults how to play in August and some more are likely to go ahead at the high schools in September to November.

The other side of the program is to provide supports to individuals and families caught up in addiction, this can be one on one sessions in the office, home visits for youth or adults or in the school environment. Providing information, referrals to other programs for further treatment, a listening ear or support and transports to appointments.

This program ends in January 2020 without more funding being sourced to keep the program going as is, or we can apply for further funding from ADF with a whole new action plan and focus. Takamuna is a needed program in this area and could benefit from more hours allocated to the program coordinator, this is an 8 hour a week position.

Learner Driver Mentoring Program

Coordinator– Sonia Nicholson

LDMP is funded by State Growth and overseen by Driver Mentoring Tasmania.

LDMP's focus is to assist learner drivers achieve the skills and required logged hours to sit their L2s and Ps test while being safe, responsible drivers on our roads.

As the coordinator I organise the rosters for the Mentors and Learners and pair them together as a best match, deal with any issues from the Mentors or Learners. I report to Driver Mentoring Tasmania monthly and to State Growth twice yearly. I record data on hours each learner has driven and with whom. I enter local Schools and other community groups and inform them of what LDMP is and how they can access it as a Learner or a Volunteer Mentor. I ensure the car is kept in great order, it is in a clean condition and all maintenance checks are done as required eg services, tyres and other repairs. At times I fill in and drive with the Learners. This is a 15 hours per week position.

The LDMP program is travelling well in the area of engaged Learners with 18 learners driving across each fortnight and 30 on the waiting list.

Learners are being serviced by 7 mentors, 3 of which are driving with 1 only and some are not regular, the other 3 Mentors are made up of 1 consistent mentor, 1 who has had a lot of time away this year and the last one has just started.

This year has seen 10 learners move to their L2 license and 5 L2 licences' have progressed and achieved their Provisional license and exited the program.

The need for the learner driver program in this community is great with many waiting to access the program, the need for mentors is huge and I always need more.

If any of you are interested in giving up an hour or more of your time in a week, any day or night, I would be very grateful for your assistance.

**DRIVER
MENTORS
NEEDED!!!**
Learner Driver Mentoring Program

Worthwhile
Community
Opportunities
Rewarding

CONTACT SONIA NICHOLSON
Ph: 6452 1287
s.nicholson@chac.com.au

State Growth
CHAC

Indigenous Justice Program

Coordinators– Kristy Wilson, Jarrod Farrelly, Greg Baldock

The Indigenous Justice Program is funded under the IAS (Indigenous Advancement Strategy) providing intensive cultural support and tailored case management to Circular Head Indigenous adults, youths and their families at risk of offending, re-offending, incarcerated or going through the judicial system. We now act as a Regional Visit Centre for Risdon Prison video visits between incarcerated clients and their loved ones.

Pre and post prison release through care is offered, with the aim to reintegrate smoothly into the community and reduce recidivism.

This is implemented by:

Developing strategies to reduce the number of court appearances and levels of offending.

Ensuring participants meet all Court, Community Corrections, Bail directions and Court directed orders in place.

Court transport and support is offered along the N.W coast court circuit.

Improving social outcomes by re-engaging with Community & Country.

Increasing & enhancing Employment opportunities.

Referrals to appropriate internal/external services depending on individualised needs.

Provide empowerment with health, life skills, positive relationships, housing, physical, emotional and social wellbeing.

Access/Referrals to Tasmanian Aboriginal Community Legal Service (TACLS) Legal Aid & private practice lawyers.

Working collaboratively with Magistrate, Supreme & Family Courts.

Working collaboratively with Youth Justice and Ashley Youth Detention Centre (AYDC)

Working collaboratively with Community Corrections and Risdon Prison Complex (RPC)

Offering support, transport, fuel cards, Woolworth's essential cards and Hobart accommodation to client's family members when visiting RPC.

General Assistance with ID, Centrelink, Court related applications, Risdon Prison visits etc....

01/01/2019– 30/06/2019

NEW PARTICIPANTS FOR THIS 6 MONTH REPORTING PERIOD

Adult Male -15

Youth Male - 14

Adult Female - 8

Youth Female - 10

Parent/Caregiver – 12

***DOES NOT INCLUDE EXISTING PARTICIPANTS FROM PREVIOUS REPORTING PERIODS STILL REQUIRING ONGOING CASE MANAGEMENT.**

Children and Schooling

Smart, Strong and Proud Program

Coordinators - Camilla Woolley and Jake Marshall

Our program aims to support and mentor the youth in a variety of ways to maintain engagement within the school environment, further education, and their transition into the work place as well as the Community.

