

Circular Head

Aboriginal Corporation

NEWSLETTER

JUL - SEP 2022



CHAC



MAIN OFFICE: 10 KING ST. SMITHTON
HEALTH CENTRE: 165 NELSON ST. SMITHTON



PO BOX 335,
SMITHTON TAS 7330



(03) 6452 1287



RECEPTION
@CHAC.COM.AU

MAIN OFFICE:

MON-THURS: 8:00AM-4:30PM
FRI: 8:00AM-2:30PM

HEALTH CENTRE:

MON-THURS: 8:30AM-5:00PM
FRI: 8:30AM - 3:00PM



ACKNOWLEDGEMENT OF COUNTRY

The Circular Head Aboriginal Corporation acknowledges and pays its respects to the traditional and continuing custodians of the lands on which we live. Our organisation pays our respects to the Elders – past, present and emerging and their continued cultural and spiritual relationship to the land, sky and seas.

The Tomme-ginner people of Table Cape

The Parper-loi-hener people of Robbins Island

The Pennemuker people of Cape Grim

The Pendow-te people of Studland Bay

The Pee-rapper people of West Point

The Ma-ne-gin people of Arthur River

The Tar-kiner people of Sandy Cape

And the Pe-ter-ni-dic people of the Mouth of the Pieman River.

BOARD MEMBERS

CHAIRPERSON: Selina Maguire

VICE CHAIRPERSON: Gypsy Draven

TREASURER: Aaron Robertson

SECRETARY: Steph Johnston

DIRECTOR: Andrea Ollington

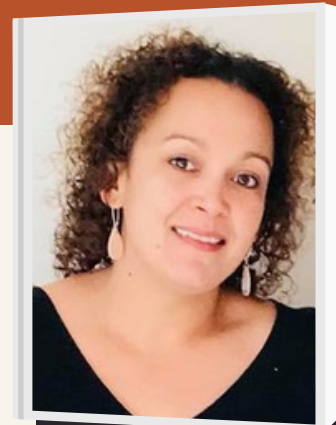
DIRECTOR: Darryn Grey

DIRECTOR: Malcom Wells

DIRECTOR: Sam Cleland

DIRECTOR: Robin Searle

EMBRACING
CULTURE TO
INSPIRE AND
EMPOWER
ABORIGINAL
PEOPLE.



A LETTER FROM CHAIRPERSON SELINA MAGUIRE-COLGRAVE

Firstly I would like to pay respects to those who have left us for the dreaming over the last 3 months both locally and also nationally.

CHAC has had some amazing successes in the last 3 months including our most successful NAIDOC celebrations thus far. A huge thankyou firstly to CHAC staff who continuously go above and beyond for our community and also to everyone locally and from far and wide that supported the event. CHAC now have over 60 staff and on behalf of the board we thank you all for your support. CHAC has completed our strategic plan and also a business plan. This is an exciting new direction that CHAC are taking and further details will be announced at the Annual General Meeting in October.

The last 3 months have proved to be huge in ATSI politics:

1. Land Returns discussion paper
2. Aboriginal community asked by the government to form an Advisory Committee
3. The continuing harassment and denial of all Aboriginal people in Tasmania except a select few by the TAC and TALC

CHAC will continue to fight for our community and not accept untruths. CHAC have simply asked the end to continued interference in Circular Head and denial of access and land management in our area. We will continue fighting for access to Preminghana and not stand for the lateral violence that has been inflicted on our Aboriginal community for years.

In the next 2 months we will be having community meetings, AGM and free cultural sessions and look forward to seeing our members and community there.



INAUGURAL NAIDOC GUERNSEY ON DISPLAY IN ST KILDA'S YAWA ROOM

During NAIDOC Week this year, we were overjoyed to release our inaugural Indigenous guernsey for our local team, The Circular Head Saints. This was designed by CHAC's culture coordinator, Camilla Woolley. "This design pays my respects and acknowledges the ancestors of the North West Nation - the country on which I live, work and play. The motifs on the red and black are my interpretation of the petroglyphs that can be found in various places along the North/West Coast. These petroglyphs are rock carvings that tell an unknown story and are a reminder of thousands of years of occupation on this country by the ancestors, who walked here before us. The prints on the white through the centre pay homage to the magnificent Wedge Tailed Eagle and all the other wildlife of this country. Above all, the prints recognise our continuing journey" says Woolley.



