



CHAC

Circular Head
Aboriginal Corporation

NEWSLETTER

APR - JUN 2025



tarkiner

Tasmanian. Naturally.

MAIN OFFICE: 10 KING ST, SMITHTON
HEALTH CENTRE: 165 NELSON ST, SMITHTON

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RECEPTION
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MAIN OFFICE
& HEALTH CENTRE
MON-THURS: 8:00AM-4:30PM
FRI: 8:00AM-2:30PM



BOARD MEMBERS

CHAIRPERSON: Selina Maguire
VICE CHAIRPERSON: Gypsy Draven
TREASURER: Aaron Robertson
DIRECTOR: Andrea Ling
DIRECTOR: Luke McNamara
DIRECTOR: Jennifer Garnsey
DIRECTOR: Kelli D'Monte
DIRECTOR: Dillon Roberts
DIRECTOR: Angie Moles

ACKNOWLEDGEMENT OF COUNTRY

We acknowledge and pay respects to the traditional owners and continuing custodians in Northwest Tasmania.

We honour the 12 tribes of the Northwest and their continued care for this country, we respect their connection to these lands, skies, and seas and acknowledge that they helped to shape the coastlines and landscapes that we admire daily. We also acknowledge the contemporary custodians of this country, who work towards the protection, awareness, understanding, education, and respect for the culture and the history of the first people to leave their footsteps on this land

The **tommeginer** people of Table Cape
The **lowreener** people of Rocky Cape
The **parperloihener** people of Robbins Island
The **pennemuker** people of Cape Grim
The **pendowte** people of Studland Bay
The **peerapper** people of West Point

The **manegin** people of Arthur River
The **tarkiner** people of Sandy Cape
The **peterndic** people of Pieman River
The **mimegin** people of Macquarie Harbour
The **lowgernown** people of Low Rocky Point
The **ninene** people of Port Davey



CIRCULAR HEAD ABORIGINAL
CORPORATION NEWSLETTER



**THE NEXT GENERATION:
STRENGTH, VISION & LEGACY**
6-13 JULY 2025

NAIDOC FLAG RAISING CEREMONIES

JULY 7TH, 2025

9:00am - CHAC Main Building
10 King St, Smithton

10:00am - Circular Head
Council, Smithton
morning tea to follow



*Circular Head Council
invites you to join us at the*

NAIDOC Week 2025 Flag Raising Ceremony

followed by morning tea



Monday 7 July 10am

Council Chambers, 33 Goldie St, Smithton

RSVP to Amber for catering by Friday 4 July
6452 4864 - apower@circularhead.tas.gov.au



**THE NEXT GENERATION:
STRENGTH, VISION & LEGACY**
6-13 JULY 2025





CIRCULAR HEAD ABORIGINAL CORPORATION
CORPORATION NEWSLETTER



THE NEXT GENERATION: STRENGTH, VISION & LEGACY

6-13 JULY 2025

CIRCULAR HEAD ABORIGINAL CORPORATION
AND TARKINER

INVITES YOU TO

NAIDOC COMMUNITY DAY

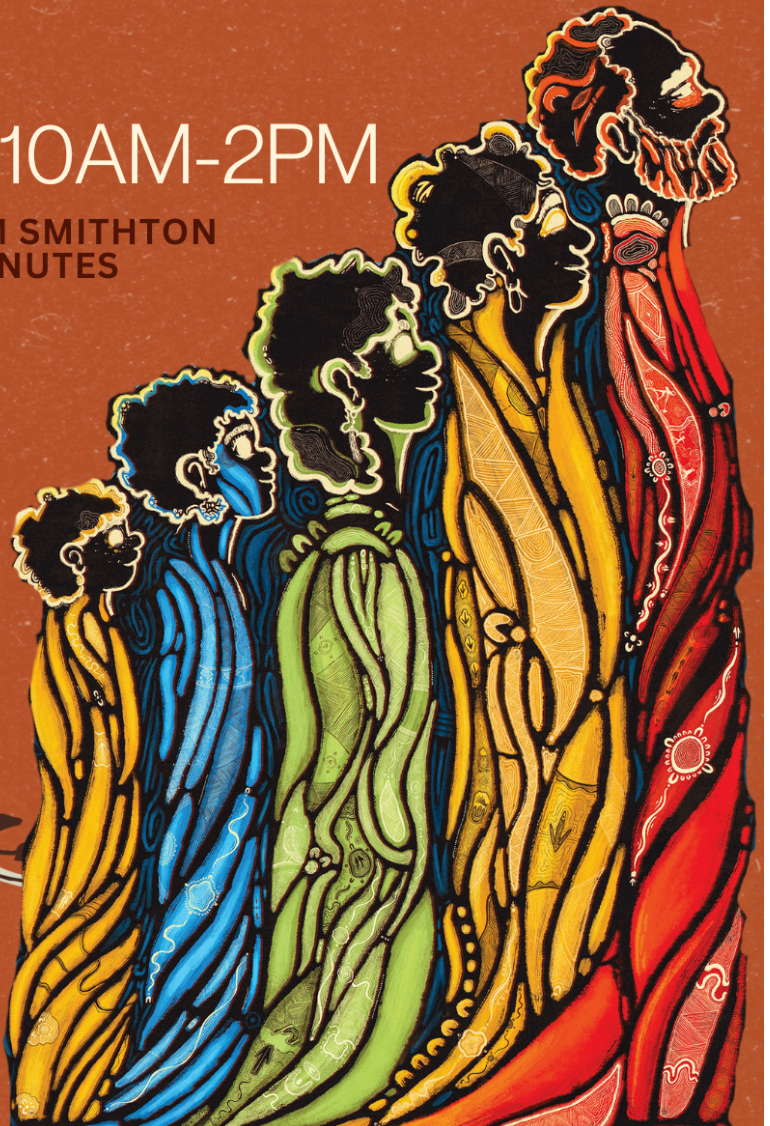
Join us as we celebrate NAIDOC Week at our annual
community day.