Coordinators are currently working with the Grade 7 group two days a week in the What's Up space—A program based around small business enterprising and giving back to the Community in some way. In the previous two terms we worked with the other 2 Grade 7 classes in this space.

Coordinators currently support the Grade 8 group twice a week—once with one on one support in the Physical Education space and the other in the Art space. Coordinators are currently involved in the I AM Youth Project in conjunction with the Circular Head Council—approx. 20 young women aged 12 – 18—this project aims to promote self confidence, good body image and empowerment.

Coordinators have also implemented Warrior's Way— The Warrior's Way program has been designed to promote strong leadership skills, lead a healthy lifestyle – mentally, physically, socially, spiritually and emotionally and encourage kids to apply themselves at school. Through learning Boxing, Kickboxing and Brazilian Jiu-jitsu, the participants learn to control their anger in a healthy and positive way. This is held twice weekly at the High School with a variety of students from Grades 7—12 also twice weekly at Forest Primary School with Grade 5 and 6 students.

Coordinators also assist Early Childhood Program—we attend Edith Creek Primary school weekly where we assist the Kinder and Prep students with their numeracy. Coordinators also assist at Play Group and Play Gym.

Reconnecting with culture is a significant aspect of the program and this has been demonstrated by participating in Flag Raising ceremonies for NAIDOC week, providing Welcome to Country and speech, MC at our NAIDOC event at Trawmanna, providing cultural dance at International ATSI children's day, presenting at Rotary Mental Health Forum and Rotary meeting and recently the attendance at TRACA meetings. Coordinators have also taken students On Country—with the aim in the coming future to provide more of these days for our youth.

Coordinators have seen an increase in client numbers— we currently work with 152 students in some capacity—74 ATSI and 53 Non ATSI students and their families. This is up approx. 50 students. Of all the students we work with - 85.71% of these have an attendance rate above 70%.

Early Childhood Program

Coordinators– Cindy Schuurin & Maxine Horton

Playgroup and Play Gym have had 66 sessions running since 30th June 2018 – 30th June 2019 reporting period. In this time the program saw 334 participants utilise these programs, plus a “Come and Try day for Play Gym on the 22nd January 2019 for parents to come and go as they please with their children. This was a huge success and the program is going to continue these active come and try days during school holidays.

The program has exceeded the expectations with just the playgroup and play gym alone which runs through the School terms for 2018 . Our annual statistics are:

Aboriginal Adult Male: 16

Aboriginal Adult Female: 73

Aboriginal Child Male: 52

Aboriginal Child Female: 47

Total Aboriginal Participants: 188

Non Aboriginal Participants: 146

113 of these participants were new to the program for this reporting period.

School Holiday Program

The School holiday program in the January School Holidays was another positive outcome. This gives the children that are socially isolated time to have a day away filled with fun, laughter and in the company of other children.

Aboriginal Children: 32

Non Aboriginal Children: 9

New Participants: 15

School Support

The Early Childhood Program (EPC) runs a School support program that has been going for 3.5 years now , the program holds a strong presence in the five rural remote schools around Circular Head as well as contributing significantly at St Peter Chanel for term 2, 2019 which will be ongoing. This program enables Coordinators to work one on one with ATSI students or in a whole class environment, depending on the needs of the student and if the teacher feels that the student can manage being in or out of the class, as both coordinators and teachers want the student to feel included in the day to day running of the class and not to be excluded in anyway. Coordinators also participate in excursions, sport carnivals and celebrate special days with the children, whether it transporting parents to school events or just encouraging the children to participate.

The relationships the program have formed over this time have made a significant impact on students, teachers and families, with transitions made into either Early schooling or into the High School, as this can be a very daunting process for some.