The St Kilda Football Club were supportive of the organisation's guernsey since its inception. In appreciation of their support, CHAC posted the Club a guernsey as a thank you gesture. Proud to honour this design, the St Kilda Football Club decided to put it on display in the YAWA Journey Room - A newly established room that houses photos of every Aboriginal player that has run out for the Saints. CHAC consider this an incredible honour to be associated with a club that is so forward-leading in its celebration of Indigenous culture. This honour is not only CHAC's to wear, but also for the community. Circular Head is only a small community, but is certainly a great one, and now with this jumper on display, any visitors to the Yawa Room will know it too. Like the St Kilda Football Club, the Circular Head community embraces Indigenous culture and recognises the identity journey's community members have had to embark on. This jumper now stands as a symbol of that journey and how far Circular Head has come as a community, taking those steps closer toward true reconciliation.



What's On Oct-Dec

September 29: YODEL Launch
(3:30pm-4:30pm)

October 6: Kelp Making Workshop
(2:00pm-3:00pm)
at Circular Head Heritage Centre

October 8 - 16: Mental Health Week
October 10: Painting with Words
October 11, 12:00-3:00: 7Up School
Holiday "Orange" Party.
October 12: CHAC Staff, wear orange
to work day.
October 13: Serenity House discussion



ICN1997
Circular Head Aboriginal Corporation

Annual General Meeting.

NOTICE is hereby given that the Annual General Meeting of the Corporation will be held at

20 King Street, Smithton
(Building at rear of Oakleigh House, formerly Glo Ministries)

Wednesday 19th October 2022
Commencing at 5.30 pm
Business

- Confirmation of the minutes of the previous AGM
- Presentation of Annual Reports and Audited financial reports
- The election of members to the Board of Directors
- The appointment of the auditor 2022 – 2023
- Approve The Remuneration of the Auditor
- Intention to Propose Special Resolution – Proposal to amend Rule 5.2.2 (2) Who Can Apply to become a member (Eligibility) by removal of section (2) "at least 18 years of age and the spouse of an Aboriginal and Torres Strait Islander Person"
- Intention to Propose Special Resolution – Proposal to amend Rule 5.2.2 (4) "Or must be nominated by a current ATSI financial member as identified under clause (a) and seconded by a current ATSI financial member of CHAC" by the removal of "Or" and replace with "and".
- Intention to Propose Special Resolution – Proposal to remove Rule 5.2.2 (5) "Or as determined by the from time to time".
- Intention to Propose Special Resolution – Proposal to remove Rule 5.10 Associate Members – "A person who is not entitled to become a member of the Corporation under rule 5.2.2 may apply for associate membership. Decisions on associate membership applications shall be made by the directors at director meetings. An associate member shall have the same rights and responsibilities as a member but is not entitled to vote at meetings of the Corporation or to stand for election as a director. The Contact Person shall maintain a Register of associate members similar to the Register of members. Associate members shall cease to be associate members in the same way as provided for members under rule 5.5.1."
- Questions by Members
- Membership register
- Cancellation of Memberships
- General business

All financial members are entitled to attend and cast a vote, but if you are unable to attend, you may appoint another member as proxy to attend and vote for you at the meeting (48 hours prior notice needs to be given) (Rule 7.14.4)

- *Nominations for the Directors positions must be submitted to CHAC reception no later than 12th October. Nomination forms are available from CHAC reception, 10 King St Smithton.*

October 17 - 23: Seniors Week

October 17: Senior Citizens Bowling
October 21, 11:30-2:30: Aged Care program display at Circular Head Seniors Week Expo

October 19: Annual General Meeting (from 5:30pm)

October 22- 30: Children's Week

October 27: Children's Week Celebrations

October 24: 'Embrace Kids' Documentary viewing at Metro Cinema

November 11: Welcome to Country and Official Opening, Stanley & Tarkine Forage Festival

-YODEL-

You are invited!



THURSDAY 29/09/22, 3:30PM-4.30PM
TRAINING ROOM, 20 KING ST, SMITHTON
RSVP 0476 182 715 or k.keny@chac.com.au