JULY 09, 2025

TRAWMANNA 10AM-2PM

SHUTTLES AVAILABLE, FROM SMITHTON
CLUB CARPARK EVERY 15 MINUTES

- Smoking Ceremony
- Cultural Activities
- Cultural Foods
- Community Yarns



National Indigenous
Australians Agency



What's been happening

CLOSING THE GAP HEALTH DAY 2025

On Thursday, 20th March 2025, CHAC proudly hosted a Closing the Gap (CTG) Yarn Circle - a meaningful opportunity for our community to come together, reflect, and take action on the inequalities impacting Aboriginal and Torres Strait Islander peoples in Circular Head.

The event opened with a Smoking Ceremony by Jack Smith, offering cultural grounding and cleansing for the day. Camilla Woolley's Acknowledgement of Country reminded us of the deep and enduring connection to land, culture, and community.

During the Yarn Circle, we had the privilege of hearing from Selina Maguire, who spoke with strength and clarity about the role of self-determination in achieving better health outcomes. She emphasised that real progress is only possible when Aboriginal voices are not only heard - but lead the way.

Rochelle Godwin shared sobering insights into the health gap still facing Aboriginal people, including the continued disparity in life expectancy, rates of chronic disease, and access to culturally safe care. Discussions highlighted that, in some areas, Aboriginal Australians are still expected to live up to 8 years less than non-Indigenous Australians - a gap that must close.

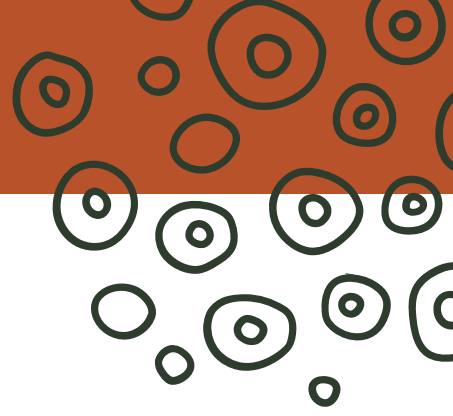
The group spoke openly about the ongoing challenges facing our community, such as mental health, housing insecurity, and access to preventative health care. These conversations reinforced the importance of trust, culturally safe services, and strong community-led solutions.

Health checks were offered throughout the event by Nicole Hunter, Cheryl Marshall, and Sally Cochrane, providing practical, on-the-ground support. Behind the scenes, we're grateful to Kelly Burke, Marion Blake, and Stephanie Johnston for ensuring the day ran smoothly.

The CTG Yarn Circle was not just an event—it was a step forward in building stronger partnerships, increasing awareness, and driving meaningful action.

Thank you to everyone who joined us. Your presence, insights, and commitment are helping to shape a healthier and more just future for all in Circular Head.





YOUTH WEEK

Youth Week - Youth Fest

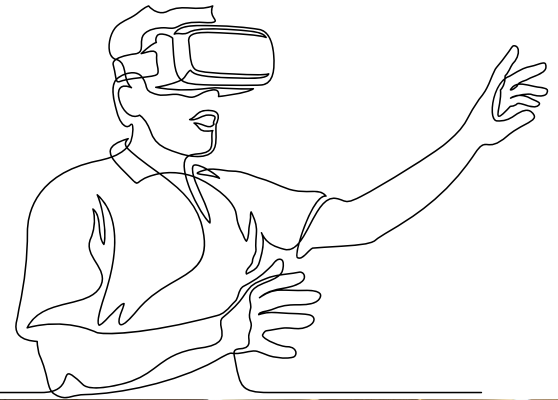
Youth Fest 2025 lit up the Riverbend Youth Centre on April 11th with laughter and connection as young people from across the Circular Head came together to celebrate Youth Week. The festival offered something for everyone — from adrenaline-filled activities like the bungee run and laser tag, to creative experiences like henna, face painting, and open mic performances.

One of the standout highlights was the chill-out zone, complete with bean bags and music — a perfect place to relax and unwind with friends. A game of footy was also a highlight. Attendees enjoyed free food and drinks, adding to the warm and welcoming atmosphere.

A crowd favourite was the “intoxicated goggles” activity run by our Alcohol and Other Drugs Coordinator, offering a safe, educational, and hands-on way to explore the impacts of substance use in a fun and engaging way.

CHAC was proud to have a strong presence across the event, with support from a range of programs including: Alcohol and Other Drugs, Youth Mental Health and Family Violence, Learner Driver Mentor Program, Youth Prevention and Diversion and Smarty, Strong and Proud.

Youth Fest 2025 was more than a festival — it was a celebration of young people’s resilience, creativity, and community. A big thank you to all who made it happen!



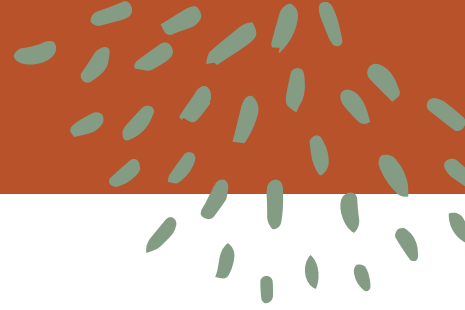
Youth Week - Day in Stanley

As part of Youth Week 2025, CHAC hosted a vibrant and memorable day in Stanley on April 14th, bringing together young people for a fun and culturally safe school holiday gathering. The event focused on building connection, confidence, and community among our youth.