CHSP\HACC Program

Coordinators – Joanna Carson and Narelle Williams

Clients Number

CHSP – 82 Clients (adding 17 new clients compared to last year)

HACC – 8 Clients (losing 4 clients that transferred to CHSP)

HCP – 7

CHSP

Eligibility

50 and over for aboriginal People and 65 and over for main stream

Services

Home Maintenance – Lawns, Gardening, Windows, Pressure Cleaning, etc.(\$8.00 per hour per person)

Social Support – Visiting, Telephoning, assisting with Shopping, etc.

Transport – Medical, Shopping, Social Outings, etc.

Specialised Support Services (SSS) – Dementia, Hearing Vision, Continance, Other Specialised Services

Katie's Corner – Meal at Centre(\$8.00 per person for two course meal)

Home Maintenance

CHSP services 79 (72CHSP- 7HACC) Clients with Home Maintenance Services and try to get to their house once a month (weather permitting)

Transport

CHSP currently service 38 (35CHSP – 3HACC) clients with transports to and from their appointments or shopping.

CHSP also transport 7 Clients every Friday to and from Katie's Corner, other transports are as required.

Social Support and Specialised Support services

CHSP regular support all of our clients with social and specialised support when they are in need of it. CHSP endeavours to make the client feel a part of our community and not isolated.

HACC

Eligibility

Younger people with disabilities

Services

Home Maintenance - Lawns, Gardening, Windows, Pressure Cleaning, etc.

Social Support – Visiting, Telephoning, assisting with Shopping, etc.

Katie's Corner – Meal at Centre(\$8.00 per person for two course meal)

Transport – Medical, Shopping, Social Outings, etc.

Support, Information and Advocacy

Katie's Corner

CHSP serve a two course meal every Friday for \$8.00 at Katie's Corner, we have between 24 and 36 clients and community members attend weekly. This gives people the opportunity to socialise outside of their home and for some people this is the only time they get out of their house.



My Age Care – Home Care Packages

A home care package is a coordinated package of care and services to help you to live independently in your own home for as long as possible. Some people receive services through the Commonwealth Home Support Programme and are assessed for a home care package. Others will start with a home care package.

The benefit of a home care package is that your home care provider will work with you to:

- Choose care and services that best meet your needs and goals
- Manage your care and services.

There are four levels of home care packages to help meet the different levels of care needs. During your aged care assessment, your assessor will discuss your current care needs and determine the best level to meet them.

Storm Co.

The CHSP crew had the Storm Co group come from Hobart, Launceston and Burnie this year. We had 3 Adults and 13 Teenagers volunteer their afternoon with us at a client's yard having a big clean up.

They are an awesome bunch of kids and are always happy, even if it was pouring down with rain and them getting wet through. They have no trouble getting in and getting work done and should be congratulated on their efforts, they are an inspiration to others.

Storm Co. is a youth initiative of the South Pacific Division of the Seventh-day Adventist Church. Its mission is to send teams of trained young people to work, learn and encourage individual communities; sharing God's love by building bridges to all peoples through an adventure in service to others. Storm Co. is an acronym that stands for Service to Others Really Matters Company.



Integrated Team Care (ITC)

Coordinators– Krista Mills and Cheryl Marshall

People with Chronic disease can receive support to manage their ongoing medical care through ITC. The ITC program is run through the Circular Head Aboriginal Corporation and is funded by Primary Health Tasmania. It provides eligible patients with a dedicated Care Coordinator to work closely with them, their GP, practice nurse, allied health practitioners and specialists that they need access to as part of their ongoing care. ITC can assist with:

- Arranging and providing transport to medical appointments.
- Support and attendance to appointments with clients
- Financial assistance and support with essential medical equipment
- Support and encouragement for the patient and their family to develop self-management skills for their chronic illness
- Link the patient and family with appropriate community-based services providing support for daily living
- Support the patients understanding and adherence to treatment regimes
- And much more

ITC was established at Circular Head Aboriginal Corporation early 2017, when a need was identified for such services in the area. ITC has 1 full time Registered Nurse/Care Coordinator and 1 fulltime Outreach worker .

Last financial year recorded data:

- 50 clients currently enrolled – compared to 31 last year
- 536 Care coordination Services
- 329 Outreach Services
- 67 Supplementary Services

Integrated Family Support Services

Coordinator– Kristy Heald

The IFSS, Integrated Family Support Services, is a 6-12 month program that is run to support families through difficult journeys in their lives. The program is voluntary service focused on increasing the well-being and safety of children, young people and families by providing support and resources to build family strengths, resilience and capacity.