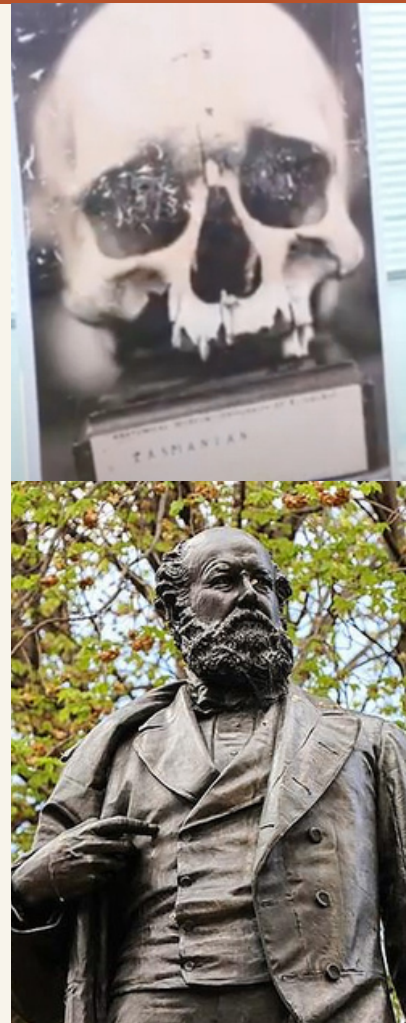


The vote to remove the Crowther Statue

AND WHAT IT MEANS FOR THE CIRCULAR HEAD COMMUNITY

As you may have seen through our social media channels and recent articles in the Circular Head Chronicle, Circular Head Aboriginal Corporation expressed their concerns about the vote to remove the Crowther Statue. It is important that we make it abundantly clear to the public, this is not because we support Crowther, in fact, for CHAC, our contention was never really about the statue itself, but rather about the conversations the statue evoked, and the potential missed opportunity for a public Inquiry into the facts around William Lanne's skull - the skull that the statue's removal campaign has been centred around. CHAC have urged for a public Inquiry around the constructed story about William Lanne's skull, not only to expose the truth of the skull but also allow our Aboriginal ancestor's spirit to be free from torment and being dragged through modern debate and fictional stories that serve an alternative agenda one that is far from servicing Lanne's memory.

Now, what does this mean for Circular Head? The Tasmanian Aboriginal Centre, "repatriated" what they concluded was William Lanne's skull, without any evidence, and despite prominent scientific professionals determining and advising them that it was not Lanne's at all. This unidentified skull, under the falsehood of being Lanne's was buried in a highly secretive ceremony somewhere near the Arthur River in the early 1990s. Our concern, is that with the Lands Act currently under review (see last edition for more details), we could find ourselves in a position that Hobart-based, Tasmanian Aboriginal Centre, establishes links due to this burial site, and thus potentially gain control over North West lands. We have witnessed what this control could look like with the current lock-out situation of Preminghana. We invite all our members to stand behind us to urge Government's to act on this mistreatment of Indigenous remains and ultimately, fight to keep control of North West lands.



FOR MORE DETAILS:

Visit our YouTube channel or search for the following videos:

- Truth Telling: The Truth Behind William Lanne's Skull,
- A Call for an Immediate Public Inquiry: The Crowther and William Lanne Scandal

Both videos attempt to uncover and derail the fictional story and campaign around William Lanne and William Crowther.

WORDS FROM OUR CHAIR:

"CHAC's stance on the current Governments push of Truth Telling and Treaty is firmly: Truth Telling must be completed before anything else. With the substantial amount of evidence proving that firstly, William Lanne isn't from our area and secondly that the skull buried in our area is definitely not William Lanne's but that of a female. Thus, we will be requesting an Inquiry into the horrific treatment of human remains by the Tasmanian Aboriginal Centre".



MEET AARON ROBERTSON - TREASURER

Aaron Roberston is the Treasurer on the board, and has held a position on the board for over 8 years. Aaron grew up in a small community in New Zealand, where like Circular Head, it was apparent the benefits that volunteering and active community involvement can have. Thus, Aaron has continued to be involved in and for a number of committees and community clubs over many years. Aaron's interest in being part of the board for CHAC stemmed from his interest in CHAC's strong community involvement through their support programs; wanting to know more and help more, Aaron jumped on board when asked. Given Aaron's career and experience in accounting and business, his knowledge was welcome and fitting to his position as Treasurer. Aaron is able to also use this expertise as a support and backstop for the finance team here at CHAC if they have any questions or issues. He works closely with the finance team to generate board meeting financial reports and budgeting preparation. This relationship with the team has been critical as the organisation grows and changes over time. "The growth and challenges facing CHAC and the community ensure that we keep growing on the board and team to accommodate this while continually focusing on why we are there and work toward CHAC's mission and holding values strong" says Aaron.

Outside of his work with CHAC, Aaron enjoys spending time with his family watching their growth and learning. Aaron enjoys spending time outdoors participating in running events, riding and bushwalking.



New Position

INTRODUCING JARROD FARRELLY -OPERATIONS MANAGER

Whilst Jarrod certainly isn't new to our team at CHAC, he is new in his role as Operations Manager.