A highlight of the day was the strong sense of bonding, with participants sharing stories, laughs, and lived experiences. The atmosphere was filled with joy and unity as everyone took part in beach volleyball and cricket games, creating lasting memories in a relaxed and beautiful coastal setting. A community BBQ provided a shared meal for all to enjoy, alongside a thoughtful surprise of Easter chocolates, which added a sweet touch to the celebration. To ensure access for all, CHAC provided transport to and from the event using the CHAC bus, supporting participation from youth across the region.

We thank everyone who came along and contributed to such a successful event — a true reflection of strength, connection, and the value of creating safe spaces for our young people to thrive.





YOUTH WEEK (CONT.)

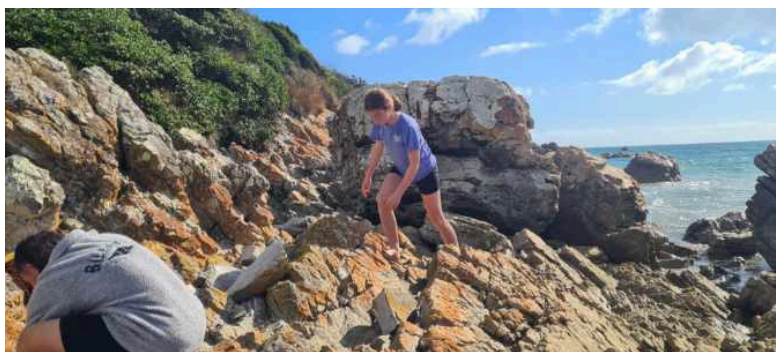
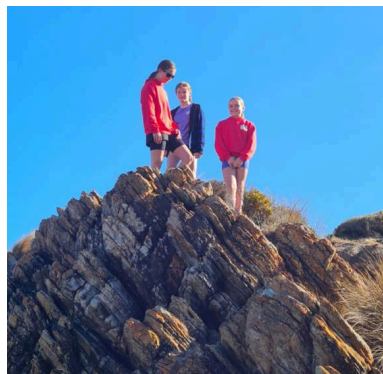
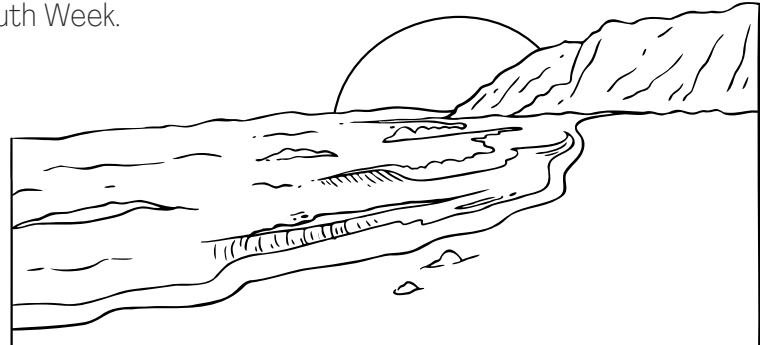
Youth Week - On Country

As part of Youth Week 2025, CHAC hosted a special On Country cultural trip on Wednesday 23rd April, taking young participants out to West Point and Green Point for a day of connection, learning, and exploration.

Blessed with perfect weather, participants journeyed to West Point on Peerapper Country, where they were invited to sit where the Peerapper Ancestors once sat and reflect on the deep cultural and spiritual significance of the site. The group explored hut depressions and other cultural living sites, gaining insight into the traditional lifeways of the Peerapper people and their enduring relationship with land and sea.

After a powerful cultural experience, the group continued to Green Point where they shared stories, relaxed along the coast, and enjoyed a BBQ lunch together. The day offered not only an opportunity to learn and connect with Country, but also to build friendships and celebrate culture during Youth Week.

Thank you to everyone who helped make the day so special — we look forward to continuing these important experiences with our young people.





COMMUNITY GATHERING

May 29

Our May Community Gathering was a truly pleasant evening—a time to come together with our Community and CHAC staff, share stories, and strengthen the bonds of our Community.

These gatherings are more than just meetings. They are valuable opportunities for us to check in with Community, listen deeply to what's going on in people's lives, and hear directly what they want to see from CHAC as their representative organisation. It's also our chance to provide

updates, share future plans, and ensure Community voices continue to guide our direction and decisions.

We want to extend a warm thank you to everyone who braved the chilly weather to join us. Sitting together by the fire at Trawmanna made the cold fade into the background—it was a comforting and powerful space to gather, connect, and dream together.

Throughout the evening, we yarned about a number of exciting developments. One highlight was sharing the news of our successful application for a significant language revitalisation grant. This funding will allow us to breathe new life into the language of our Northwest peoples—reviving it, teaching it, and embedding it into the heart of our community. The enthusiasm and pride from Community in response to this announcement was truly uplifting.

This land would give clients and community a sense of connection to cultural identity, aligning with deep connection to the land. Being on ancestral land while passing away can provide a sense of peace and closure as we are surrounded by spirits of our ancestors.

I'd like to see the land used for an Elders Retreat, Rangers Program, Cultural practices, Cultural camps with our children and bringing the Community back on Country and celebrating Culture together on this land.

We also spoke about our recent land purchase at West Point—a momentous achievement for CHAC and the broader community. It was moving to witness not only the joy, but the deep sense of relief expressed by Community members, knowing this land is now in safe hands. Many spoke of their hopes to return to Country, to restore connection and identity, and shared powerful visions for the future—ranger programs, Caring for Country initiatives, and Cultural Camps to connect Elders with our younger generations.

The conversation also turned to the future of Trawmanna. We outlined some of the opportunities we're exploring for the site, and it was heartening to hear Community's enthusiasm for seeing Trawmanna continue to grow as a space for healing, gathering, and cultural celebration.