IFSS provides early intervention for children and families at risk. The aim is to support a family around identifying, resolving and addressing issues to prevent further involvement with Child Safety Services.

As the IFSS coordinator I am able to facilitate meetings with clients and arrange referrals to other appropriate and beneficial support services in the area and it's surrounds.

A large factor within my role is liaising with Child Safety Services, Police, Doctors and medical practices, schools, training facilities and Centrelink, to which I have been able to build strong working relationships with these services during my four years with CHAC/Mission Australia.

Social and Emotional Wellbeing (SEWB)

Coordinators– Kelly Burke & Sonya Searle

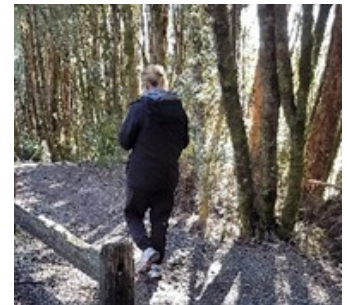
The SEWB program incorporates a wide and varied range of supports based on mindfulness including culture, wellness strategies, activities, information and referrals to the participants in a culturally appropriate manner. This allows for a holistic approach enabling flexibility to meet the differing participants needs.

A focus on reducing and managing the possible issues that can add to poor mental health such as family stresses, alcohol and other drugs, financial barriers, community and social isolation have influenced the workshops, program choices made by the coordinators throughout the year. A great mix of ideas have been incorporated to attract more participants with changing focuses to suit individual and group requirements as well increase community inclusion.

Through community workshops and community outings the program is able to include family members and friends of our Aboriginal participants, both males and females. This has been a great way to break down barriers within the community and create a feeling of community inclusion. Support networks have been created for participants, friendships are being made amongst participants and knowledge and skills are being learned and passed on to others.

Some of the programs, workshops, activities and events the SEWB participants and coordinators have been a part of throughout 2018 – 2019 are:

- Culture activities & days on country (incorporated into every program, workshop and activity throughout the year wherever possible)
- Monday art group (fortnightly)
- Out and about (once a week for 4 weeks)
- Stress reduction days and activities (focus on staff bonding to assist reduction of work place stress)
- Emmerton Park volunteer days (to promote community inclusion)
- Home Readiness Program (once a week for 6 weeks, in partnership with Community House)



Indigenous Australian Health Program– Outreach

Coordinator– Niki Hunter

The Outreach Program has been busy this year and has helped many clients with chronic health conditions to improve their health outcomes by assisting in the following areas

- Transport to medical appointments, free service
- Support and advocacy at medical appointments
- Help to navigate the health system
- Provide information on health services available
- Promote and assist with Closing the Gap (715 health checks and PBS Co-payment) registrations forms
- Perform basic health checks ie, blood pressure/ glucose, weigh /BMI
- QUIT Smoking advice and referrals
- Health Screening referrals (Blood Donations, Mammograms & Cervical Screenings)

Niki and Cheryl Marshall from the ITC Program commenced Indigenous Health Worker Training in October 2018. They travel to Hobart once a month for a week at a time to participate in this training. Aboriginal and Torres Strait Islander health workers (ATSIHWs) provide primary health care in a culturally appropriate manner. They play a vital role in the primary health care workforce, reducing communication gaps, improve follow-up practices, help with medical advice for individuals, families and community groups.

Health Centre

Coordinators– Keryn Brockman & Yvette Buckby

The Health Centre has continued to grow with all the Outreach Aboriginal Outreach Services being fully utilised by the local community, approx.- 700 individual appointments have occurred through these clinics . All clinics are fully booked and waiting lists are managing the excess need in the community.

There is an increasing range of Private Health services that now provide a variety of care out of the Health Centre, these include Footprints Podiatry, Royal Flying Doctor Service (RFDS) Mobile Dental Care, Island Chiropractic, National Hearing Care, Relationships Australia Counselling, Youth Family Community Connections and other one off clinics when required.

The RFDS Mobile Dental Care Program left the community in December 2018 after being in the Circular Head area for 12months, in that time they set up an amazing program and truly impacted the communities dental health in a positive way. The program anticipated that it would be out of the community for up to 12 months but due to the high levels of need have managed to return to CHAC in June in a part time capacity.