Jarrod was born and raised in Smithton. He started his career by working for McCain's Foods just after leaving school. From here he started working in the fishing industry, first as a contract fisherman and then in a role that had him sailing from Smithton to far North Queensland catching coral trout to commercial abalone and crayfish in Tasmania. Jarrod spent a short time away in Yarrawonga to coach football and work installing garage doors. On his return to Tasmania, he began work for GBE Engineering at the Rennison Mine.

From 2012, for the past 10 and half years, Jarrod has worked for CHAC in the 'Adult Through Care Program' in a case management role. His experience in his role and throughout CHAC operations meant his transition into the Operations Manager role was a natural one.

Good luck in your new role Jarrod, we look forward to seeing what you have in store for the team.





CHAC Program Updates



CHILDREN & SCHOOLING SMART, STRONG & PROUD PROGRAM

Our Smart, Strong and Proud program is aimed at young people aged between 12-18 years of age. The focus for the coordinators is to mentor and build the capacity of students who are particularly at risk of disengagement from education and improve their educational outcomes.

The coordinators have undertaken some recent training to better support the young people in our community. The Love Bites Senior Program involved a two day training process with 5 local school teachers and 5 CHAC mentors (2 of whom are SSP coordinators). On completion of this training the coordinators are now "Respectful Relationships Education Facilitators", which focuses on respectful relationships for 15-17 year-olds and the prevention of domestic, family and sexual violence by supporting young people to develop skills to identify safe, equal and healthy relationships. The coordinators look forward to being able to bring this new knowledge to our young people within the schools and other sporting and youth organisations.



EARLY CHILDHOOD PROGRAM

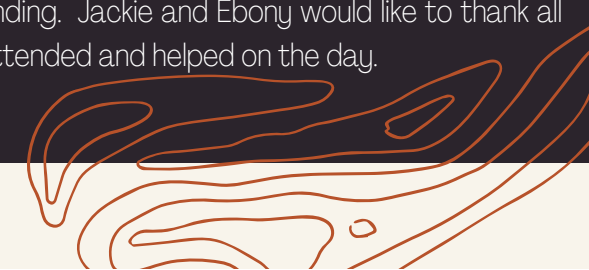
The Early Childhood Program is aimed at enhancing positive early development for the children of the Circular Head Community through interactive play that develops their social, emotional and physical skills. The program offers a number of free services for parents and young children to attend, that encourages learning through play. These sessions also become a space for parents and caregivers to develop social and support networks; knowledge, skills and a capacity for parenting; and sustaining family well being.

Together with other CHAC programs, the Early Childhood coordinators facilitated National Aboriginal and Torres Strait Islander Children's Day.

On the 4th of August coordinators planned a number of activities for the children to come together to join in arts and crafts, have a meal and celebrate this special day.



Using natural resources, the children made a Torres Strait Islander head dress, they also had the chance to make a shell necklace and using crushed ochre, the children made a hand print canvas which will be displayed in our CHAC medical centre. This was a very successful day with all clients, our local childcare centre and two kindergarten classes attending. Jackie and Ebony would like to thank all those who attended and helped on the day.





CICURLAR HEAD ABORIGINAL CORPORATION NEWSLETTER

NEW DIRECTIONS PROGRAM

The New Directions program is to engage Aboriginal and Torres Strait Islander people and the wider community of Circular Head. We focus on parents and their children being active in supporting maternal and child health.

In the past months, the New Directions Program, together with the Early Childhood Program hosted a tent for the attending children at our NAIDOC event in July. This was a tremendous success with plenty of cultural activity stations for the participants to enjoy. Also, during NAIDOC week we took participating clients on an excursion to Bunnings where they were able to participate in a workshop on timber staining serving trays. National Aboriginal and Torres Strait Islander Children's Day was another successful event over the past 3 months. Children participated in a smoking ceremony, Hearing Australia conducted small tests on children, story time and plenty of activities. We provided a free sausage sizzle and native animal decorated cupcakes for the children.

We have recently had a new program start replacing the old ladies lounge, Aligning Family Circles. The purpose behind this was to capture a wider, more inclusive, audience to be able to expand our clientele. These group sessions have been extremely successful and we look forward to continuing to facilitate these sessions on a fortnightly basis.

Current & Upcoming Programs:

- Aligning Family Circles - Thursdays fortnightly
- Water Awareness Program - Commences September 5

New Parents Group - Commences October for 7 weeks




New Parents Group
For all parents with a new baby.