Overall, it was a meaningful and memorable evening filled with connection, cultural pride, and shared purpose. We're grateful to all who attended, and we encourage everyone in Community to join us at our next gathering. Your voices matter—they shape CHAC's path forward.

We want to touch our feet back on our Country. We want to educate our young and train our Community how to Care for Country. An Rangers program will be a great first step. I see a great vision for our future.



Tarkiner Updates

TARKINER MARKS ONE YEAR OF GROWTH AND RECOGNITION

We're proud to mark **12 months** since the **official launch of Tarkiner**, and nearly a full year since its products proudly landed on shelves in **Bunnings stores across the country**. What started as a bold and culturally grounded vision — drawing from traditional knowledge, environmental sustainability, and community enterprise — has grown into a **nationally recognised brand**. Tarkiner not only reflects the strength of Country and culture but also stands as a **remarkable achievement in economic development and self-determination** for our community.



Tarkiner has not only achieved strong performance in the retail market — with products consistently flying off the shelves — but has also earned **national and international recognition** for its innovation, branding, and cultural integrity. A standout achievement was receiving a **Silver Award at the prestigious Anthem Awards in New York**, an event that honours purpose-driven work making meaningful global impact. This accolade places Tarkiner among some of the world's most inspiring initiatives in sustainability, social equity, and design.



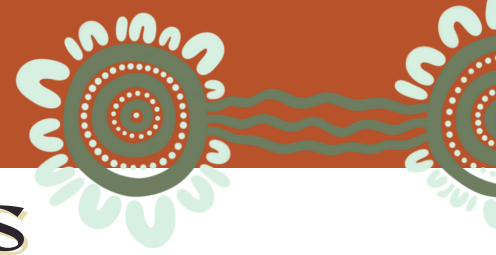
Further highlighting its success, the dedicated team behind Tarkiner was honoured with the **Reconciliation Award at the Wesfarmers Reconciliation Awards**. This recognition celebrates their outstanding leadership in embedding truth-telling, cultural strength, and reconciliation into the very foundation of the brand. The award affirms the importance of Aboriginal-led enterprise that not only brings high-quality products to market but does so in a way that uplifts community, honours Country, and creates pathways for future generations.

As we look to the future, we're excited to share that a **third Tarkiner product is currently in development** — expanding our offerings and continuing to deliver innovation rooted in Aboriginal knowledge and connection to Country.

And there's great news for our local supporters: **Tarkiner products will soon be available at Trawmanna**, making it easier than ever for the community to purchase our fertilisers directly. We'll also be offering **bulk granules**, ideal for those with bigger gardening needs or those wanting to support local, sustainable practices.

Tarkiner is more than just a product — it represents economic empowerment, cultural pride, and environmental care. Thank you to everyone who has supported the journey so far — and watch this space for what's to come.

- tarkiner team.



CHAC Program Updates

CULTURE



Over the past few months, our Cultural Team has spent extensive time out in local schools, proudly continuing our commitment to cultural education and early engagement. We've recently delivered a number of interactive sessions with Kindergarten and early primary classes at Smithton Primary School, where we shared tools, resources, and stories grounded in Aboriginal life, cultural practices, and values. These sessions are not only fun and engaging for young minds, but they also play an important role in introducing children to the richness of Aboriginal culture in a way that is accessible, respectful, and meaningful. By speaking about cultural life, values, and history, we help lay early foundations for understanding, respect, and reconciliation. As part of Reconciliation Week, we also spent a full day with St Peter Chanel Catholic School, where each class took part in a unique immersive cultural experience. This annual visit is always a highlight — enjoyed by students and staff alike — and a strong example of schools walking alongside us in celebrating and learning about First Nations culture.

Beyond the classroom, we are proud to share our ongoing Reconciliation Action Plan (RAP) journey with Grange Resources. This has involved genuine consultation and connection, including two On Country trips with Grange's working group and management staff. These engagements have been among the most authentic and respectful RAP consultations CHAC has been part of, with Grange demonstrating a clear intention to create meaningful outcomes for Aboriginal people. In a further show of partnership, Grange extended an invitation for CHAC staff to join them at their table at the Reconciliation Week Breakfast in Burnie — an event which four of our team members attended with appreciation and pride. We commend Grange Resources for their approach, integrity, and commitment to walking alongside Aboriginal communities on their reconciliation journey. Partnerships like this are not only valued — they're essential to creating lasting, respectful change.

- Camilla





NEW DIRECTIONS

We are excited to share what's been happening recently in New Directions!

MEET OUR NEW COORDINATORS

We're excited to introduce our new coordinators for the New Directions program — Jade and Michelle! Both bring incredible passion and energy, and we're looking forward to working together to support our existing and new clients. A heartfelt thank you to Kristy and Sav, our amazing outgoing coordinators. Your dedication and hard work have made a lasting impact, and you will be greatly missed.



We have been settling in beautifully. It's been a joy getting to know so many of our clients, and we've loved planning and running sessions that bring everyone together.

In March, our popular Swimming Awareness Program was a great success. We ran two age groups each week, and it was amazing to watch the children's growth and confidence in the water develop.

We also held a New Parent Group, which ran over eight weeks with a different topic each session. We were fortunate to have some fantastic guest speakers share their time and knowledge. It was heartwarming to see new parents connecting, learning, and supporting one another.

Our Aligning Family Circles Group continues to run fortnightly with strong attendance. We're so pleased to see this ongoing engagement from our families.