New Directions- Mums and Bubs Team Program

Coordinators– Adele Hugo, Kristy Ollington & Yvette Buckby

Currently have 86 families signed up to ND program with around 70% Aboriginal.

New Directions Stats in a 12 month period

Home Visits – 251

Phone Contacts – 326

Transports – 97



Individual attendances @ Ladies lounge, Swimming, Baby weigh in days & New Parents groups exceed 1300 individual attendances

Below are examples of our daily tasks;

- Home visits
- Ladies Lounge runs fortnightly activities include: safety awareness, craft days, day trips, beach days, pamper days, budget & healthy eating talks, cultural trips, and providing a safe base for mums to feel comfortable, supported, be connected and make new friendships
- Midwife Clinic support for clients to get to SDH (including antenatal and post-natal care) We are working very closely with Midwives and Child Health Nurse to set appointments and reminders for all clients
- New Parents Groups (8 week course covering all aspects of child health using professional speakers) this runs x2 - 3 times per year depending on need in the community
- Supporting women with PND/medication and referrals to Psychology/counselling
- Weigh-in Clinics run from Playgroup or drop in basis
- Child Safety Service support for families and developing plans to assist parents to better themselves for a great outcome
- Running of and working with other programs within community i.e. swimming, Playgroups, Good Beginnings, attending Span meetings, being on Early Childhood Consultative committee and Maternity Liaison meetings
- Gathering of statistics/surveys for future funding/management
- Appropriate referrals to other allied health professionals
- Developing flyers/ brochures/monthly newsletter and overseeing FB page to invite and make clients aware of what's happening in the program.

We are very proud of the way Mums and Bubs has grown from strength to strength within the community, we contribute this to the professional relationships we have formed with Health Providers, we are becoming very well-known and respected by Doctors, the Clinic Nurse, Day-Care Centres & other programs within the community. The program has many good news stories and client achievements to celebrate, we strive as a team to support all clients the best we can.

Trawmanna

Rodney Marthick & Shannon Blake

In May this year Rodney Marthick took over the reins as gardener from our long time green thumb Terrance (Dutchy) Holland. Rodney has transitioned into his role in the garden preparing and planting new crops for spring and summer.

A few years ago over 200 Native Pepper Berry seedlings were planted at Trawmanna. When ready for harvesting the plants will produce a sweet hot berry flavor and small green leaves that are used in cooking to add a unique spicy flavor to a variety of dishes. We have over 100 more cuttings to be planted out soon so the project is moving forward and going to plan.

The recycled bottle greenhouse construction has been completed and staff are currently constructing some shelving for the inside. Installation of three new flag poles has completed.

Trawmanna is continuing to grow and with planning in place looks forward to having a bright, sustainable future. If there are any CHAC members who would like to volunteer an hour or two of their time on Thursdays and Fridays in the garden feel free to grab a volunteer's pack from admin at CHAC or give us a call to arrange.

CHAC recently held NAIDOC celebrations at Trawmanna with over 170 people from the community and abroad in attendance. The meal and activities organised by the CHAC staff was first class and the feedback from the community was very positive.

Multiple community events have occurred over the last 12 months with most of them reoccurring every year– Devil Country Muster, Where's your head @ (youth concert), Community Christmas carols.



Trawmanna was the site of this year's Devil Country Muster for the whole duration of the event. This was a very successful event. Trawmanna will host the event again next year and it is scheduled to run for 4 days.