A chance for all new mums to get together and meet other women in the same depths of motherhood. A culturally safe environment to form friendships and share stories.

We have a 7 week block of guest speakers to cover subjects such as SIDS, infant First Aid, infant massage, postpartum bodies, milestones, intro to solids and family planning.

Where: Oakleigh House, 20 King Street
When: Every Tuesday 11/10-22/11
Time: 10.30-12pm
Light morning tea provided

For more information and to book your spot please make contact with Shae and Kristy via our Facebook page or 0407929666





YOUTH MENTAL HEALTH & FAMILY VIOLENCE PROGRAM

The Youth Mental Health & Family Violence Program coordinator provides one on one support to young people, aged 12-25 who identify as Aboriginal and Torres Strait Islander within the Circular Head community. This support includes assistance with the referral process for mental health professionals, including transports and visits to appointments. The coordinator works closely with Smithton High School to provide support where needed as well as facilitate groups that work on life/social skills. This includes on-country experiences that aid in the recovery process from past and current trauma.

Like the team in the Smart, Strong and Proud Program, the coordinator was also fortunate enough to participate in the Love Bites Training Program. Earlier in the month, the program also hosted a street BBQ for RU OK? Day. This was to promote awareness of mental health and taking care of one another.





CULTURE & CAPABILITY PROGRAM

The Culture and Capability Program aims to support the Indigenous community of the Circular Head region to rediscover, learn and maintain their culture with a focus on intergenerational transmission of knowledge. The central theme is similar to that of CHAC's mission to inspire and empower Aboriginal people by embracing culture. This is achieved by maintaining a strong involvement, presence and public awareness of Indigenous culture in the Circular Head community by way of preservation, presentation and exchange of culture. Cultural presentation is mostly transparent through community activities and events.

The program has largely been busy with organising major events over the past 3 months, namely NAIDOC Week. More information about the week's events can be found on Page 13.

The program was also instrumental in the facilitation of National Aboriginal and Torres Strait Islander Children's Day together with other internal programs. The day was a big success with many cultural activities available on the day including a smoking ceremony by our program trainee.

Also, filling the calendar of this program over the past few weeks has been the weekly visits to local primary school, St Peter Chanel, where each year level participated in a number of cultural activities including, making kelp baskets, ochre paintings and smoking sticks. These continual relationships with local primary schools and childcare centres are instrumental in sharing and preserving local culture as the next generation begin to become inspired and empowered by it



LIFESTYLE AND MIND BALANCE PROGRAM

The Lifestyle and Mind Balance Program (LAMB) aims to increase the mental capacity and health and well-being for participants throughout the community. The program is operated under 4 priorities that each work toward the aims of wellbeing: improved healthy eating, improved mental health and wellbeing, being more physically active and reduced smoking.

The program has been busy with our Healthy Cooking sessions at Trawmanna on Mondays. Participants are encouraged to use fresh produce from the garden to cook a nutritious meal together, sharing tips, recipes and general advice for home cooking with a nutrition and budget focus. The group averages 8-10 participants, but new members are encouraged. "It's important for people to have a social connection, and what better way than through food, we're always learning about cooking tips and making better ingredient decisions that also helps us at home. This group is so good", boasts one participant.

L.A.M.B have also had great success running Yoga sessions, the participant numbers have exploded rapidly that we've had to open up another timeslot for a second group. The classes cater for everyone led by instructor, Sarah Cook, whose classes are more well-being focused, rather than an exercise structured class; as a participant quoted "pure bliss".

LAMB also invites you to join the Facebook group "Smithton Lifestyle and Mind Balance" page.

wellness **Physical Activity** **Quit** **Healthy Cooking**

Lifestyle And Mind Balance

L.A.M.B program - CIRCULAR HEAD



SAFETY & WELLBEING DRUG & ALCOHOL AWARENESS SUPPORT

The Alcohol and Other Drug Awareness (AOD) program is designed to deliver education, referral pathways and advocacy to the Aboriginal and Torres Strait community of Circular Head.

The program provides a culturally safe, confidential environment that aims to increase the level of awareness of the impacts of Alcohol and Drug addictions. The main aim is to close the gap of drug and alcohol abuse within men, women and young people in the community while working collaboratively with other key stakeholders to ensure the client is receiving maximum provisions for their individual complex needs.