We've also enjoyed some special events over the past couple of months:

- A beautiful Mother's Day celebration, where mums created their own flower bouquets to take home
- A fun and delicious Thermo Mix cook-up
- A relaxing Aromatherapy session, where we made room sprays and roller blends
- The start of a much-loved 4-week Pilates block at Swirl

It's been a busy and rewarding time, and we're looking forward to all the opportunities and connections the coming months will bring. It's truly a pleasure to work alongside our wonderful community

- Michelle & Jade



CHILDREN & SCHOOLING: SMART, STRONG & PROUD

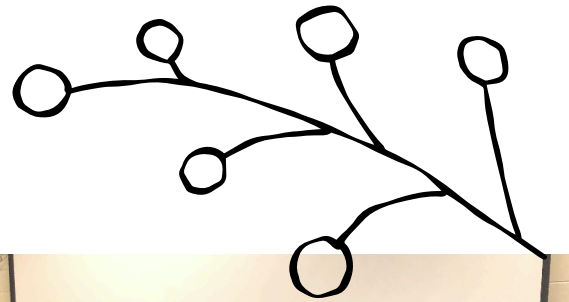
Our Smarty, Strong and Proud team has been out and about, working closely with youth who are risk of disengagement from their schooling, to support their re-engagement with school and culture. The program continues to offer a safe, culturally strong space for young people to build confidence, strengthen identity, and stay connected to their education.

At Smithton Primary School, we recently launched a new 6-week boys' program, working with a group of seven students. The sessions have blended cultural learning with hands-on experiences, designed to build both cultural pride and life skills. The boys have made their own traditional Waddys and clap sticks, carefully decorating them using wood-burning techniques. They've also cooked bush donuts, participated in a smoking ceremony, and gone on Country to West Point and Green Point — learning about local landscapes and the stories that shape them. A highlight was cooking wallaby steaks with pepperberry, a shared experience that brought everyone together and connected cultural knowledge with everyday learning.

The team has also been providing tailored one-on-one support to young people who have re-engaged with the program. These supports are grounded in culture and connection, and have included activities such as crafting a Waddy, participating in smoking ceremonies, and spending time on Country at places like Arthur River to learn about bush foods and traditional practices. Participants have also explored Dip Falls and the Big Tree, contributed to the Trawmanna garden, and engaged regularly with the Men's Shed group — building positive routines and fostering meaningful relationships with Elders and community mentors.

These experiences are vital in reconnecting young people with their culture, their learning, and their community. Thank you to all our schools, partners, and community members who continue to walk alongside us in this work.

- Jack & Mel





HEALTH CENTRE

As the financial year draws to a close, we'd like to take a moment to reflect on the changes, express our gratitude, and share what's coming up in the new year for the CHAC Health Centre and our community.

Farewell and Heartfelt Thanks

This month, we say goodbye to some truly valued members of our CHAC Health Centre team:

- Bernadette Smith, TAZREACH Psychologist
- Jason Bomford, TAZREACH-funded Speech Pathologist
- Michelle Gale and Jade Gray, our incredible administrative team

Bernadette Smith has been a cornerstone of mental health support in the Circular Head region for over eight years. Her compassionate care, commitment, and deep understanding of our community's needs have made a lasting difference in so many lives. We are incredibly grateful for her dedication and service.

We also thank **Jason Bomford** for his excellent work delivering speech pathology services to our clients through TAZREACH. His professionalism and client-centred approach have been greatly appreciated.

A very special farewell goes to **Michelle Gale and Jade Gray**, the friendly, welcoming faces who've been holding things together behind the front desk. Their support has gone far beyond administration—they've been the heartbeat of the Health Centre. We are thrilled to share that both Michelle and Jade are moving into exciting new roles as Program Coordinators with the IAHP New Directions Program. While we will miss their daily presence deeply, we know they will bring the same passion and excellence to their new roles, continuing to make a positive impact in our community.

Welcome to New Team Members

We are delighted to welcome **Shan Geist** as the new CHAC Health Centre Administrator! Shan brings a fresh perspective and a warm, supportive energy that will be a great asset to both our staff and clients.

As we enter the new financial year, we're also excited to welcome two new TAZREACH providers:

- **Quinten Lekas**, Psychologist
- **North-West Therapy Services**, delivering Speech Pathology services

Thank You to Our Partners

We would like to extend our deepest thanks to **Jane Macrell, Kellie Jarmin, and the entire TAZREACH team** for their continued funding and support of our Allied Health Clinics, including:

- Psychology
- Speech Pathology
- Dietetics
- Exercise Physiology
- Paediatrics
- Total Eye Care
- Footcare

Your contributions are vital to the health and wellbeing of the Circular Head community.

We also sincerely thank the Royal Flying Doctors Service for their ongoing commitment and service to the region. Your presence and care continue to make a meaningful difference.

NAIDOC Day – Wednesday, 9th July

In celebration of NAIDOC Week, the CHAC Health Centre will be closed on Wednesday, 9th July. Our team will be joining the community at Trawmanna to celebrate culture, connection, and community. We hope to see you there!





Introducing Brake My Fall – A Program for Healthy Ageing

We're excited to announce the launch of **Brake My Fall**, a new gym-based health and fitness program designed to support community members aged 60 and over.

Proudly funded by a **Circular Head Council specialist grant**, this initiative is a collaboration between **SWIRL** and **CHAC**, aimed at reducing the risk of falls and promoting healthy ageing.

Brake My Fall – Block 1 Details:

- Assessment Days: Tuesday 18th & Thursday 20th June
- Program Sessions: Wednesdays & Fridays at 10:00am (5-week duration)
- Location: SWIRL Gym
- Cost: Free for participants
- Led by: Rylan, qualified Sports Scientist

The program focuses on improving strength, balance, and bone health in a safe and supportive environment tailored specifically for older adults. Participants who complete the full program will go into the draw to win a bonus 2-month gym membership!

Block 1 is now full, and Block 2 is filling fast!

We encourage early referrals—spaces are limited! Please share this opportunity with clients or community members who may benefit.