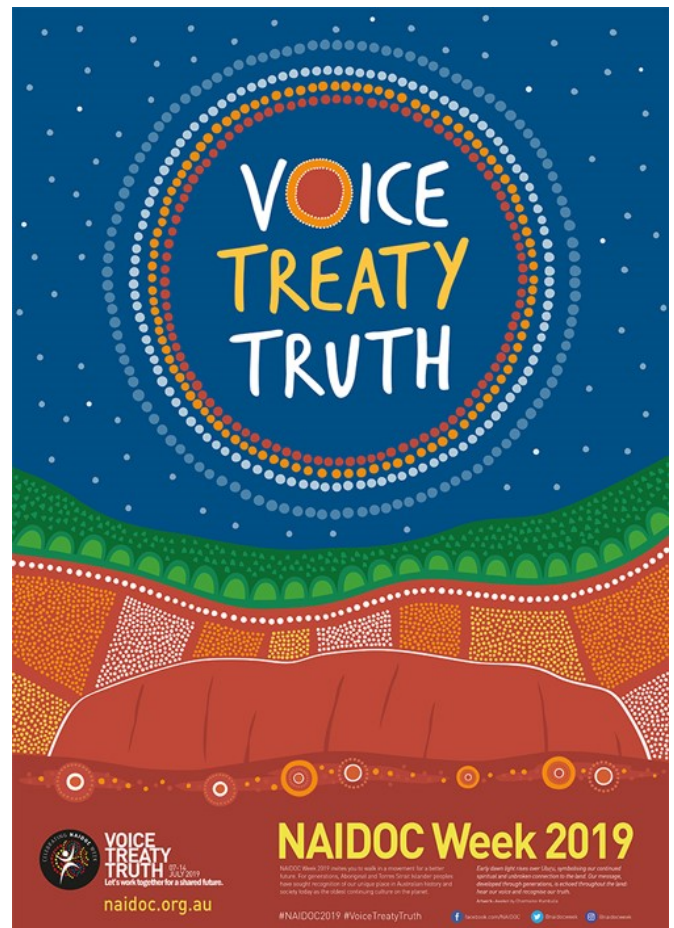


NAIDOC 2019

VOICE. TREATY. TRUTH



NAIDOC (National Aborigines and Islanders Day Observance Committee) Week is held annually throughout Australia from Sunday 7 July to Sunday 14 July (2019 theme – Voice.Treaty.Truth). Our doors were open to the wider community during NAIDOC week. CHAC staff, service providers and volunteers worked long and hard to put on a great week of celebrations, food and entertainment for the community of Circular Head. On Monday 8 July starting the week with flag raising ceremony being held at CHAC and Circular Head Council with welcome to country. Tuesday 9 July we watched a movie ‘Maganinnie’ made in Tasmania early 70’s, Thursday 11 July being our final day a community luncheon held at Trawmanna (our place). This year approximately 150 people from all over Circular Head and as far afield as Hobart braved the rain, wind and cold to attend CHAC’s final NAIDOC Celebrations. Many adults and children enjoyed face painting, didgeridoo demonstrations/lessons, a traditional Smoking Ceremony performed by Elder Uncle Leslie Dick, traditional Rope and Kelp Basket making taught by Aunty Patsy Cameron, clap stick and spear making as well as playing in the rain. A feast of traditional and non-traditional food including mutton birds, crayfish, kangaroo and mini Pavlova’s and fruit was enjoyed by everyone. Aboriginal and non-Aboriginal people came together on the day to yarn, share food and knowledge, recognise and celebrate not only the history, culture and achievements of Aboriginal and Torres Strait Islander peoples but also being together as a community.



Tidy Towns

CHAC catered for 90 people from across the Nation that were in Smithton for National Tidy Towns presentations, the most perfect lunch catered for them by Adele, Krista, Cheryl, Bev, Sonya & Kelsie was presented to them in such a professional manner. Comments heard where that it was, "one of the best lunches that Tidy Towns representatives have had while travelling around the country". A job well done and great representation of the staff and our organisation.

Following lunch a bus load of the tourist were taken to Trawmanna for a tour conducted by Camilla, Jarrod & Sonya Searle, this was only to be a brief visit given everything else they had to go and see, you captured their attention there so much they had to be hurried up to get back on the bus, well done to you all and Trawmanna.



Mental Health Forum

Kristy, Camilla & Kelsie proudly represented CHAC as opening speakers at the Rotary Mental Health Forum held at the Recreation Ground. Our ladies presented in a tag team arrangement that held the audience captive for 25 minutes then another 10 minutes answering questions.

Their presentation was very professional and perfectly presented, they presented an image of CHAC that will hold in the memories of those attending to the highest. Rotary really valued the information presented and invited the staff to attend their next meeting so all members could hear of the work CHAC is doing in the mental health area in our community.