STRIVE TO DRIVE - LEARNER DRIVER MENTOR PROGRAM

The Learner Driver Mentor Program endeavours to engage the disadvantaged community members of Circular Head in helping them to achieve the hours needed to attain their provisional driver's licenses. Recently, the Coordinator, attended the Tasmanian Road Safety Forum 2022. The program's participation in this forum was instrumental about what issues greatly affect our area, and what we can do at a learner driver level to help make sure our roads are safer for new drivers and for the future of our roads. For example, there simply needs to be more education at those learner level years, throughout our schools and through learner programs like this, about road safety, defensive driving, driving to conditions and drug and alcohol.



PRISONER REHABILITATION & POST RELEASE SUPPORT PROGRAM

The Prisoner Rehabilitation Post & Release Program provides Aboriginal and Torres Strait Islander peoples exiting the prison system with person centred pathways. These pathways include: Strengthening social and emotional wellbeing, support with employment and housing, referrals to Tasmanian Aboriginal Legal Service, legal aid, connection to community, mentoring and more.

Coordinators were kept busy during NAIDOC week with a trip to Risdon Prison in Hobart. There they had the opportunity to cook a BBQ for both the male and female inmates. On the menu were wallaby sausages with our own grown native pepperberries as well as hamburgers with native pepperberries which were prepared by local butcher Josh Perry. They also had the opportunity to participate in doing some artwork with the inmates which the majority of them engaged in really well. The coordinators' time there was greatly appreciated by both the inmates as well as the staff of Risdon Prison. With the support of the prison staff we are hoping that we can make this a regular event through NAIDOC week.

The program would also like to warmly welcome Cindy Schuuring to the team, moving into Jarrod's role as case manager. Cindy has moved internally from her role in Alcohol and Other Drugs, her experience will be invaluable to the team.

YOUTH PREVENTION DIVERSION PROGRAM

In the Youth Prevention Diversion program we work with Aboriginal and Torres Strait Islander children from the ages of 12-24 that may be at risk of entering the justice system.

The program is excited to welcome Danieka Hanson taking over Mathew Walker's internal move. Danieka's experience working in a similar role interstate will help to bring a new outlook to the program, one that will surely have positive impacts for the disengaged youth in the Circular Head community.



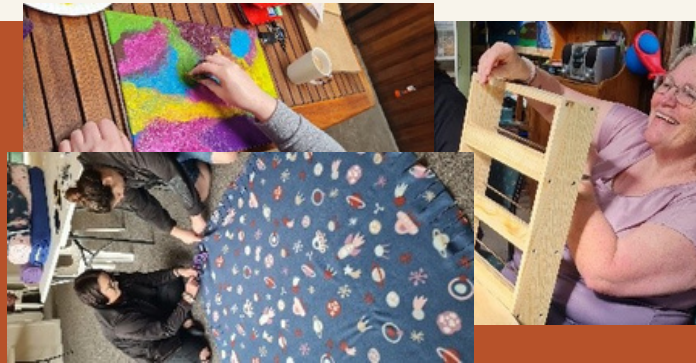
INTEGRATED TEAM CARE PROGRAM

The Integrated Team Care Program (ITC) is designed to support individual who identify as Aboriginal or Torres Strait Islander that have a chronic illness, to manage and understand their condition. Through ITC you have access to a registered nurse that can provide guidance and support in a team arrangement with your chosen general practitioner. ITC can arrange and coordinate appointments as well as transport and support. ITC will advocate and help you navigate the complexities of the health system.

The program would like to welcome Kelly Burke to the team and to congratulate our RN Krista on her new role as Health & Governance Manager.

ITC Hydrotherapy and Gentle Aqua has been held at SWIRL every Monday for the past 10 weeks. The program is aimed at people who have mobility and chronic health barriers such as seniors, non-swimmers, people in search of healthier lifestyle options, relaxation, stress reduction, social inclusion and improved mental and physical wellbeing. The program is very popular amongst the participants and laughter can regularly be heard coming from the physio pool.

Men's health and wellbeing Group is held at Trawmanna every Tuesday. If you drop by you are bound to hear a tall tale or two, catch up on the local grape vine and be offered a warm meal prepared by the ITC team with the assistance of some awesome volunteers. There is no pressure to stay or to participate. The Men's Health Group participants are offered regular health checks and health and wellbeing sessions.



SOCIAL & EMOTIONAL WELLBEING & CANCER AUSTRALIA SUPPORT

The Social & Emotional Wellbeing Program (SEWB) delivers activities based on mindfulness and strategies to understand preventative measures for addressing mental health. Participants undertake on-country visits and various activities to learn strategies and create tools to take home.