☎ For more information or to refer a participant, contact **Rylan or Indie at SWIRL**.

Rooms Available for Hire at CHAC Health Centre

Did you know that the **CHAC Health Centre offers rooms for hire?**

Whether you're an allied health professional, community service provider, or running a wellbeing-related program, our clinic spaces provide a professional, accessible, and welcoming environment in the heart of Circular Head.

Available spaces include:

- Private consultation rooms
- Allied health spaces with access to clinic facilities

All rooms are available for short- or long-term hire at competitive rates, with flexible booking options and access to shared amenities.

To enquire or book a space, please contact us at **6415 4722**. We'd love to support your service delivery here at CHAC.

Keeping Our Community Safe – Defibrillators for CHAC Vehicles

We're pleased to share that **CHAC has secured funding for three defibrillators** for our service vehicles, thanks to the generous support of **TAZREACH**.

These portable defibrillators ensure our outreach staff are equipped to respond quickly and effectively in the case of a medical emergency while on the road. It's another vital step toward keeping our community safe—wherever we are.

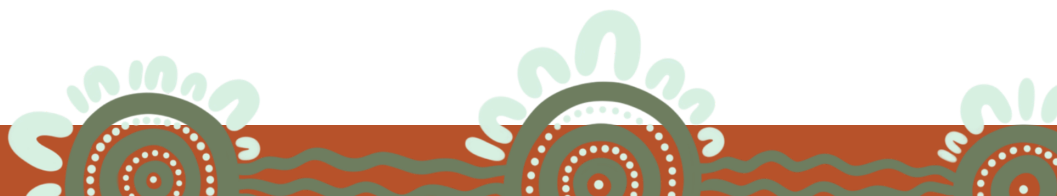
Thank you again to **TAZREACH** for your continued support and investment in local health outcomes.

Thank You

To our clients, partners, and broader community—thank you for your continued support, trust, and connection. We look forward to walking alongside you into the new financial year with renewed energy and purpose.

Warm regards,

– The CHAC Health Centre Team





EARLY CHILDHOOD PROGRAM

The Early Childhood Program has continued to be a cherished space for local families, with our Tuesday and Wednesday play sessions consistently well attended and enjoyed throughout the past quarter. These gatherings have offered not only meaningful play experiences for children, but also a warm, supportive space for parents and carers to connect.

This quarter also marked a significant transition, as we farewelled our much-loved coordinators, Shae and Eb. Their dedication, warmth, and care helped build a strong sense of community within the program. As they shared in their final message: "This was more than just a playgroup – it was a community." We thank them sincerely for the impact they've had and the memories they leave behind.

To support a smooth transition as new coordinators step into the role, there will be a short break in playgroup sessions. We appreciate your understanding and look forward to welcoming families back with fresh energy and new faces very soon.

Keep an eye on CHAC's Facebook page and noticeboards for the return date and updates.

- Shae & Eb



INTEGRATED FAMILY SUPPORT SERVICES

The IFSS program continues to progress steadily, and we're pleased to announce that funding has been secured for a further two years. This welcomed news ensures continuity of support for local families and enables us to continue building strong, trusting relationships within the community.

At present, the program is actively working with 7 local families, providing intensive, tailored support to help build safety, stability, and resilience in the home. There is current capacity to take on up to 4 additional families.

Referrals can be made through Strong Families Safe Kids by calling 1800 000 123. Alternatively, you can contact our office directly on (03) 6452 1287 and speak with Jess, our IFSS Coordinator, to discuss supports or referral pathways.

We thank our community and partners for their continued trust in the program and look forward to continuing this important work with families over the next two years.

- Jess





SOCIAL & EMOTIONAL WELLBEING PROGRAM

Aboriginal Mental Health Program – Social Emotional Wellbeing (SEWB)

Our Men's Health Group meets every Tuesday at Trawmanna and continues to grow, offering a safe and welcoming space for men to connect, enjoy a hot meal, and access health and wellbeing support. Occasional outings, guest speakers, and visiting services help keep the sessions fresh and engaging. Recently, Stan and Ella from the Cancer Council visited during Men's Health Week to share insights and chat with the group.

The Women's Health & Wellbeing Group meets on Wednesdays at Trawmanna. It's a calm, friendly space to relax, have a yarn, do some crafting, or simply enjoy time out. From time to time, both groups head On Country for cultural, spiritual, or wellbeing activities.

Coming up: the Women's Group will be basket weaving during CHArts – feel free to pop by and say hello!

Stay tuned for more SEWB activities via Facebook, CHAC newsletters, and community noticeboards.

For more info, contact CHAC Reception on (03) 6452 1287.

National Suicide Prevention Conference 2025 (NSPC) - Perth, WA:

Our Social and Emotional Wellbeing (SEWB) Coordinator was fortunate to receive a bursary to attend the National Suicide Prevention Conference 2025 in Perth, WA — a powerful gathering of over 900 attendees, including people with lived experience, health professionals, academics, support workers, and community leaders.

Across three days of presentations, workshops, panel discussions, and therapeutic sessions, key topics included connection, intervention, cultural safety, and innovation in suicide prevention. Highlights included keynote addresses by Prof. Anthony Pisani, Prof. Diego de Leo, and Kendall Whyte of the Blue Tree Project.

It was especially uplifting to connect with fellow Tasmanians and organisations such as Rural Alive & Well, Mental Health Council of Tasmania, Cancer Council Tasmania, and STICH (Stronger Together in Circular Head).

The experience was rich in insight and inspiration, building valuable networks and informing local strategies for mental health and suicide prevention.