CIRCULAR HEAD ABORIGINAL CORPORATION

Income Statement for year ended 30 June 2019

	<i>2019</i>	<i>2018</i>
Income		
Deferred Grant	16,000.08	16,000
General	18,992.72	40,186
Child Safety Services	197,190.90	110,675
Grant Funding	2,285,099.97	2,111,000
HACC	18,252.80	15,859
Interest	10,199.22	9,432
My Aged Care	25,388.93	0.00
NDIS	192,183.96	165,081
Property	218,583.70	199,532
UTAS	41,610.18	0.00
Miscellaneous Income	11,589.97	5,730
Total Income	3,035,092	2,673,495
Deduct Expenses		
Advertising, Promotion	6,393.20	5,114
Accommodation	696.38	4,841
Adult Through Care	19,518.22	0
Audit	7,975.50	7,850
Bank Charges	3,987.87	875.16
Catering	5,170.69	4,714
Cleaning	20,702.58	12,299
Clinical Expenses	1,931.09	1,868
Consultancies	4,253.97	11,973
Consumables	6,585.74	4,360
CQI - Health Connex	29,555.06	25,935
Cultural Awareness Training	0.00	9,000
Energy	17,698.48	16,468
Equipment	16,271.59	25,533
HACC Expenses	7,425.25	6,993
Insurance	96,662.51	65,403
Medical, Clinical Equipment	5,002.45	6,770
Memberships	700.00	2,719
Mission Brokerage	1,777.16	504.24
Office Equipment	650.00	1,121
Office Supplies	16,222.57	19,067
Police Check	3,479.06	4,259
Postage	2,345.69	3,129
Programs	47,623.72	67,815
Rates	11,064.84	9,559
Rent	61,400.16	56,881
Repairs, Maintenance	42,748.12	35,169
Salaries, Entitlements	1,893,743.18	1,682,068
Services & Supplies	3,914.57	5,336
Sundry Expenditure	1,341.84	3,030
Superannuation	176,112.41	156,760
Supplimentary Funding ITC	8,392.93	9,098
Telephone, Fax, Communication	15,103.86	19,355
Training	34,011.77	22,894
Transport, Venue Hire	12,378.18	12,156
Vehicle, Travel	150,532.30	138,225
Total Expenses	2,733,373	2,459,139
Operating Surplus	301,719	214,356
<i>Add</i> Unspent Funds Brought Forward	24,180.00	71,192
<i>Add</i> Gain on Asset Disposal	6,000.00	0
<i>Deduct</i> Unspent Funds Carried Forward	-108,530.43	-24,180
<i>Deduct</i> Provision for Doubtful Debts	-1,314.00	-31,034
<i>Deduct</i> Depreciation	-99,557.00	-88,635
Net Surplus for Corporation	\$122,498	\$141,699

CIRCULAR HEAD ABORIGINAL CORPORATION
Balance Sheet as at 30 June 2019

	<i>2019</i>	<i>2018</i>
Assets		
Current Assets		
Cash at Bank, on Hand	41,685	27,189
Term Deposits	711,492	600,000
Prepaid Insurance	18,831	15,411
Stocks	818	0
Trade Debtors	145,965	244,359
<i>Deduct</i> Provision for Doubtful Debts	-32,348	-31,034
Total Current Assets	886,444	855,925
Non-Current Assets		
Buildings	1,582,140	1,358,947
<i>Deduct</i> Provision Depreciation	-505,184	-424,438
Land	320,000	320,000
Plant, Equipment	167,637	159,249
<i>Deduct</i> Provision Depreciation	-153,601	-138,488
Motor Vehicles	304,577	273,834
<i>Deduct</i> Provision Depreciation	-252,998	-263,890
Total Non-Current Assets	1,462,571	1,285,215
Total Assets	2,349,015	2,141,139
<i>Deduct</i> Liabilities		
Trade Creditors	26,204	27,894
Deferred Capital Grant	320,000	320,000
<i>Deduct</i> Deferred Grant Amortisation	-128,000	-112,000
GST Liabilities (net)	6,838	17,934
Grant Funds Carried Forward	108,530	24,180
Payroll Liabilities	16,453	16,452
Employee Entitlements:		
Annual Leave	104,972	63,143
Long Service Leave	53,137	65,154
Total Liabilities	508,134	422,757
Net Assets	\$1,840,881	\$1,718,383
Equity		
Retained Earnings	858,429	716,730
Current Year Earnings	122,498	141,699
Property Revaluation Reserve	859,954	859,954
Total Equity	\$1,840,881	\$1,718,383