Over the past few months, coordinators have been busy hosting new workshops and groups. One of our workshops was about learning a new practical skill, making fleecy blankets that were warm and snuggly in the R&R No-Sew Blanket Workshop. Another of our workshops Wood Kits & Pyro Pens was a little more challenging. The participants found themselves practicing their deep breathing (a lot), had their patience tested, their persistence to succeed challenged along with their problem-solving skills. Gratitude could be seen in abundance when the Trawmanna Caretaker was found to be extremely helpful and very patient in random wood kit building detours.

Every second week at Trawmanna there is a Women's Health and Wellbeing Group. The group is new, the ladies that are coming along are a friendly welcoming lot, always pleased to have new people join the activities that are available, or those popping in for a chat, a coffee or to just say hello.

Keep your eyes opened in our next chat for the outcome of the One Foot Forward - Walk for Mental Health. CHAC's Team is Stepping Out for the hole month of October. Donations can be made at the CHAC reception or online by following the link on Facebook <https://www.facebook.com/donate/433812362122933/> all money goes directly to the Black Dog Institute, supporting Mental Health and Wellbeing.

INTEGRATED FAMILY SUPPORT SERVICES

Integrated Family Support Services (IFSS) is a program that assists any parent or guardian of a child that feels there are things in their life that have a negative effect on their children, that they cannot handle alone. Support is given to the parent/guardian to strengthen their abilities to manage these situations themselves and into the future.

Together with the Early Childhood Program and New Directions Program, IFSS was involved in organising the National Aboriginal & Torres Strait Islander Children's Day. The day was made up of cultural activities, including wonderful gift bags each child got to take home including a donated Indigenous children's story book from Kmart, 80 packs were given out on the day.





CHAC Health Centre

The Health Team continue to work hard to connect with all ages of Aboriginal and Torres Strait Islander peoples across the Circular Head Community.

Over the last few months there has been an introduction of 2 new staff members to the Reception/ Admin team, CHAC welcomes Hannah Boatwright and Victoria Cotton. Many visitors to the Health Centre will have already had the opportunity to meet them and they will now work in both the Main Building and Health Centre reception areas.

All Tazreach funded allied health services have recommenced, we are pleased to welcome the following providers back for 2022–2023; Podiatry– Footprints Podiatry, Dietician– Diabetes Tasmania, Exercise Physiotherapy– Coastal Physio, Psychology– Windsor Allied Health Services & Psychology Plus, Optometry– Total Eyecare and Speech Pathology– St Giles.

Hearing Australia provides the HAPEE Program (pediatric hearing screening) at the Health Centre and we were lucky enough to be able to facilitate Sherilee & Jo from Hearing Australia to attend the National Aboriginal and Torres Strait Islander Children’s Day event hosted by the New Directions and Children & Schooling Programs. Sherilee and Jo hosted story time from their newly released “Spirit of Sounds” children’s story book and provided ear checks for children. This event with the community will be an integral part of building a successful service supporting families in being able to access necessary health screenings locally.

We also welcomed a new clinic to the Health Centre, we are pleased to welcome Heather from Comfort Clean Ear—micro-suction wax removal clinic. Appointments can be booked by calling 1300 380 060, fees do apply.



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OFFERED BY **COMFORT CLEAN EAR** IN DEVONPORT AND LAUNCESTON

NO GP REFERRAL NECESSARY

SUITABLE FOR ALL AGES INCLUDING CHILDREN

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Comfort Clean Ear micro-suction wax removal clinic

INDIGENOUS AUSTRALIAN HEALTH OUTREACH PROGRAM

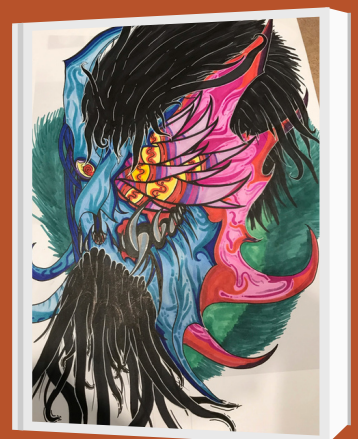
The Indigenous Australian Health Outreach Program endeavours to engage the Aboriginal and Torres Strait Islanders community in Circular Head to be active in utilising health services. The program works to help people engage with health services by assisting with transport, accessing referral pathways, and identify any barriers that may impact continued or future engagement in health.



NATIONAL DISABILITY INSURANCE SCHEME SUPPORT

The National Disability Insurance Scheme (NDIS) program provides support for Australians, their families and carers with disabilities, the NDIS supports people with a disability to build skills and capability so they can participate within their community and to assist in engaging with employment opportunities.