- Kelly



INDIGENOUS AUSTRALIANS HEALTH OUTREACH PROGRAM

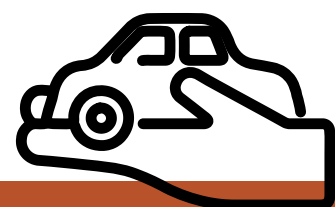
Over the past quarter, the Indigenous Australians Health Outreach Program has supported more than 150 medical transports, assisting clients to access vital health services across the state. While some trips extended as far as Hobart, the majority of regular transports were to Burnie, Devonport, and Launceston for specialist appointments and treatments.

Although coordinating and delivering transport remains a significant part of the program's work, the time spent travelling is far more than just a transport service. It offers a unique and invaluable opportunity to connect with clients, provide emotional support, and ensure they feel informed, comfortable, and prepared throughout their health journey. These moments of connection play a vital role in building trust, supporting health outcomes, and strengthening the relationship between community and service.

We acknowledge the dedication of our staff in ensuring clients feel culturally safe, respected, and supported every step of the way.

Don't forget that June is Bowel Cancer Awareness month and a friendly reminder to do your Free Screening Test.

- Niki & Keryn





YOUTH MENTAL HEALTH AND FAMILY VIOLENCE

The Youth Mental Health (YMH) team has had a very active and productive period, continuing their work to support the wellbeing of our young people across the region.

Over the past few weeks, the team has been delivering a series of workshops and one-on-one sessions with both school groups and individual young people. These sessions are focused on equipping our youth with the tools and confidence to navigate mental health challenges, build resilience, and access support when needed.



We're proud to have partnered with the Circular Head Council to support this year's SPEAK UP! Stay ChatTY Shorts Day — an initiative aimed at sparking conversations about mental health and encouraging openness, particularly among young people. It's been fantastic to see the positive energy and engagement across the schools and community groups involved.

The team has also been incorporating cultural activities into the program delivery, recognising and reinforcing the strong connection between culture, identity, and mental health. These cultural sessions are being embraced by students and have provided a meaningful way to connect with country, community, and self — all of which are protective factors for social and emotional wellbeing.

We're also excited to welcome Khiana to the team! Khiana brings a fresh perspective and is already making a strong contribution.

Both Khiana and Brock will soon commence Love Bites training — a nationally recognised respectful relationships education program for young people aged 15–17. This training will enable the coordinators to facilitate sessions on healthy relationships and consent, further strengthening our commitment to addressing family violence through early intervention and education.

Thank you to everyone who continues to support this important work.

– Brock & Khiana

PRISONER REHABILITATION & POST RELEASE PROGRAM

Client Transport Support

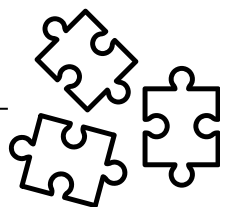
We've continued providing transport support to clients, including trips to Burnie Court and around Smithton to help clients return home or access essential services.

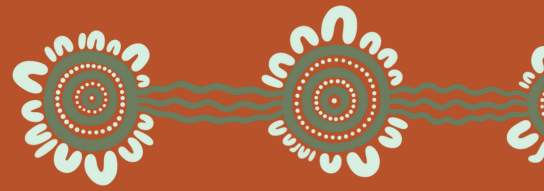
Partnership with 26TEN

We met with Chelsea Jordan from 26TEN to explore referral pathways into the Adult Literacy program across the North-West. Following our first meeting, we successfully referred and engaged one client.

Reintegration Puzzle Conference 2025

The Reintegration Puzzle Conference is scheduled for June 24–28, 2025, in Alice Springs. As part of our commitment to supporting reintegration, attendance is required for Prisoner Rehabilitation Coordinators. The...





conference will bring together key services and stakeholders working with individuals impacted by incarceration, with a focus on community return.

Referral Services

We continue to connect clients with vital support services, including YFCC and AOD programs, ensuring referrals are made with the client's best outcomes in mind through collaborative case planning.

TALS Service Provider Meeting

We participated in the recent TALS Service Provider Meeting, sharing program updates and strengthening connections with TALS and the Supporting in Schools (SiS) program.

Prison Liaison Activities

Preparations are underway for an upcoming visit to Hobart, with coordination and liaison continuing with the prison to facilitate client contact and future planning.

One-on-One Client Support

We're delivering individualised support, tailored to each client's unique needs and preferences. This includes offering practical guidance while maintaining professional boundaries and implementing sustainable strategies for growth.

Supporting Sav in New Role

We've been assisting Sav with onboarding into the new role, covering key areas such as KPIs, reporting, risk and safety protocols, and program scheduling. Sav has also been introduced to current clients, local service providers, and is actively working on establishing new client connections.

Upcoming Program Planning

Looking ahead, we're in the early stages of planning for upcoming community engagement events, including a stall at our NAIDOC Week. These activities will help promote our program and strengthen local connections.

- Sav & Wak

INTEGRATED TEAM CARE PROGRAM

On 27 May, members of the Men's Health and Wellbeing Group, supported through the Integrated Team Care (ITC) Program, participated in an insightful workshop in partnership with Primary Health Tasmania. The session focused on palliative care, with open discussions around future planning and culturally appropriate support for Aboriginal people at end of life.

This important workshop was held as part of the **National Greater Choices for At Home Palliative Care initiative**, with Primary Health Tasmania working to develop a **new palliative care resource booklet**. The resource aims to support individuals, families, and caregivers by encouraging conversations about planning ahead, ensuring that:

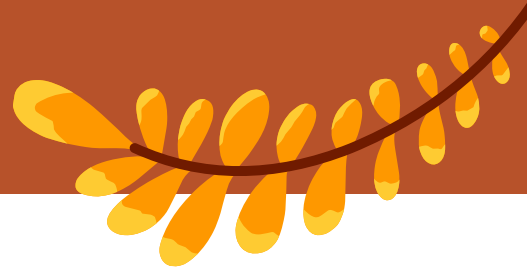
- Individuals can express their wishes clearly, resulting in more personal and dignified care;
- Carers understand what is important to their loved ones and families;
- Families can create flexible care plans that adapt as circumstances change;
- Those experiencing loss feel supported and prepared through culturally safe guidance.