As part of our NDIS programs here at CHAC we frequently find ourselves flooded with pride as to the progress many individuals make in the program. A perfect example of this, is through a client who has gained recent success with his creative work alongside Frances Joyce. Frances has been developing his artistic skills through a mural at the Edith Creek school over the last few months. She is really impressed by his dedication towards his work giving up his free time to be with her out in the field. Mr C has come on in leaps and bounds which has given him a purpose of structure. It has built self-esteem and confidence in tackling daily tasks and continues to allow him to work by himself if he wishes.





Aged Care Services

COMMONWEALTH HOME SUPPORT PROGRAM

The aim of CHSP is to help provide low level support service to older people aged 65 years and over (50 years and older for Aboriginal and Torres Strait Islander people) who need assistance to living independently as possible – with a focus on working with you, rather than doing for you. It is about working on your strengths, capacity and goals to help you remain living independently and safely at home.

The program offers services such as social support, home maintenance, garden maintenance, transport and assistance with specialised support services.



HOME CARE PACKAGES

A Home Care Package (HCP) is a coordinated package of care and services to help you to live independently in your own home for as long as you can. Some people receive services through the Commonwealth Home Support Program and are then assessed for a home care package. Others will start with a Home Care Package. The benefit of a Home Care Package is that your home care provider will work with you to choose care and services that best meet your needs and goals and to manage your care and services



Oakleigh House

The Aged and Disability Care team has moved to Oakleigh House. **20 King St Smithton.**

Come and see us there and check our out new premises.



HOME AND COMMUNITY CARE PROGRAM

The Tasmanian HACC Program provides funding for basic community care services that support persons who are under 65 years or Aboriginal and Torres Strait Islander people aged less than 50 years of age living with disabling conditions and their carer. Services are targeted towards people who live in the community and whose capacity for independent living is at risk, or who are at risk of premature or inappropriate admission to long term residential care.

We have some great news, we will now be providing Bingo every Monday and we will also be providing Lunch on both Monday and Fridays. Monday meal will be a light lunch at \$5.00 per person and Bingo will follow our lunch. Friday will continue as a two course meal at \$9.00 person.





NAIDOC Week 2022

FLAG RAISING CEREMONY

CHAC held a Flag Raising Ceremony at both the Main Building on King St and at the Circular Head Council Chambers.

CHAC were overjoyed to at last gift the Circular Head Council with the Aboriginal and Torres Strait Islander Flags, which will now remain on permanent display on the new flag poles. Having the flags on permanent display at the Council Chambers has been a long time coming, we would like to make a special mention of Kelsey Williams, who was a leader in advocating for its permanency alongside other youth in this community. It was an honour to have Kelsey as one of our flag raisers this year, as well as have many youth in attendance. Our community has a bright future ahead for itself with this youth paving the way.



NAIDOC CELEBRATION DAY

For 2022, the theme was Get Up, Stand Up, Show Up.

And our main event on the Wednesday, held in collaboration with Brumby Hill, certainly attested to that theme, with our biggest attendance on record. It was especially wonderful to see 6 local schools/childcare centres join in and participate in the day. Speeches on the day also attested to the 2022 theme, making reference to togetherness and standing up for culture and identity. The day began with a community smoking ceremony to come together to cleanse and heal all of the negative energy on a physical, mental, emotional and spiritual level. Followed by a day filled with activities such as making kelp baskets, viewing snakes and reptiles, carving clapping sticks, enjoying local foods, plus many more. Thank you to all those who joined us to fill this day with happy and positive energy.



NAIDOC JUMPER PRESENTATION & FOOTBALL MATCH

On the Friday, we had the absolute pleasure of launching our inaugural NAIDOC jumpers to the Circular Head Saints Football team. A huge credit must go out to Camilla Woolley for the design of the jumper, we could not be prouder of how they looked. Thank you to all who attended the presentation ceremony, and for the overwhelming level of support and gratitude.

On the Saturday, we were able to witness the Circular Head Saints don the inaugural NAIDOC jumpers, and we must admit how good they all looked in the design. Thank you to the Saints for your unyielding support, enthusiasm and commitment to the event. We look forward to continuing this tradition and enduring relationship in the future. Thank you to Roger Jaensch MP and Gavin Pearce MP for your support to help make this event possible. The event was not only momentous for us, but also for this community, bringing together all cultures to celebrate NAIDOC week and Aboriginal culture.





CICURLAR HEAD ABORGINAL CORPORATION NEWSLETTER