The discussion with the men's group was **deeply engaging and thought-provoking**, offering valuable cultural perspectives and suggestions for Primary Health Tasmania to consider as they move forward with the development of this resource.

A resource like this has the potential to be **truly meaningful for Tasmania's Aboriginal communities**, ensuring that end-of-life care is respectful, informed, and culturally grounded.

- Cheryl & Sally





ALCOHOL & OTHER DRUGS

The Alcohol and Other Drugs (AOD) Program continues to provide holistic, culturally safe care, support, and treatment to individuals, families, and communities affected by substance use. Our approach recognises the complex and intergenerational impacts of alcohol and drug use, and is grounded in compassion, respect, and cultural understanding.

Through a range of flexible and responsive services, the AOD program aims to reduce the harms associated with substance use while empowering individuals to make informed, positive changes in their lives. Services include harm minimisation advice, AOD case management, care coordination, transport and referral support, educational sessions and materials, outreach work, and client advocacy.

A key part of the program is the **Resilience and Recovery Group**, designed for individuals who are navigating challenges related to substance use. The group offers a safe, structured, and culturally supportive space to explore the underlying causes of substance use, share lived experiences, and develop practical coping tools. Participants are supported to build resilience, strengthen identity, and set achievable goals on their recovery journey.

The group meets **every second Friday at Trawmanna** and is open to individuals at any stage of their recovery journey.

If you or someone you know could benefit from this support, or if you'd like more information, please contact **Kristy on 0490 788 349**

- Kristy



AGED CARE: CATERING, LIFESTYLE AND LEISURE

Katie's Corner – A Community Effort to Nourish and Connect

A heartfelt thank you to Perry's Quality Meats for their incredibly generous donation of two large legs of ham to our weekly **Katie's Corner** lunch! Contributions like this make a real difference — not just by filling plates, but by enriching lives. The ham was not only appreciated, but thoroughly enjoyed — and yes, Pezza, we absolutely did it justice!

Every Friday, Katie's Corner serves as a highlight of the week for many of our Aged Care Services clients, offering a delicious **two-course home-style meal at a low cost**. But it's about so much more than food — it's a place where people gather to share stories, laughter, and friendship. It's a space that **fosters connection, combats isolation, and offers comfort to elders in our community**.

This initiative is part of CHAC's Catering, Lifestyle and Leisure Program, which continues to promote the health, wellbeing, and dignity of older Aboriginal people in our community.

We're grateful to local businesses like Perry's who walk alongside us in supporting community in such a meaningful way. If your business would like to contribute, please don't hesitate to reach out — together, we're making a real impact.

- Marion





STRIVE 2 DRIVE: LEARNER DRIVER MENTOR PROGRAM

Study Group

Our Study Group is back in full swing for Term 2, and it's been wonderful to see the energy and enthusiasm from our young participants. These sessions continue to provide a supportive space for students to build confidence, stay on track with their learning, and work towards their goals.

P's success

We're thrilled to celebrate one of our participants recently passing their P's test — a significant milestone and a testament to their dedication and the encouragement of our volunteers and mentors.

Soroptimist Donation

We also extend our sincere thanks to the Soroptimist International Club, whose generous donation has helped to remove barriers for young women participating in our Learner Driver Mentor Program. The funds will go towards covering the cost of professional driving lessons — a requirement that can often be a major hurdle for young people working towards independence.

CVGT Community Grant

We're excited to share that our Learner Driver Mentor Program has received a generous boost through CVGT Employment's Community Grants initiative. This support is part of CVGT's commitment to helping young people across Tasmania gain the skills and confidence needed to achieve driving independence — a key step towards accessing employment, education, and greater life opportunities.

Through this funding, we're able to remove some of the key financial barriers that often prevent young people from progressing in their licensing journey. In particular, the grant will help cover the cost of the two professional driving lessons required for participation in the program — a cost that can be difficult for many families to meet. For many, a driver's licence is more than just a legal requirement — it's a gateway to independence, responsibility, and future aspirations.

We extend our heartfelt thanks to CVGT Employment for recognising the value of our work and supporting our young people to build safer, stronger futures.

Thank you and Farewell to volunteers

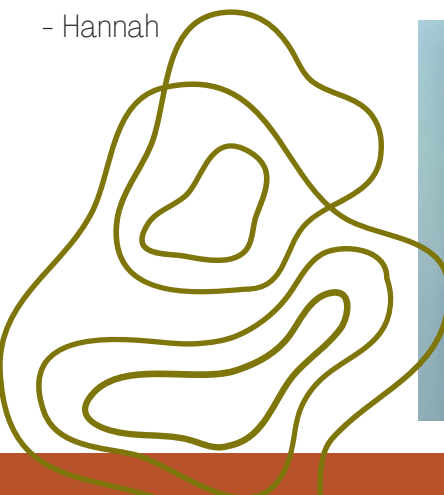
As we continue to grow, we also want to take a moment to farewell a couple of our valued volunteers, Tommy and Noelene who are moving on to new opportunities. We thank them deeply for their time, commitment, and positive impact on our young people, and wish them all the best in their next chapter.

New Volunteers

We are always on the lookout for new volunteers to join our team. If you're passionate about supporting young people and have a few hours to spare each week, we'd love to hear from you.

For more information or to express your interest in volunteering, please get in touch with our office.

- Hannah





CIRCULAR HEAD ABORIGINAL
CORPORATION NEWSLETTER



tarkiner

